

## Energy Alterations in Patients with Ground Glass Opacity in SARS-CoV-2 Infection

**Huang Wei Ling\***

*Infectious Diseases, General Practice, Nutrition, Medical Acupuncture, Pain Management Medical Acupuncture and Pain Management Clinic, Franca, São Paulo, Brazil*

**\*Corresponding Author:** Huang Wei Ling MD, Rua Homero Pacheco Alves, 1929, Franca, São Paulo, Brazil.

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### Abstract

**Introduction:** Patients with SARS-CoV-2 can have alterations in the Lungs characterizing them as having pneumonia and they are usually treated with the use of antibiotics, with diverse outcome evolution. But there are some studies in the literature, of postmortem Lung biopsy and anatomy study, that these alterations of ground glass opacity are caused by Blood stagnation in the Lungs vessels, causing the symptoms of dyspnea and not by the virus itself.

**Purpose:** The purpose of this study is to show, according to these studies, that ground glass opacity in the Lungs, can be correlated with the energy status situation of the internal five massive organs previously to the SARS-CoV-2, that are responsible for the adequately flowing of the Blood inside the vessels, leading to the stagnation of Blood inside the vessels of the Lung, and causing these alterations in the Lung's radiography.

**Methods:** Through one case report of female patient that has COVID-19 in May 2021. After waiting to be admitted in the hospital, her clinical evolution worsened and evolve to dyspnea after 7 days taking antibiotics and other highly concentrated medications. Her Lung tomography showed that 40% of her Lung were affected "by the infection". Her son called me and asked me for help. As I know that most of the population in this world are having energy deficiency in the five internal massive organs, responsible to produce energy for the adequate flowing of Blood inside the vessels, I prescribed the use of highly diluted medications for her to have more energy to maintain the Blood flowing inside the vessels, according to the theory *Constitutional Homeopathy of the Five Elements based on Traditional Chinese Medicine*.

**Results:** After three days of beginning of their take of these medications, she did not need to be intubated any more in the hospital, even her Lungs were affected in 70%, and the doctor allowed her to stay at home because her clinical evolution become much better after the intake of homeopathy medications. She returned to my clinic after 30 days of the discharge from the hospital and I measured her chakras' energy centers and was completely deficient in energy (rated one out of eight), with the exception of the seventh chakra, that was normal, rated in eight.

**Conclusion:** Patients with ground glass opacity at the Lung radiography could mean that there is Blood stagnation in the Lungs vessels and not due to the virus infection itself. The understanding of this meaning is important to the physician to know how to treat this condition, giving energy to the Blood maintaining circulating inside the Blood vessels, knowing that quite entire population in this world are affected by the influences of the electromagnetic waves, leading to this energy deficiency state, predisposing them to have stagnation of Blood, mainly when using highly concentrated medications, in this case, in the Lungs Bloods vessels, leading to ground glass opacity at Lungs radiography.

**Keywords:** *Ground Glass Opacity; Sars-Cov-2; Antibiotics; Energy; Chakras; Traditional Chinese Medicine; Homeopathy; Hippocrates*

### Introduction

Since the beginning of the COVID-19 pandemic, there are studies in the literature showing that the most alterations found in the pulmonary CT is the ground glass opacity (65% of the patients) among other alterations, such as normal appearance and diffuse alterations in the Lungs. The median time from the onset of the initial manifestations to develop COVID-19 pneumonia is 9 days [1].

In 15 asymptomatic patients of the study made in Wuhan, China, they only discovered the infection through abnormal lungs findings, suggesting that CT scan and blood tests for evaluation of antibodies should be done in high-risks individuals that have history to exposition to people with COVID-19 pneumonia [1].

There are studies in the literature in Italy, showing that postmortem autopsies patients with ground glass opacity of the CT post COVID-19 pneumonia are highlighting the presence of thrombotic formations and also vasculitis in the Lung, among other organs such as in the brain [2].

In this article, I will demonstrate through the studies that I did in my clinic in Brazil, showing the type of population that have more propensity to have COVID-19 infection and why they are more prompt to have Blood stagnation in the blood vessels and develop the pattern of ground glass opacity in the Lung CT of patients with COVID-19 infection [1,2].

