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Perspective

Remote Instant Leadership Mindset Development: A Preliminary Methodology Framework and Evaluation of Immediate Psychosocial Transformations

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Received: October 30, 2026; **Published:** November 05, 2026

The method was developed by Dr. Hadi Eltonsi.

A documented approach to remote leadership mindset and personality development.

Dr. Eltonsi, a physician and former Egyptian ambassador, is the originator of an approach known as Remote Instant Leadership Mindset Development (which is sometimes referred to as Immediate Remote Leadership Personality Development).

This methodology is made to help people in building specific leadership traits—for example personal effectiveness, confidence, maturity, and emotional composure—via a customized, distance-based process.

The process, as outlined by Dr. Eltonsi, consists of two main phases. The first is an analytical video dialogue that aims at defining the individual's objectives. The second is a remote phase that happens while the client is asleep. Comprehensive details regarding the method's theoretical foundations, its procedures, and the outcomes reported by the creator could be found in his academic publications and supplementary materials.

Scientific publications

For readers interested in even a deeper understanding of the method, two foundational papers are available. Readers are advised to review the methodologies, references, and claims made within these texts. While the publication of these papers confirms they have undergone peer review, the actual strength of the evidence should be evaluated based on the research presented and any future independent studies.

- Immediate Healing for Personality Development (Published in *EC Psychology and Psychiatry*, 2018). Read the published paper: https://ecronicon.net/assets/ecpp/pdf/ECPP-07-00358.pdf
- Instant Remote Leadership Mindset Development (Published in *EC Psychology and Psychiatry*, Volume 11, Issue 8, 2022). Read the published paper: https://ecronicon.net/assets/ecpp/pdf/ECPP-11-01015.pdf

Collection of 108 supporting documents

Dr. Eltonsi has curated a comprehensive archive of 108 supporting files. The archive collection encompasses professional qualifications, personal testimonials, certificates of appreciation, besides various other credentials connected to his methodology.

- Access the full document collection (108 testimonials, credentials, and certificates): https://1drv.ms/w/c/25bc27d75a9fa00f/IQDb-4w9twkvS4qE6L9yzdoaAR4lAEaSZD96qvfeLKBNIqY

To facilitate review, the archive is categorized into the following sections, with the relevant documents found at the link above:

- Intellectual property: Documentation concerning the registration and protection of the method.
- Scientific publications: Academic papers, publication records, and related certificates.
- Testimonials: Written or recorded statements from recipients who have undergone the method.
- Professional qualifications: Evidence of educational, training, and professional background.
- Certificates of appreciation and recognition: Awards and documents issued by conferences, organizations, and other entities.
- Conference and professional activities: Records of invitations, participation, and also related events.

Official biography and further information

To explore additional background information, interviews, articles, and testimonials regarding the methodology, please check the following resources:

- Official website of Dr. Hadi Eltonsi: https://drhadieltonsi.com/
- Professional biography and curriculum vitae: https://drhadieltonsi.com/
- Brainz Magazine Executive Contributor profile: https://www.brainzmagazine.com/executive-contributor/hadi-eltonsi

Invitation to researchers and institutions

The author extends an open invitation to academic institutions, leadership specialists, researchers, and professional organizations. Interested parties are encouraged to review the provided publications and documents, assess the proposed framework, and explore ways for independent verification.

Suggested areas for future research may include evaluating the durability of the reported changes, comparing the method against established psychological and leadership interventions, to verify the reproducibility of outcomes, and identifying suitable outcome measures.

The primary goal of this document is to foster transparent evaluation, informed discussion, and more scientific inquiry into eventual applications of this method.

About the creator

Dr. Mohamed Hadi Eltonsi:

- Physician, former Egyptian ambassador, and creator of Remote Instant Leadership Mindset Development.
- Official website: https://drhadieltonsi.com/
- Professional profile: https://www.brainzmagazine.com/executive-contributor/hadi-eltonsi

Acknowledgments and AI Disclosure

The author confirms that generative AI (specifically, a large language model) was used as a writing assistant to help paraphrase, edit, and format this text. The AI was utilized solely for language refinement and did not contribute to the conceptualization, methodology, or scientific analysis. The author takes full responsibility for the content and accuracy of this manuscript.

Volume 15 Issue 5 October 2026
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