

## **DGB NFNP: New Notes on the Relationship Between the Unconscious, the Id-Ego, the Oedipal Template, and the 'FREE-TO-MOLD' Transference (SPAM) Complex**

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**Received:** August 14, 2017; **Published:** October 04, 2017

August 7<sup>th</sup>, August 14<sup>th</sup>, 2017,

Code: 'FREE-TO-MOLD' -- 'Fantasy-Reality-Evolutionary-Entropy-Trauma-Oedipal-Memory-Optional-Lifestyle-Deathstyle' Transference-SPAM (Seductive-Persistent-Addictive-Mastery Complex)

Good day!

This is a further development of an essay I wrote about 2 weeks ago. It may help to explain why I have turned Freud's 'triangular' model of the psyche-self into a 'square' or 'rectangular' model that adds my concept of 'The CEBID (Cognitive-Emotional-Behavioral-Impulse-Drive) Templates' -- of which I have classified 8 of them -- the most important (to me) being the 'Oedipal Period Template' (OPT) of the period from 2 years old to 7 years old.

Within this OPT is what I used to call 'The MOLD Complex' which is an acronym that stands for 'The Memory (or Mastery) Oedipal Lifestyle-Deathstyle Complex'. Now, I have a new, longer name for it which is meant to signify more of the 'bipolarities' that are running through this 'quantumly entangled' mutation of Freud's old 'Oedipal Complex'. It will now be called The 'FREE-TO-MOLD Transference-SPAM Complex'.

The multitude of interacting bipolar phenomena in this Complex will take some time to extrapolate on, and is just, in effect, 'being born' in this essay-presentation as a concept-theory describing the Multi-BiPolar, Quantum Entanglement (MBP-QE) Oedipal phenomenon.

The other 7 templates are: 1. 'The Genetic Template' (before birth); 2. 'The Pre-Oedipal Template' (birth up to 2 years old); 3. The Oedipal Template (2 or 3 years to 7 years old); 4. The Post-Oedipal-Pre-Adolescent Template (8 years old to 12 years old); 5. The Adolescent Template (13 years old to 18 years old); 6. The Young-to-Middle Adult Template (18 years old to 39 years old); 7. The Middle Adult to Senior Adult Template (40 years old to 59 years old); 8. The Senior Adult Template (60 years old to death).

You see, Freud, up to 1923, was having difficulty differentiating and classifying what he wanted to 'include' in the 'unconscious'. His primary distinction was between the 'descriptive unconscious' and the 'dynamic unconscious' of which only the latter included what Freud viewed as 'the repressed' as in 'purposely kept unconscious' because of the 'anxiety' associated with the 'material repressed' but herein lay a part of the problem that Freud neglected because once Freud started 'indulging' or 'focusing in on' 'fantasy material' -- 'reality material' became the 'forgotten, neglected, and/or suppressed material' that Freud basically left out of his 'inclusion and classification' within the unconscious. Hence, I added what Freud did not add which was my 'CEBID' Templates.

Let me backtrack a bit here. From his distinction and classification of 'the descriptive' vs. the 'dynamic' unconscious, Freud briefly included the idea of 'the systematic' unconscious -- and then all of a sudden the 'dynamic' unconscious was left behind as it was included in the 'systematic' unconscious. At this point, I believe, that Freud was moving -- and getting closer to -- his 'systematization' of the 'id', 'ego', and 'superego' in 1923.

Again, what Freud seemed to be leaving behind -- which he had mainly 'left behind' since 1897 when 'The Oedipal Complex' was created along with 'infantile/childhood sexuality' and the beginning of 'fantasy-wish-biological instinct' theory -- to repeat, what Freud had mainly left behind was the idea of 'unconscious memory templates' which was the main focus of my lifelong investigation after my 1979 Honors Thesis essay on 'Central Ego Theory' which left me knowing that we all had 'unconscious and/or preconscious memories' as well as 'unconscious and/or preconscious memory templates' that affected our problem-solving and conflict-resolving in 'The Central Executive Ego'. A 'pre-conscious' memory by Freud's definition (1915) was a 'semi-or-partial' unconscious memory that could be retrieved usually within a matter of minutes.

It is important to recognize that within the Adlerian paradigm, these so-called 'pre-conscious' memories are called 'conscious' memories -- because they are generally easily remembered. This was a 'big sore point' between Freud and Adler -- Freud insisted that 'neuroses' had to be based on 'unconscious' memories whereas Adler based his central concept-theory of 'lifestyle' on 'the interpretation of conscious memories'; not 'unconscious ones. I side with Adler on this issue -- and what Adler called 'lifestyle memories' -- I call 'transference (lifestyle-deathstyle) memories' when they are brought into the DGB NFNP paradigm.