### Purpose

The purpose of this study is to demonstrate that the pattern of ground glass opacity could be caused by Blood stagnation inside the Lungs blood vessels due to the type of medications used by the patient since the beginning of the initial manifestation of symptoms, because the majority of them have little or mild symptoms in the beginning of the disease and can worsen the evolution because of the type of initial medications used are usually highly concentrated medications that could cause worsening in the vital energy of all these patients that are very low, before the pandemic.

### Methods

Through an extensive search at internet looking for article indexed in PubMed regarding the finding in the autopsy of patients with ground glass opacity and the report of one case of 51-years-old female patient that evolve to respiratory insufficiency after SARS-CoV-2 infection and do not need to be intubated even having 70% of the lung compromised by the "virus" after receiving medications to tone the energy of the five internal massive organs, that according to traditional Chinese medicine, are the organs responsible for the formation of energy necessary to maintaining the Blood circulating inside the Blood vessels, that are very compromised in more than 90% of the population studied by me in Brazil.

In her clinical case, she was presenting only mild symptoms in the beginning of her SARS-CoV-2 infection and worsened her condition after receiving highly concentrated medications to treat her symptoms.

### Case Report

The patient reported in this article is M.M.P, she is a 51 years-old women and had a history that on May 16<sup>th</sup>, 2021, she started to fell a Cold like an allergy, with itchy nose and throat and three days after, on May 19<sup>th</sup>, 2021, it was started a pain all over her body and she suspected to be infected by SARS-CoV-2 virus and did a laboratorial exam that revealed positive to SARS-CoV-2 infection.

She went to a municipal emergency department in the city that she lives in Brazil (Franca) to show the results and at that day she began to fell fever and spent all day there and received the medication to intake Vitamin C, Vitamin D, Zinc, dipyrone, Azithromycin 500 mg, prednisone, and send her to stay at home to rest and be isolated.

On May 23<sup>rd</sup>, 2021 (7 days after the onset of the symptoms), she remains feeling sick, still feeling fever, pain in the body, and started feeling shortness of breath too. She returned to the municipal emergency room, that another medical doctor prescribed other medications Amoxicillin/Clavulanic acid, Ivermectin, Bromhexine hydrochloride, acetylcysteine, Colchicine and asked her to stay in isolation and at home.

Two days after (on May 25<sup>th</sup>, 2021), she still feeling sick and went back to the emergency room and she was attended by the same medical doctors on duty and it was prescribed another medication for fever: paracetamol and corticosteroids such as prednisone 20 mg and asked her to stay at home.

Her Lungs saturation was at that moment 85% and only little compromised and for that reason, the doctor released her to go home.

One day after (May 26<sup>th</sup>, 2021), she was still feeling shortness of breath and for this reason, she received the medication salbutamol to sneeze every 6 hours, but she was feeling that the symptoms were worsening every day, instead of improvement.

Three days after (May 29<sup>th</sup>, 2021), she returned to the emergency room of the city and was vomiting, feeling very weak, lost her sense of taste and smell. She could not feed herself and was vomiting all the time, she received inhalation, Bacillus clausii spores flaconettes, Dimenhydrinate to take every 6 hours. She started to take this medication every six hours and her saturation dropped on the same day. She was feeling very weak and very hard to breath when she returned to this emergency room.

At this moment, her saturation was about 83 to 80 and she was hospitalized in this emergency room because there was no vacancy in the hospital in her city due to so many cases of COVID-19 admittance at that time. She received 4 liters of oxygen and continue to receive all the medications prescribed earlier and staying vomiting, having diarrhea and worsening the shortness of breath. She could not get up anymore and she stayed there for four days waiting for vacancy in the hospital. On the second day there, she felt that the symptoms were only getting worse and they need to increase her oxygen supply and the laboratorial exams were also worsening, according to her words.

Her son called me and asked for help. As I know the type of population that we have nowadays and I know that the type of medications that we should prescribe and I have two diagnoses at that moment that could explain the reason why she was only worsening her case and not improving with this treatment. As she was using all medications in high concentration since then, she could be only having side effects of this kinds of medications in the energy point of view. The reason why I gave her some homeopathies medications at this moment, I will discuss and explain all this reasoning in the discussion section.

The medications prescribed for her was: Silicea 30 CHXX-20, Natrum muriaticum 30 CHXX-20, Phosphorus 30 CHXX-20, Sulphur 30CHXX-20 and lastly the Calcarea carbonica 30CHXX-20. The medications need to be used in this sequence (in the first day Silicea, in the second day Natrum muriaticum, in the third day Phosphorus, in the fourth day Sulphur, in the fifth day Calcarea carbonica).

