

How can we Improve Oxygenation in Patients with Chronic Obstructive Pulmonary Disease Using Homeopathy Medications?

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During this period of COVID-19 pandemic, the author has been observing the problems and the chaos that humanity has been going through nowadays regarding the care of patients with respiratory failure [1].

The study that the author carried out analyzing a thousand patients chakras' energy centers in the period from 2015 to 2020, she came to the conclusion that more than 90% of her patients are without energy in the five massive organs that corresponds to Liver, Heart, Spleen, Lung and Kidney. This data was published in the article written by the author (2021) entitled *Energy Alterations and Chakras' Energy Deficiencies and Propensity to SARS-CoV-2 Infection* [1].

Chakras are energy concentrations in which are not visible to the naked eye but which have an important function to send energy to the organs they are responsible for. Each chakra is responsible for one massive internal organ and each massive internal organ is responsible for an external sensory organ. All this information is published in many articles written by the author such as in the article entitled *Why Are Diabetic Patients Still Having Hyperglycemia despite Diet Regulation, Antiglycemic Medication and Insulin?* [2].

The author has published articles in which she talks about the different points of view of Western medicine and Eastern medicine, where Western medicine usually treats in the leaf level of the tree and Eastern medicine usually interpret that the symptoms are only manifestations of energy imbalances in the root of this tree and also, of the influences of the external pathogenic factors that the human body could receive the influences (Cold, Wind, Humidity, Dryness, Heat) [2].

The author will do a short explanations of what happened in the past history of medicine, about many important names that we cannot forget that is Hippocrates 460 B.C. to 375 B.C. father of medicine, that created the theory of the four humors (that the diseases came from the energy imbalances of these four humors (yellow bile, black bile, blood and phlegm) and balancing them, the patient could have health again) [3].

Another important name in the medicine's history was Galen (129 ce - c. 216), a Greek physician that wrote the anatomy of the human body and his thoughts are used nowadays in the medical schools. His mode of thinking is that the organs are not interconnected and they work independently from one and other. In his reasoning, if one organ is ill, if you take out that organ, the health will be restored again. And this kind of thinking still happening nowadays, in the Western medicine's reasoning diagnosis and treatment [4].

The third name that we cannot forget is Hahnemann (1755 - 1843), the German doctor that created the homeopathy medications and this kind of medications nowadays are the type of medication that is the choice to be prescribed at this moment, as the author showed in the article she wrote (2021) entitled *Is the Population in the World the Same as in the Past?* [5].

This changes in the type of medications that the physician needs to prescribe nowadays are due to the changes in the internal energy of the majority of the population in this planet, that she is demonstrating in the article written by the author (2021) entitled *Energy Alterations and Chakras' Energy Deficiencies and Propensity to SARS-CoV-2 Infection* [1].

The use of medications highly concentrated in all our patients especially in chronic obstructive pulmonary disease are causing harm in the vital energy, reducing our energy that is already low and for this reason, it is leading to many complications. According to Arndt Shultz Law, created in 1888 by two German researcher, that all medications in highly concentration reduces the vital energy and the use of highly diluted medications increase this energy. For this reason, this class of medications are considered the drugs of choice in the treatment in a variety of diseases including in this case Chronic Pulmonary Obstructive Diseases (CPOD) [6].

In 1913, it was implemented Flexner report in all three continents of this planet (America, Europe and Asia) that was considering only scientific only the medicine that could be proved by the laboratorial exams and or by radiological level [7,8].

Flexner was only a professor was not a physician carried out all the changes of all educational institutions of all medical faculties in the three main continents of the Americas of Europe and Asia saying that what could be explained scientifically through laboratory or radiological examinations would be considered scientific. The implantation of this reform, closed the doors of 80% of the naturalistic medicine schools that worked with herbal medicine, chiropractic, naturopathy and osteopathy, in addition to homeopathy [7,8].

With this implementation, there were improvements in scientific studies in Medicine, but at the same time, it brought negative points that are reflected today in the care of our patients [7,8].

The lack of understanding that the human being is made of energy and that it is often the part is made up of the part of energy part materialized as published by Capra (1975) in his book entitled *Tao of Physics*, in which this physicist explains that all universe phenomena are explained by energy and that the human being is made up of energy and it is inserted in this universe [9].

Western Medicine's lack of understanding that the human being is made of energy and all the complex interrelationships between internal organs makes Western medicine reasoning only seeing one part of the human being, only the part that is formed by matter. The other part that is formed by energy and the interconnections between the formation of matter by energy (as said Capra (1975) in his book *Tao of Physics*) is not understood yet and makes Western medicines' diagnosis and treatment only in the very late phase (in the phase four and five of the formation from health to disease) [2,10,11].

