

EC PSYCHOLOGY AND PSYCHIATRY

Opinion

On the Evolution of the DGB Model of the 'Expansive, Cosmic, Multi-Bipolar Oedipal (MOLD) Complex'

David Gordon Bain*

DGB Transportation Services, DGB Integrative Wellness and Education Services, Canada

*Corresponding Author: David Gordon Bain, DGB Transportation Services, DGB Integrative Wellness and Education Services, Canada.

Received: May 19, 2017: **Published:** June 27, 2017

Good day everyone,

For the purpose of this essay-lecture, I would like you to forget how Freud defined and described 'The Oedipus or Oedipal Complex'. You know -- the definition that asserts that the little boy wants to have sex with his mom and commit patricide on his dad. But I just asked you to forget this definition -- at least for the duration of this essay-lecture.

Instead, I wish you to imagine an 'Expansive, Cosmic, Multi-Bipolar, Quantumly-Entangled' Oedipal Complex which does still carry a few characteristics of the 'old, Victorian Freudian Model' -- about as many characteristics, by way of example, as a modern-day Lincoln carries some of the characteristics of an old 'Model T Ford'.

This new 'DGB Model of the Cosmic Oedipal Complex' is the most important concept and theory in DGB Neo-Freudian, Neo-Psychoanalysis -- indeed, it is the 'heart and soul' of DGB NFNP. And it is complicated -- in fact, it has taken me about 7 years to get from where I started with this concept in my 2010 interview with Dr. Jeffrey Masson -- to where I am now, sitting down here, writing this essay.

My 'expansive, cosmic, rendition' of The Oedipal Complex concept and theory has gone through 7 years of evolution and has very significant roots in 'DGB Neo-Hegelian Multi-Dialectic (Multi-Bipolar) Philosophical Theory' -- which I am really getting to now in focused representation and substance for the first time.

This is a completely different view, different perspective, than the one that I have taken writing essays on The Oedipal Complex up until now. What we are about to engage in now is a 'quick trip back through the History of Western -- with a little Eastern -- Philosophy in a way that is reflective of what The Oedipal Complex means to me.

If you understand that 'transference' is the most important concept in psychoanalysis for many analysts, and if you understand that I believe that The Oedipal Complex is the 'Source of The Nile' for most core, nuclear 'transferences' -- our 'Oedipal Transference Template' if you will -- and the 'home' of all of our 'Oedipal Sublimations' -- those 'Oedipal Transferences' that we 'project and unconsciously abreact' through our 'creative, artistic, and/or scientific work' -- then the following trip down 'The History of Philosophy Lane' will perhaps make more sense to you. And if you understand further that this 'Cosmic, Multi-Bipolar Oedipal Complex' is the closest 'organismic evolving and/or devolving' concept that I can find to my 'philosophical-spiritual-pantheistic' vision of 'the human spirit or soul' -- Hegel's 'Phenomenology of Spirit' if you will -- or Nietzsche's earliest conception of the 'Birth of Tragedy -- or Celebration -- based on the 'unity' or 'disunity' of Apollo and Dionysus 'getting it together' or not -- as later represented similarly by Freud in 'The Ego and The Id' -- well, this is just a start to what I am totally visualizing here.

Before I go any further with this analysis above, let me go back to earlier DGB formulations of this 'Oedipal Period Complex' or 'MOLD' -- Master-Oedipal-Lifestyle-Deathstyle' -- Complex which can be defined as 'the sum total of the unity and/or disunity of all remembered or non-remembered (but mainly remembered) object (primarily human and parental or caregiver) relations in the 'evolving and/or de-

Р8

volving structuralization and pyscho-dynamics of our childhood Oedipal Period (MOLD) Complex as it moves towards adolescence and adulthood. Juxtapose -- and dialectically integrate -- the two different perspectives I have offered here -- the philosophical one followed by the 'personality development' one -- and you have come much closer to my understanding of 'The Cosmic Oedipal Complex' -- full of endless bipolarities -- some of, many of, which get 'blocked off' because of 'psychic ego trauma' and/or 'narcissistic injury' in our personal Oedipal Period Development. I hope you have followed me so far.

Back to the history of philosophy. The 'Cosmic Oedipal Complex' was the home of Eastern 'Daoism', Plato's 'Symposium', Spinoza's Pantheism, Kant's 'Critique of Pure Reason', Schelling's 'Dialectical Pantheism', Hegel's 'Phenomenology of Spirit', Schopenhauer's 'The World as Will and Representation', Kierkegaard's 'Sickness Unto Death' and 'Fear and Trembling', Dostoevsky's 'Notes From The Underground' and 'Crime and Punishment', Nietzsche's 'The Birth of Tragedy', and 'Beyond Good and Evil', and 'Zarathustra Spoke', and Sartre's 'Being and Nothingness' and Camus' 'The Stranger', and Kafka's 'The Trial', Freud's 'The Neuro-Psychoses of Defence', 'The Aetiology of Hysteria, 'The Interpretation of Dreams', 'The Dynamics of Transference' 'Beyond the Pleasure Principle' and 'The Ego and The Id' and 'Splitting of The Ego in The Process of Defense'. It is the home of Ferenczi's 'Confusion of Tongues', Anna Freud's 'The Ego and The Mechanisms of Defense. It is the home of Brian Bird's 'Transference as a Universal Phenomenon'. And -- for what it is worth -- it is the home of DGB Neo-Psychoanalysis.

All of this is to say that The Cosmic Oedipal Complex is like a 'metaphysical, heart, and liver, and sex organ, and limbic system, and soul' -- all rolled up into one. From the 'oral' side of The Oedipal Complex we get our 'impulse-drive' for 'biological and psychological nutrition', from the 'anal' Oedipal Complex we get our 'immunity against boundary and toxic invaders', from the 'genital' Oedipal Complex we get our 'impulse-drive' for 'erotic and/or romantic bliss', from our 'narcissistic' Oedipal Complex we get our impulse-drive for ego, accomplishment, respect, and pride, from our 'altruistic' Oedipal Complex we 'give back to the community' in a way that mutually supports the Buber 'I and Thou, Here and Now' dialectic and cosmic system.

From the Cosmic and Individual Oedipal Complex, we get personality development, pleasure and pain, trauma and suffering, 'blocked off lifestyle pathways' and the 'creation of deathstyle pathways in the mold of our childhood 'bad objects' and 'bad impulse-drives'. We get psychological health and psychopathology -- neurosis and psychosis -- and we get 'personality theory' -- 'the splitting of the ego into ego-states in the process of learning, specialization, and compensatory defense.

From the Oedipal Complex, we get 'associative psychological triggers from the past...

And from The Oedipal Complex, we get...

I and Thou, Here and Now...

Have a great day!

David Gordon Bain

Volume SPI Issue 1 June 2017 ©All rights reserved by David Gordon Bain.