In the first and second day of intake of the homeopathy medication, her oxygen saturation was falling and she was warned by the nurses that if the saturation continues to fall, they will need to intubate her. At that moment, her Lung was compromised 40% and she was receiving 7 liters of oxygen and the necessity of oxygen was only increasing more and more. She was very debilitated, dehydrated and with a lot of shortness of breath.

After four days of beginning the homeopathy medications, she started to improve her clinical condition, improving her breathing process, feeling stronger, started to eat more liquid foods, improving her condition, ending up totalizing staying nine days admitted in the emergency room and in the hospital, without needing to be intubated, even her Lung become compromised in 70% and she felt that there was an improvement of her clinical condition as a whole

She leaves the hospital with around 60% of the Lungs compromised, but she was breathing better, being able to feed herself, still weaker, but also managed to stay standing, walking slowly.

After one month of being at home, she went to my clinic to be reevaluated and I measured the chakras’ energy centers to evaluate how was the five internal massive organs internal energy and what I found was what I was thinking they were (in the lowest level of energy), rated all one out of eight, with the exception of the seventh chakra, that was normal, rated in eight.

I prescribed the remaining sequence of the homeopathy medications that the patient needs to be using, in higher potency every month for at least one year, combining it with crystal-based medications, to replenish the internal massive organs energy, that are responsible for the production of *Yin, Yang, Qi* and Blood to maintain health and to maintaining the adequate flowing of Blood inside the blood vessels, to do not stagnate again. The type of homeopathy medications and the potency used in each prescription and the type of crystal-based medications used to replenish the chakras’ energy centers will be showed in the discussion section.

**Discussion**

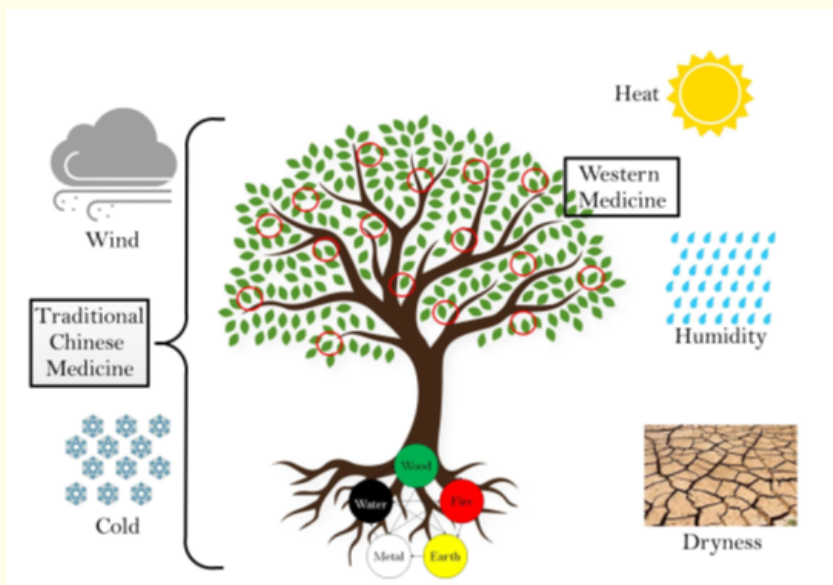
This article will be written following Hippocrates (460 bce - 375 bce) thoughts that said that “it is important to consider other ancient medical traditions prior to the knowledge we have nowadays”. Another quote from him said that “we need to treat the patient and not the diseases”. He also said that the “diseases are only the reactions of the body to the diseases process and the aim of the physician is to give condition to the body overcome to the disease process” [3].

So, in this study I will combine the way of thinking of Western medicine and traditional Chinese medicine, looking the patient as a whole and not only “Lung with ground glass opacity” [4,5].

To you to understand the way of thinking in all this process to explain the energy alterations that is leading to ground glass opacity in some patients with COVID-19 evolution, I would like to show you first the case that became the cornerstone of all my studies until today, since 2006, that I attended this patient for the first time [6].