According to traditional Chinese medicine reasoning, all the internal organs are interrelated and interconnected and depend on each other. The Lung is the organ that depends on the energy of the Spleen and the Spleen depends on the energy of the Heart. The Heart depends on the energy of the Liver and this last organ dependent on the energy of the kidney. All this theory is shown in every publication of the author explaining the generation cycle and control cycle of the Five Elements theory [12-14].

In a study conducted between 2015 and 2020, in her clinic in Brazil, the author analyzed the energy of 1000 patient's five massive organs that correspond to the five elements of traditional Chinese medicine and measured these organs by measuring the chakras' energy centers. According to the study done by Christopher (2018) in his publication entitled *The Geometry of Emotions: Using Chakra Acupuncture and 5-Phase Theory to Describe Personality Archetypes for Clinical Use*, he is correlating the chakras energy centers with the five elements of traditional Chinese medicine [1,15].

The lack of the physician's holistic vision can explain this chaos in which there is a world going through with the COVID-19 pandemic in which the manifestations are only seen at the level of symptoms and do not take into account the deficiencies that each patients is presenting that is maintaining and aggravating with the type of diet and medication that they are receiving and also, do not take into account the climatic and environmental factors that are causing the development of diseases [1,16].

In this way, prevention and treatment measures are made in a way that often does not reach the point where they should act and in a very obscure yet in a superficial way, acting treating only at the leaf level. All the problems in the root level still not treated and could be aggravated depending on the type of medication that Western medicine is using to treat the leaf level. This problem was reported by the author in the article entitled *Is the Medication used in Intubation of Patients with Covid-19 Affecting the Outcome of the Patient's Treatment?* [17].

The author usually uses the metaphor of the tree, simulating and demonstrating the different points of view between Western and traditional Chinese medicine and shows that all treatments in Western medicine are done at the leaf level and the energy imbalances that are in the root level of the tree are never treated. The medicines used today for treatment at the leaf level are further unbalancing the energy found at the root level and which raises more patient complications and even more and often can lead to death, according to Arndt Shultz Law. And since deaths and complications are often related to the evolution of the diseases and not to the use of the drug that led to this complicated or fatal course [6,17].

The author wrote one article (2018) entitled *The Treatment of Asthma Based on Traditional Chinese Medicine and Homeopathy* and in this article, she is demonstrating that patients with asthma, according to traditional Chinese medicine, is not a problem that is related to the Lung, but rather is caused by a condition of Kidney energy deficiency [12].

So, the different types of points of view between one medicine and another, being that Western medicines' often treats the patients with CPOD with steroids and bronchodilators and often they do not find wheezing in the physical exams but they are still treated as if they had asthma. But they are unaware of the real energy reason that is causing these symptoms of shortness of breath, that is under the earth, that is invisible by the naked eyes. And the use of medications to treat asthma could be maintaining the energy deficiencies that the patient is suffering and could worsen the problem instead of treating it. This situation was explained and written by the author (2020) in the article *Chakras' Energies Deficiencies as the Cause of Dyspnea Post COVID-19 Treatment* [18].

In the article published by the author (2021) *Are We Vaccinating Immunocompetent or Immunocompromised People for COVID 19?* she demonstrates that nowadays 97% of the population she attends has no energy in the Kidney meridian (second chakra). This lack of energy in the Kidney is often responsible for the symptoms of shortness of breath in COVID-19 patients and by the symptoms of shortness of breath in patients who have asthma and chronic obstructive pulmonary disease. These alterations are well described in the article *Are Pulmonary Manifestations in COVID-19 Really Caused by the Virus?* [16,19].

Kidney energy is very important for the process of reproduction, sexuality, for maintenance of bones and teeth, hearing, to keep our youth and many internal processes in human beings depend on this energy because it is responsible for the production of the *Yin and Yang* energy of the body, that are the two very important energies for maintaining the health of every human being [2,20,21].

