

DGB Neo- Psychoanalysis: Internal Self-Object Relations Between the Id, the Ego -- and the Splitting of the Ego into Ego-States Via the O. Complex

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Good day everyone,

It is not always right or wrong that counts; often it is the dialectic and/or multi-dialectic dialogue -- and the negotiation towards a happier, healthier middle ground -- that is important. In the Oedipal 'Father' and 'Mother' Complexes, often it is the adult's 'missing childhood heart-felt or emotionally cathected dialogue' that is important and that becomes 'indirectly communicated' from the id to the ego and the outside world over and over and over again -- repeatedly with one 'Oedipal transference figure surrogate after another taking the place of the original Oedipal (usually mom or dad) transference figure'. In 1914, Freud called this clinical phenomenon 'the repetition compulsion' -- although it doesn't always apply just to a person -- often it applies to a 'whole childhood transference scene'.

When I use the term 'Oedipal Period Complex (OPC) -- as opposed to 'Oedipal Complex' which we will use to refer to mom or dad or a combination of both -- an OPC can refer to any 'Oedipal Period Transference Memory-Scene or Relationship between the ages of 2 years old and 7 years old that goes beyond mom and dad or their 'substitute caretakers'.

I was going to change the pace in this essay but coming back to this sentence after I have written the essay, I realize that the essay I intended to, and started to, write here, turned out to be not the one I that I finished writing. The original essay I started to write was going to be on 'Father Complexes' in Schopenhauer, Kierkegaard, Nietzsche, and Freud. Also, I want to start getting into 'personality and ego-state types' such as the 'social phobic' position, the 'approval-seeking-pleasing' position, the 'narcissistic-hedonistic' position, the 'paranoid' position, the 'schizoid' position, the 'paranoid-schizoid' position -- and also 'hoarding' vs. 'collecting'. But all of this will have to wait a little longer, as I seek to lay out more of the theoretical framework for what we will begin to analyze later.

What I started to write before I meandered away from the original subject matter was my own 'father complex'. I look back at my now 200 plus essays, and I see that so many of these essays are dominated by my fixation and obsession with The Oedipal Complex -- and in particular, but for the most part, hidden out of view from all but the most perceptive and/or psychoanalytic of minds -- my own 'Yin-Yang-MOLD' -- as in 'Master-Oedipal-Lifestyle-Deathstyle' -- Complex with my father in particular, but also, along another different but similar, and mainly integrative path, relative to women, my mother, and a random 'mother' who stands out in one of my conscious early memories -- indeed, my first one.

Alfred Adler would call these early memories between the age of about 2 and 7 years old 'lifestyle' memories; I call them 'OPC' (Oedipal Period Complex) or 'MOLD' memories that abide partly by Adler's 'unity in the personality' assumption-paradigm, and partly by Freud's 'conflict in the personality' assumption-paradigm. How is this possible, you might ask? Well, it has been my experience that BOTH unity and conflict are present in the human psyche and either collide or integrate. Freud (1914, On Narcissism) called the 'collision-type' -- 'ego-dystonic' -- and the 'unity and integration type' -- 'ego-syntonic'.

Now, 1914 was obviously well before 1923 when Freud created the concept of 'the id' which further complicated the matter due to 'id-ego ego-syntonic and ego-dystonic inter-relations'. Heinz Hartmann (1894-1970) further developed these two concepts in relation to his conceptualization of 'a conflict-free ego-zone' where presumably every part of the ego is 'rowing the boat in rhythm and synchronization' with 'all other members (i.e., regarding 'the splitting of the ego' into 'ego-states' or 'ego-compartments') of the 'ego-team' (like a 'business office within our own ego'). Now, again, that is before involving the id in the psycho-dynamics of 'id-ego interaction and symptomatic compromise-formation' or the 'lack thereof'.

To further complicate matters, every ego-id-state or ego-id-compartment -- of which I have classified 10 of them ('ego-states' with underlying 'id impulse-drives') -- the 11th being the id (with 'partly conscious, partly unconscious primary-primal id-ego impulse-drives') -- can be construed as either an 'internal self-subject' and/or an 'internal self-object' -- or a combination of both. If you can imagine 11 different people in the same business room being 'ego-id-syntonic' on every issue -- well, 'like the sound of one hand clappin', it's not going to happen.' (Bob Dylan). Unless they are all medicated and/or tranquilized. Ego-dystonia (if there is such a word), is going to be very much the name of the game -- with early childhood family functionality and dysfunctionality -- and overall stability vs. instability -- playing a key role in any person's internal and external adult psycho-drama.

This early childhood influence -- specifically, in my work, during the Oedipal Period (2 years old to 7 years old) becomes 'introjected' or 'internalized into 'The Master Oedipal Period' -- or MOLD -- Complex Template' -- and 'worked over, organized, and pushed up into our 'adult compensatory, defensive, specialized id-ego-states' and/or further 'transferred', 'projected', 'displaced', 'identified with', 'sublimated', etc. into our adult love and work relations -- our 're-created adult rendition of our childhood early object relations, Oedipal relations, and both family and internal id-ego conflicts'.

And that is where I will leave you today...

Have a great evening!

David Gordon Bain

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