This patient was a 70 years-old male patient that was complaining leg pain for the last 6 months with no improvement of his condition using anti-inflammatory medications. He went to my clinic to search for another kind of treatment and his diagnosis in traditional Chinese medicine was *Kidney-Yang* deficiency. He received treatment using Chinese dietary orientations, auricular acupuncture with apex ear bloodletting and systemic acupuncture. After ten sessions, he returned and said that he improved from his leg pain condition but also, improved from another condition that I was not aware. He was treating glaucoma for 40 years, with no improvement with the use of eye drops and for the first time of his life, his intra-ocular pressure reduced from 40 to 17 mmHg [6]

The main difference between Western and traditional Chinese medicine is explained by me in the metaphor of the tree, published in most articles written by me, as you can see in the figure 1 [5,6].



**Figure 1:** Tree Metaphor showing differences between Western medicine and traditional Chinese medicine.

This tree has a trunk with several branches. Each branch means one medical specialty and coming out of each branch, you can see many leaves. In this representation, I am showing that Western medicine is treating the leaf level of the tree [4,5].

But traditional Chinese medicine understands that all leaf manifestations are only manifestations of energy imbalances that is on the root of this tree, as I showed in many articles published by me such as in the article (2019) *Is It Possible to Treat Community-acquired and Nosocomial Infections with the Same Method, Without the Use of Antibiotics?* [7].

In this article, I am showing that patients with community and nosocomial infections has energy deficiencies in the root with formation of internal Heat and these energy imbalances was caused by the wrong eating habits, emotional factors and pollution between the earth and in the sky such as the influences of the electromagnetic radiation of the modernization of the telecommunication of the 5G technology. I am showing that correcting all the wrong eating habits and using auricular acupuncture with apex ear bloodletting it is enough to treat both kinds of infections (community and nosocomial infections) and without using any kinds of antibiotics [7].

There are more than 100 publications of mine in a variety of specialties showing that the majority of diseases nowadays have in common (emotional or physical), energy deficiencies in the five internal massive organs in traditional Chinese medicine, that have correlation to the seven chakras' in Ayurvedic medicine, as showed in the article written by Chase (2018) entitled *The Geometry of Emotions: Using Chakra Acupuncture and 5-Phase Theory to Describe Personality Archetypes for Clinical Use* [8-10].

In another article written by me (2021) entitled *Energy Alterations and Chakras' Energy Deficiencies and Propensity to SARS-CoV-2 Infection*, I am showing one research that I did in my clinic in Brazil, analyzing 1000 patients chakras' energy centers from 2015 to 2020, prior to COVID-19 pandemic and in this study, I am demonstrating the 90% of the patients that I am attending in Brazil, independently of age, diagnosis, if have co-morbidities or not, all have in common, energy deficiency in the five internal massive organs, as I also showed in the article wrote by me (2021) entitled *Are We Vaccinating Immunocompetent or Immunocompromised People for SARS-CoV-2?* [9,11].

The meaning of these alterations is the internal massive organs in traditional Chinese medicine is that each internal massive organ has an energy function such as: The Liver (first chakra) is responsible for the distribution of *Qi*, the Heart (third chakra) is responsible for the adequate flow of Blood inside the blood vessels. The Spleen (fifth chakra) is responsible for the absorption of nutrients and the production of Blood. The Lungs (fourth chakra) is responsible for the distribution of *Qi* in the entire body. The Kidney (second chakra) is responsible for the production of *Yin* and *Yang* [12].

The correlation between these four energies are well described in all articles written by me (2021), such as in the article entitled *Chakras' Energies Deficiencies as the Main Cause of Myocardial Infarction without Arterial Obstruction* [13].

In this article, I am showing that patient can have myocardial infarction due to energy deficiency in the five internal massive organs and the treatment, replenishing all these energy deficiencies can solve the recurrence of myocardial infarction symptoms, as reported in this article one case of patient that had three episodes of myocardial infarction without arterial obstruction, one episode in each two months. In this case, the patient stopped to have myocardial infarction symptoms when she began to replenish the energy of the chakras' energy centers that were in the lowest level of energy, rated all in one out of eight. When I began to treat the lack of energy of the internal massive organs (Lung, Kidney, Liver, Heart and Spleen), it was possible to produce in adequate amount, the energy necessary to keep the Blood flowing normally inside the Blood vessels because before this treatment, the Blood was stagnating inside the hearts' artery, and causing the symptoms of myocardial infarction, even without arterial obstruction. This treatment was based on the new theory in homeopathy created by me (2020) entitled *Constitutional Homeopathy of the Five Elements based on Traditional Chinese Medicine* and the use of crystal-based medications, as I am showing in the table 1 [13,14].