The idea of 'deathstyle energy' or 'deathstyle impulse-drives' or a 'deathpath' is a mutation from Freud's work in 'Beyond The Pleasure Principle (1920) from which Freud created the idea of 'the death instinct'.

Since I see the 'death instinct' being formulated from childhood learning and defense mechanisms that get 'internalized' into the Oedipal/MOLD Complex -- and the 'structure' (but not the content) of the Oedipal/MOLD Complex is 'universal' -- I see what Freud called 'the death instinct' as an 'epigenetic Oedipal/MOLD phenomenon'.

Usually this 'deathpath energy and its deathstyle impulse-drives' are 'internalized' or introjected by the 'memories of bad objects' and 'bad object impulse-drives' through a process that I will call 'Identification with The Bad Object (or Bad Transference-Figure)' and with 'Bad Object Impulse-Drives'. This will be the subject of a future essay on 'The Superego and Bad Internal Objects'.

In 1923, Freud's definition and description of the 'id' created the image of the id as a 'reservoir inside the unconscious that contained all of the 'life' and 'death' instincts which was the basis and foundation of Freud's 'fantasy' and 'biological instinct and impulse-drive' theory. For Freud, the 'id' now 'dominated the unconscious' -- and was ONLY unconscious -- while recognizing the fact that both the 'ego' and 'the superego' also had significant elements included in the unconscious as well in the conscious. But the 'id' was viewed as a 'totally underground force' in the personality and only 'vicissitudes' of the id reached into consciousness (a very technical and 'knit-picky' argument in my view.

In contrast, I say that the id can easily enter consciousness -- in many forms: white-washed, sugar-coated, as a 'symptom-formation', as a 'transference-immediacy-construction' (tic), as a 'joke', as an 'allusion to an underlying 'Id-Oedipal-Transference Complex (IOTC)', as a projection, as identification, as sublimation (work, art, hobbies...), as 'religion and/or spirituality', as 'mythology' and 'visual symbolism'... and whatever I might have left out here...Are these all 'vicissitudes' of the id -- yes, I can buy into this idea at least partly -- but not in the case of barbarism, war, serial rapes and murders, and the like -- here, I see the full force, the full impulse-drive of the id -- 'exploding' into the ego like an exploding volcano...

So -- to recognize 'the equal' importance of 'reality' and 'fantasy' (Pre-Classical vs. Classical Theory), I have turned Freud's 'triadic' model of the psyche into a 'square' or 'rectangular' one -- a 'vertical rectangular model' as we start 'splitting the ego' in future essays. (I have already opened up this part of the model in previous essays but leave it aside for the time being until we finish with the most important DGB essays on 'id and Oedipal Psychology'. So the final 'system' or 'structure' -- the 'fourth psycho-structure' -- to add to Freud's triadic model to enter into the 'DGB model and paradigm' is -- 'The CEBID Templates'. These are a 'mixture' of 'reality-fantasy' impulse-drives or 'epigenetic instincts created mainly but not totally in 'The Oedipal Template'.

I hope that brings some greater clarity to my work here.

I had to become 'clear within myself' before I could become 'clear with you'. And that has just recently happened.

The 'new' or 'mutated' concept-term in the title -- 'The FREE-TO-MOLD' Transference-Seduction (or 'SPAM' -- Seductive-Persistent-Addictive-Mastery) Game Complex -- I just created that concept here and now, so I will start to develop it as being 'contained' within the 'Oedipal Reservoir' of the personality.

To be clear here, I have never liked Freud describing the 'id' as a 'reservoir' of 'the life and death instincts' -- and here -- The Oedipal Template takes the id's place as the 'primary reservoir' of 'Primal Oedipal Energy' for the rest of the mind-brain, personality, ego and superego -- i.e., the 'whole self'.

Of ongoing importance here, is the idea that the term 'Seduction' refers less to Freud's early childhood sexual abuse theory than it does to the idea that 'seduction' -- in its most general sense, not only in its strict 'sexual' sense -- is a hugely significant part of human behavior and this idea digs into the area of Eric Berne's best-selling book -- 'Games People Play' (1963).

My addition to this important neo-psychoanalytic work (Games People Play) will be my own 'Oedipal-Energy-Transference-Seduction Games People Play' -- or The 'SPAM' -- Seductive-Persistent-Addictive-Mastery -- Compulsive-Complex!

My version of the 'splitting of the ego' draws heavily from Bernes' 'Transactional Analysis' which was a spinoff of Object Relations which was a manifestation of Melanie Klein's early work as well as a 'particular pathway' in Classical Psychoanalysis starting from Freud's earliest work (1893 to 1895) and Freud's 'Three Essays on Sexuality' (1905) where Freud said that a 'sexual instinct' has a 'source', an 'aim', and an 'object' -- the latter term leading to 'Object' Relations.

Onward and forward...

Cheers! Have a great day!

-- David Gordon Bain

**Volume SPI Issue 1 October 2017**

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