Pulse Rate Correlate with Beauty Loving Behaviour

Muhammad Imran Qadir, Mahnoor Sidaqat and Saima Kousar*

Institute of Molecular Biology and Biotechnology, Bahauddin Zakariya University, Multan, Pakistan

*Corresponding Author: Saima Kousar, Institute of Molecular Biology and Biotechnology, Bahauddin Zakariya University, Multan, Pakistan.

Abstract

Objective of the present study was to correlate the pulse rate with beauty loving behavior. A total 200 students participated. All students belong to the educational department of Molecular Biology and Biotechnology, Bahauddin Zakariya University, Multan Pakistan. Their pulse rate was measured and questionnaire was prepared related to their pulse rate and their interest in beauty loving behavior. Most of the students with average pulse rate of 50 to 102 were interested in beauty loving behaviour. While students with pulse rate of 55 to 105 were not interested in beauty loving behaviour.

Keywords: *Pulse Rate; Behaviour and Beauty*

Introduction

Pulse rate is number of heart beat per minute. A pulse is also created by the expansion and contraction of the left ventricle as the pressure waves passes. Average pulse rate is 60 to 80 minutes. Some factors affecting on the pulse rate such as sex, age and the emotional causes. Pulse rate increases due to the strong physical activity such as exercise. Oxygen is the essential element which is necessary for the respiration and also include in the pulse rate causes it to increases and decreases.

Many human beings are beauty conscious and in this project the beauty is related with the pulse rate. It adores our skin our personality. Beauty lovers are present everywhere and many people likes beauty. Being beauty loving is a big transition and moving forward to healthier life [1-10].

Objective of the Study

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Materials and Methods

A total of 200 subjects participated in this project. All the enrolled subjects belong to Bahauddin Zakariya University, Multan Pakistan. To check our pulse rate place the tips of your index and middle finger on the palm side of your other wrist just below of your thumb. Press lightly with your fingers until we feel the pulse beneath our finger and then calculate it.

Project design

A questionnaire was prepared by us about beauty loving behaviour and pulse rate.

Statistical analysis

We performed statistical analysis by using M state.

Means ± SD	Means ± SD
Like	Unlike
78.25 ± 11.33	79.19 ± 12.78

Table 1: Means ± SD.

Result and Discussion

Subjects with the pulse rate of 78.25 ± 11.33 had interested in behaviour. While students with pulse rate 79.19 ± 12.78 had no interest in beauty loving behaviour. Students t. test was used to judged the results. P-value ≤ 0.5 was considered not significant.

Questionnaire based study had given important outcomes in current research. Pulse correlate with beauty loving behaviour.

Conclusion

It was concluded from the previous study that students with low pulse rate had interest in beauty loving behaviour and students with high pulse rate had no interest in beauty loving behaviour.

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