| Chakras               | Five Elements | Homeopathy Medications     | Crystal-Based Medications |
|-----------------------|---------------|----------------------------|---------------------------|
| 1 <sup>o</sup> Chakra | Wood/Liver    | Phosphorus                 | Garnet                    |
| 2 <sup>o</sup> Chakra | Water/Kidney  | Natrum Muriaticum          | Orange calcite            |
| 3 <sup>o</sup> Chakra | Fire/Heart    | Sulphur                    | Rhodochrosite             |
| 4 <sup>o</sup> Chakra | Metal/Lung    | Silicea                    | Emerald                   |
| 5 <sup>o</sup> Chakra | Earth/Spleen  | Calcarea Carbonica         | Blue Quartz               |
| 6 <sup>o</sup> Chakra | Water/kidney  | Tone 2 <sup>o</sup> chakra | Sodalite                  |
| 7 <sup>o</sup> Chakra | Wood/Liver    | Tone 1 <sup>o</sup> chakra | Tiger eye                 |

**Table 1:** Homeopathy and crystal-based medications used in the treatment of lack of energy in the chakras' energy centers.

In the article written by Shi (2020) entitled *Radiological findings from 81 patients with COVID-19 pneumonia in Wuhan, China: a descriptive study*, COVID-19 pneumonia can present at the Lungs CT as bilateral sub pleural ground glass opacity with air brochograms with slight predominance in the lower right lobe. And the alterations can be found in asymptomatic patients and the pattern of diffuse ground glass opacity can be found in one to three weeks after the onset of the symptoms, being the peak in the second week of the infection [1].

In the article written by Rimmelink (2020) entitled *Unspecific post-mortem findings despite multiorgan viral spread in COVID-19 patients*, she is saying that postmortem features are observed in these patients and if the alterations are related to the presence of the virus inside the organs. They did autopsy in 17 COVID-19 non survivors. In 15 of these 17 patients, they found early stage diffuse alveolar damage and in 11, they find micro thrombi in small arteries of the Lung. They are emphasizing that the mechanism of organ injury is remaining unclear [15].

In another article written by Luna (2020) entitled *Unexpected Ground-Glass Opacities on Abdominopelvic CT of a Patient with a Negative SARS-CoV-2 Antigen Test Result and No Respiratory Symptoms Upon Admission*, she is saying in this article that patients with asymptomatic SARS-CoV-2 infection can transmit the virus to other people and the abnormalities in the Lungs can be subclinical [16].

In the article written by Boraschi (2020) entitled *COVID-19 Pulmonary Involvement: Is Really an Interstitial Pneumonia?* he is saying that autopsy of COVID-19 positivity in Italy highlighted the formation of thrombotic formation and also, thrombotic vasculitis in the Brain, Lungs and many other organs [2]

This same author is wondering if the interstitial pneumonia found in this patient could be caused by vascular damage and could explain why the lower lobes are more affected where perfusion is frequent [2].

I am saying all this information that has in the literature until now to us to understand that, if we know that the type of population that we have nowadays are very weak in energy, leading to classification of the majority of all the people as immune compromised and not immune competent, as the majority of the doctors are feeling that we are, as I am showing in the article *Energy Alterations and Chakras' Energy Deficiencies and Propensity to SARS-CoV-2 Infection*, the use of any kind of highly concentrated medications to treat this COVID-19 condition, can evolve to complications as demonstrated in the Arndt Schultz Law, created in 1888 by two German researchers and they are saying that the use of highly concentrated medications can have a toxic effect and can lead to death, as demonstrated in the figure 2 [9].