At the same time, patients with chronic obstructive pulmonary disease also have chakra energy deficiency and this study was presented by the author in the Webinar on Critical Care and Emergency Medicines/London that was held in UK on April 28, 2021. In this webinar, the author presented a clinical case of a female patient of more or less 60 years-old who smoked for 50 years and was using oxygen night and day and continuously and she felt short of breath even while sitting without doing anything exercise. This patient was evaluated to see how was the energy of the chakras' energy centers and what the author revealed in this measurement was that her internal massive organs were totally without energy (Liver, Heart, Lung, Spleen and pancreas and Kidney). In the first week, she was medicated with highly diluted medicines such as homeopathy according to the theory created by the author (2020) entitled *Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine* and this patient right in the first week was able to take the oxygen catheter out, her oxygenation had improved, even without the use of oxygen, she had an improvement in the general condition of the whole body, improving her depressive state, the physical strength to go to the bathroom and bathing alone (she was only taking bath with the help of

her husband before) and this brought a lot of happiness to the patient's entire family because she was apprehensive about her condition of not having improved oxygenation even with the use of steroids and bronchodilators [19,22].

The author would like to emphasize that the use of these high concentrated drugs currently used to treat all pulmonary pathologies being highly concentrated drugs, they can cause a reduction even more of the vital energy of the patient. This decrease in the vital energy is explained by all the articles published by the author and in the Arndt Shultz Law, created by two German scientists in 1888 where they say that highly diluted drugs increase vital energy, as opposed to using highly concentrated drugs decrease vital energy or can be fatal [6].

In view of this case presented by the author and in all the cases of patients who need oxygen therapy to maintain life, these patients must certainly have energy deficiencies in the five massive organs, according to the study carried out by the author entitled *Energy Alterations and Chakras' Energy Deficiencies and Propensity to SARS-CoV-2 Infection*. In this article, she demonstrates that most patients today have no energy in the five massive organs and this result could be due to the influence of constant exposure to electromagnetic waves from the 5G cell phone technology, of the constant use of computers and all electromagnetic devices. These energy changes and leading to formation of disease or more disease propensity in the future. Next, these patients who have altered energy but have not yet developed the installed disease are in phase 1 and 3, the development of health and disease is very well explained in some articles published by the author and that the author proposes the early treatment of patients in this phase 1 and 3 before developing the pathology in the phase 4 or 5, when they are already several changes at the laboratory and radiological levels. The author also recommends the use of these highly diluted drugs according to this theory that she wrote (2020) to improve the energy of these organs (Liver, Heart, Spleen, Lung, Kidney) because according to Chinese medicine, for example, the Lung is influenced by the Spleen which are influenced by the Heart which are influenced by the Liver and Kidney. So, to treat Lung imbalances it is necessary to treat the whole system because every system works in a joint way and an organ depends on the other, contrary to what Western medicine advocates for isolated treatment of the organ [1,2,12,19].

Measures to integrate the two forms of Western medicine and Chinese medicine must be thought out and implemented in the near future so that the understanding of disease formation in a deeper way at the root of the tree and not only at the leaf level of the tree, like what is happening nowadays. This way of reasoning was reinforced by the implementation of Flexner report in 1913, because they believe that what is scientific is only what they could see by the naked eyes and this reasoning, caused so many problems nowadays because the majority of diseases have alterations only in the root level, as in the case of couples with infertility problems that are in treatment, they usually say that their laboratorial exams are normal but the real problem they are facing are usually in the root level, invisible by the naked eyes. This problem was written by the author (2020) in an article entitled *Chakra's energy deficiency as the main cause of infertility in women* and in the second editorial article she wrote (2021) entitled *Why is Infertility So High Among Couples Nowadays?* [22,23].

Doctors we are training today in the medical schools are doctors who are prescribing medicines that will further worsen the vital energy of our patients who are already altered according to the article written by the author (2021) entitled *Is the Population in the World the Same as in the Past?*. In this article, she is saying that the type of medication we should use will depend on the type of population we have today. The author said that the population we have today is no longer the same as we have in the past due to the influences on electromagnetic waves leading to this reduction in vital energy of the human being [5].

The type of medication that doctors are prescribing are important for the evolution of these patients because if they prescribe highly diluted medications, no worsening of this energy pattern would occur, in the contrary, it will help to increase even more the vital energy that is already low [1,12,18,19].

As we are today in the COVID-19 pandemic, in which the author questions whether patients are actually dying from the virus or because of the type of medication patients are using, as showed by the author in the articles *Are Pulmonary Manifestations in COVID-19 Really Caused by the Virus?* [19].

As said by Hippocrates, we need to consider other ancient medical traditions prior to the current medicine that we are using nowadays. So, reevaluation of all rules implanted in the past should be important at this moment, to explain all the diseases that we are facing nowadays, that Western medicine alone, cannot explain at this moment [3].

As said by Albert Einstein, we cannot solve our problems with the same thinking we used when we created them [24].

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