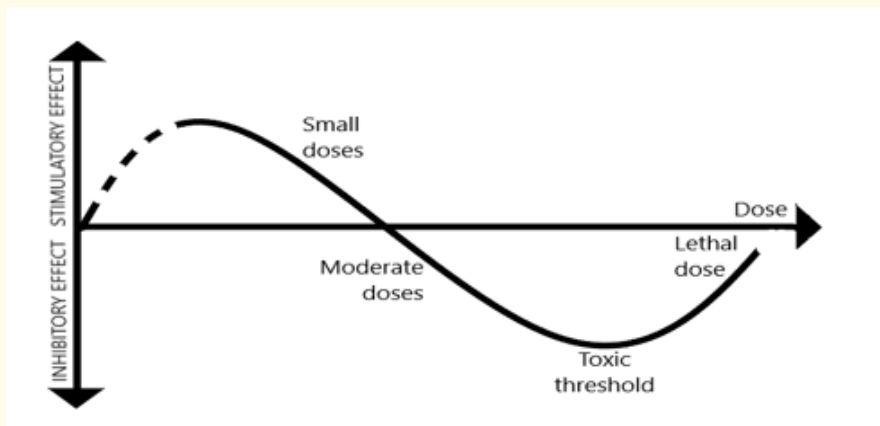


Figure 2: Arndt Schultz Law.

In this case reported in this article, the use of all types of highly concentrated medications, such as antibiotics, antipyretic medications, ivermectine, corticosteroids, bronco dilator, etc. were inducing only reduction even more of her vital energy, that was confirmed in her clinical history presented in this article that she was only worsening her case evolving to dyspnea, shortness of breath, weakness state, lack of appetite and she only begin to have improvement of her condition, when we began to use homeopathy medications to replenish the energy of the five chakras energy centers (Lung, Kidney, Liver, Heart and Spleen) to produce the energy that was lacking and causing Blood stagnation inside the Lungs’ Blood vessels, leading to ground opacity in the Lungs’ CT [17].

If this alteration found in the Lungs’ CT was caused by the virus, it could not have this evolution, could have some results in the treatment using the usual medications, but as she showed in her evolution, her dyspnea symptoms begins after 7 days taking highly concentrated medications, causing drop in the vital energy, that probably was already very low, because I demonstrated in the article written by me (2021) entitled *Energy Alterations and Chakras’ Energy Deficiencies and Propensity to SARS-CoV-2 Infection*, that the population that I was attending prior to COVID-19 pandemic had energy alterations in 90% of them meaning that she could be in this group of population of reduced energy in the five internal massive organs and for this reason, I prescribed the homeopathy medications to her by telephone, even without measuring her energy, because I have one sample of the population that I was attending in five years (2015 to 2020), demonstrating the pattern of energy that the majority of people is having nowadays [9].

This result could be happening in the majority of population in this globe, in all countries because the reduced energy pattern in this population could be happening due to the influences of the electromagnetic waves that is affecting the whole population in this planet, after the implementation of the 5G technology [9].

The use of highly diluted medications, in this case, can improve the organic process and increase the vital energy that was already low in quite all my patients and for this reason, the majority of patients nowadays should be treated with highly diluted medications, instead of highly concentrated medications, as I am showing in the article written by me (2021) entitled *Why is Homeopathy the Medication of Choice in the Treatment of All Kinds of Diseases Nowadays?* [17].

To you to understand what is necessary to Blood circulate inside the blood vessels, it is necessary to understand that Blood depends on other three energies, that are *Yin, Yang, Qi* and their relationship are described in the figure 3 [13].



Figure 3: Yin, Yang, Qi and Blood.

In this schematic relationship between *Yin*, *Yang*, *Qi* and *Blood*, I am showing the necessity of having these four energy in balance state to maintain our health, because the energy that is maintaining the blood flowing inside the Blood vessels are *Yin*, *Yang* and *Qi*, but as I showed in the article written by me (2021) entitled *Energy Alterations and Chakras' Energy Deficiencies and Propensity to SARS-CoV-2 Infection*, and in the case reported in this article, to the Blood circulate adequately in all organs and systems without stagnating in any part of the body, it is necessary to have *Qi* and *Yin* and *Yang* energy. And in this case reported in this article, all her internal massive organs were in the lowest level of energy, meaning that the energy to produce *Yin* and *Yang* (Kidney or second chakra) was weak, the energy to produce Blood (Spleen or fifth chakra) was weak also, and the energy to produce *Qi* (Liver or first chakra and Lung or fourth chakra) was also weak. The distribution of energy in the entire body was compromised before the infection and was worsened with the type of medication used to treat all her clinical manifestations (highly concentrated medications) [9,13].

For this reason, I (2021) wrote another article entitled *Energy Alterations and Chakras' Energy Deficiencies and Propensity to SARS-CoV-2 Infection*, where I am saying in this article, that patients that are having this infections also have energy deficiency in the five internal massive organs before the infection and the use of highly concentrated medications, of any type, can decrease even more this vital energy, and induce more complications because the reduction in this vital energy can cause the formation of more internal Heat (that is responsible for the inflammatory process in COVID-19) and also cause stagnation of Blood in any part of the body, in this case in the Lungs blood vessel, causing the formation of ground glass opacity in the Lungs' CT [9].

In another article also written by me (2021) entitled *How Can We Improve Oxygenation in Patients With Chronic Obstructive Pulmonary Disease Without Using Corticosteroids or Bronchodilator Medications?* I am showing through one case report of patient that was smoking for 50 years and was treating her lungs condition, using many highly concentrated medications such as the use of bronchodilators, corticosteroids, etc. and was only worsening her clinical condition. I measured her chakras' energy centers and what I found was that her chakras' energy centers were in the minimum level, rated in one out of eight. The use of homeopathy medications according to *Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine* to replenish the energy of all five internal massive organs (Liver, Heart, Spleen, Lung and Kidney) was important to improve her saturation and her energy to go to the bathroom by herself and take her bath alone without the necessity of her husband to help her in this action [14,18].



For this reason, in this case reported in this article, the intubation process was not necessary even in this severe case, because the energy that the patient was lacking and was worsened with the use of highly concentrated medications, when I replenish the energy in the internal massive organs, it was possible to see the clinical improvement of her condition, because the Blood that was stagnated in the Lungs blood vessels, causing the ground glass opacity in the Lungs CT, began to flow again and also, the energy that could causing the dyspnea (that is the lack of energy in the Kidney), it was replenished and the transmission of energy from the Lung to the Kidney was allowed due to the process of replenishing the chakras' energy centers, mainly in the Kidney energy (second chakra). This process of energy deficiency leading to the process of dyspnea was published in the article *Chakras' Energies Deficiencies as the Cause of Dyspnea Post COVID-19 Treatment* and in another article also written by me (2021) entitled *The Pulmonary Manifestations in COVID-19 Really Caused by the Virus?* [19,20].

In the Acupuncture Research Conference that was held in 2015 in Harvard Medical School in Boston, USA, I showed in this conference that, if the physician treats the energy alterations or imbalances in the root of the tree (showed in the figure 1), it will treat all the patients' conditions at the same time [6].

In this root, there are two theories in traditional Chinese medicine that are *Yin* and *Yang* theory and the Five elements theory, demonstrated in the majority of article published by me (2021) such as in *Why Patients with Spider Veins in The Leg Have Recurrence of Their Conditions by Using Sclerotherapy Or Other Kinds of Treatment Recommended Nowadays?* [12].

In this article, I am showing that patients with spider veins have energy deficiency in the internal five massive organs and the rebalance of the energy and replenishment of this condition using highly diluted medication such homeopathy according to the theory created by me (2020) entitled *Constitutional Homeopathy of the Five Elements based on Traditional Chinese Medicine* and the use of crystal-based medications, beside the use of Chinese dietary counseling and auricular acupuncture with apex ear bloodletting, was important to treat the stagnation of Blood in the arterioles of the leg [12,14].

In this same reasoning used in the treatment of this patient reported in this article, what I want to show you is that, the patient was having only small symptoms in the beginning of the SARS-CoV-2 infection but as she intake many high concentrated medications, her vital energy in all organs reduced even more, due to this new energy pattern that this kind of population are having nowadays [9,20].

The reason that the evolution of this diseases worsened with the treatment instituted instead of improvement, is that the vital energy of this patient reduced even more with the intake of so many highly concentrated medications and caused the picture of weakness and lack of energy and shortness of breath [20,21].

All this reasoning was written by me (2021) in the article *Why Medications Used Nowadays Are Harmful to Our Health?* where are am saying that the use of any kind of highly concentrated medications nowadays can harm even more the vital energy that was already low, leading to worsening of the clinical manifestation of the patient, instead of improvement [22].

In this case, the use of highly diluted medications can increase the vital energy of the patient and can lead to improvement of the condition, as demonstrated in this case report in this article, when highly diluted medications was also used in her treatment to fortify the internal massive organs, that was responsible for the production of *Yin*, *Yang*, *Qi* and Blood (according to the theory created by me (2020) entitled *Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine*) [9].

In this specific case of patient with initial manifestations of benign symptoms of COVID-19 in the beginning of the treatment and that evolves to weakness state of the physical body and also, to shortness of breath in the following days can be explained by her energy alterations that worsened with the treatment instituted with any type of highly concentrated medications, as I showed in the article written by me (2021) entitled *Is the Medication used in Intubation of Patients with Covid-19 Affecting the Outcome of the Patient's Treatment?* [23].

In another article, that I wrote (2021) entitled *The Pulmonary Manifestations in COVID-19 Really Caused by the Virus?* I am demonstrating the patients with shortness of breath in COVID-19, can be caused by the lack of energy in the internal five massive organs or in the chakras' energy centers that is leading to the clinical manifestation of dyspnea due to the blockage of the energy transmission from the Lung to the Kidney, when the Kidney do not have energy to receive this energy from the Lung [19].

In another article also written by me (2020) entitled *Chakras' Energies Deficiencies as the Cause of Dyspnea Post COVID-19 Treatment*, I am demonstrating through two cases reports that dyspnea after acute phase of SARS-CoV-2 infections can be caused by the lack of energy in the chakras' energy centers due to the same reason of the lack of energy in the Kidney energy, causing a blockage of the energy transmission from the Lung to the Kidney [20].

In this article, I am demonstrating through this case report that the patient had ground glass opacity on CT, that was worsening with the treatment instituted with highly concentrated medications. Probably she could have lack of energy in the chakras' energy centers and using the reasoning based on the results of the chakras' energy centers measurement, I could know if this patient has or not energy deficiency in the five internal massive organs. As she was worsening her case, but not due to the virus but due to the reduced energy pattern that the use of so many kinds of highly concentrated medications that was prescribed to her, she evolves to a picture of Blood stagnation inside the Lungs blood vessels, leading to the image of ground glass opacity and was not caused by the virus itself but by the stagnation of Blood inside the Lungs vessels [12,13].

This reasoning using the study of energy alterations before the COVID-19 pandemic (2015-2020), prior to the SARS-CoV-2 infection and that can evolve to so many complications, all can be explained by the reduction in the vital energy of the patient caused by the type of medication used in this new type of population [24].

In the 12<sup>th</sup> Webinar on Healthcare - Health Economics and Policy that I participated on February 09, 2021, I presented a study entitled to *Know Which Medicine We Should Prescribe, We Need to Know What Type of Patient We Have Nowadays* [25].

So, when I used homeopathy medications to replenish the energy of the internal five massive organs, that was already very low in this patient, it was possible to give energy that was important to circulate again the Blood, improving the patient's energy in the root and is was not just treating the symptoms, as I am showing in the figure 3 [5].

To finalize this article, I would like to say that homeopathy and acupuncture used in the treatment of this specific patient are considered medical specialties by the Federal Medical Council in Brazil since 1980 and 1995 respectively. They are very important tools nowadays, to treat the majority of patients that has this new energy deficient pattern [5].

To understand all the alterations that could be happening in the patients with SARS-CoV-2 infection that have ground glass opacity in the CT of the Lungs, we need to understand the alterations that could be happening in the energy level that is causing the symptoms and alterations in the patients. So, we need to integrate the reasoning used by Western medicine and, by traditional Chinese medicine as you can see in the figure 4, to understand better what could be happening in these patients that are having ground glass opacity in patients with SARS-CoV-2 infections treatment [19].



Figure 4: Yin and Yang metaphor of traditional Chinese medicine and Western medicine.

### Conclusion

The conclusion of this study is that patients with COVID-19 infections that have ground glass opacity can be caused by the stagnation of Blood inside the blood vessels of the Lungs and knowing this information is very important to treat adequately these patients and not emphasizing in the use of antibiotics (that is considered highly concentrated medications and can worsen the evolution of these patients in treatment of these infections, instead of improvement). The correlation of the studies showing that these patients have Blood thrombi instead of the virus itself, can alter the prescription of medications in all these patients. The use of highly diluted medications in all these patients can increase the vital energy of them and can reduce the formation of thrombi in the Lungs vessels, reducing the necessity of being admitted in the hospital and being intubated, as showed in this case reported in this article. More studies with more patients need to be done to have more knowledge about the pathophysiology involved in the infection by SARS-CoV-2. But what we need to understand is that the focus of the treatment is to treat the patient as a whole and not only the SARS-CoV-2 virus itself. In this case, we need to treat the "root" level and not just treating the "leaf" level.

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