

## Crucials Moments in a Lifetime during which Taking Alcohol According to Abusive Modalities became an “Assuetude” or “Addiction”, from the Childhood to the Old Age

**Hugues Scharbach M.D.\***

*Ph D, Neuro Psychiatrist, Pedo-Psychiatrist, Psychiatre des Hôpitaux, Doctor of Psychology, Paris' University, France*

**\*Corresponding Author:** Hugues Scharbach M.D., Ph D, Neuro Psychiatrist, Pedo-Psychiatrist, Psychiatre des Hôpitaux, Doctor of Psychology, Paris' University, France.

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### Abstract

Taking alcohol, in cafes, the number of which has been greatly reduced, in meetings or cocktails parties is taken less into account than 40 - 50 years ago, such as sociotherapeutic organizations, like the C.H.A. In France with specific reviews, specialized medical clinics were at the forefront, because the progressive very important use of toxic substances or drugs, which would seem to concern the social, medical and political world more, because the effects are more quickly addictive and dangerous in many fields, able to give death in a short time.

In a long psychiatric practice by adult as well by young's, we have encountered the effects and also the causes of alcohol abuse in various forms and had to deal with disturbing conditions, including precarious somatic states and even delirium tremens in rural fields.

**Keywords:** *Crucials Moments; Lifetime; Alcohol; Abusive Modalities; Assuetude; Addiction; Childhood*

### Introduction

Among the different behavioral distortions: leading to a progressive assuetude becoming an addiction, such that the subject, young, teenager or mature, in adulthood even old, some of them become a slave of the substance or of the practice daily habit, until the pathological fixation obituaries with greed and associated withdrawal effects his way of life, his commitments and even his liberty.

Such as it may be many shapes of addictions:

- Regular alcohol abuse
- Bulimia/anorexia
- Gambings
- Sexual inadequate practice

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- Self damage
- Repetitive suicidal compartments
- Pathological purchases
- Repetitive rise-takings.

We will focus on alcohol-abusive behaviors and their triggering.

### **Important moments of the life**

When the subjects lost the capacity to moderate his alcohols consumption and to moderate or stop his taking of alcoholic beverages.

Fetal alcohol 's syndrome is a condition of a birth of a babies that's results from alcohol exposure during the mother pregnancy, who proved in capable of weaning and often to as well to stop to use of tobacco.

Thus, we observe rapidly weaning's manifestations and when we practice an examination later low body weight, coordination disorders, hyperactive behavior, attention and memory disorders, leading to learning disabilities and language delay.

All types of alcohol are harmful and associated smoking or stimulating substances increases maturatives difficulties.

These very young's may develop an at trait to alcoholic ingestion, depending also of the conditions in which they have to spend their youngness and of the educational inputs.

In rural Fields and during the time of the 50<sup>th</sup> - 60<sup>th</sup>, certain families believe that to given alcohol mix with egg yolks for instance calmed or energized their child, opening the door to future alcoholic tendencies later.

Some young's could have alcohol practice induced by familial' s belief or custom, looking for their usual habits and these believing that its consumption, its use is part of the usual lifestyles.

We have describe the currently attraction of plays and games of the teenagers and even the boys - with the games, often together in virtual confrontational exchanges. That could take the dimension of an addiction, so what they neglect their educational scholar obligations and needs.

For some adolescents, first on all:

1. In that kind of context, notably when they take part of a young's group, they may develop a habit with alcohol, becoming an addiction to show that they are particularly viral or manly, after an ordeal or, sometimes in a group complex or after aa success want to demonstrate their evolution towards.
2. The different shapes of being with an attractive need to drink a beverage containing alcohol: when that subject becomes dusty, thirsty after having made an exercise, a dance or when he was able to drink without thirst.

Moments of the life when the subjects lost the capacity to moderate his alcohols consumption and to moderate or stop his taking of alcoholic beverages.

Alcoholism in the context of certain manual works, during which it is a habit for other workers to drink regularly, which become a sickness for some workers in the building for instance.

Alcoholism during depressive disorders are part of a psychopathological context, often associated with a feeling of inferiority or disappointing existential with a weak support in relational help.

Boredom in both men and women can induce harmful alcoholic consumption with a lack of goal or finalized projects. The time after retirement is difficult to assume and can leads tom alcoholic habits. The loss of activities, which confers on them social importance leaves a great void, a notable emptiness, especially for whose who do not have recourse to manual dexterity or lack of intellectual investments. Some drinks beverage in different moments of the day, even on morning, being alone, to experience an emotional state of themselves.

In fact, it's a great difference between alcoholic sickness and disease depending of the organization of the personality, of the psychic defense mechanisms, of the environment's scaffolding.

Neurotic, borderline subjects or even psychotic present different existential experiences in their life; especially in the area of loneliness's feelings and also happily fulfilled existence, notably if they get the support of members of a family.

Evolutionary prospects and risks of relapse depend also of the etiopathologic causes and surrounding, and above all, of mental structure and psychic factors.

### **Reminder of a historical alcoholic event**

Non forget the case of Alexander the Great, who empties the vine contained in the horn of Herakles during a party in the great conquered city of Babylon, after inducing a high fever and organic disorders or, from which he died the following day.

The warrior actor was certainly ambitious and violent by nature and perhaps desperate to exceeded so many limits, won so battles. Despite all his current conquests, which he would still have liked to extend to the gang, maybe he was not wishing to end up idle.

### **When a man or a woman asks for a meeting in psychiatry and to get care**

Sometimes, people realize that their regular or occasional alcohol abuse compromises their family, social or professional integration or, that their body, notably facial appearance is looking more age, quickly than normal, sometimes in comparison with fellows neighbors or educational promotion.

It could be also the impact of hardest gestion of their usual, traditional cognitive performances. This can also happen after a marital or sentimental/romantic breakdown or a problem of profitability in the work. A medico-legal problem can also lead to the need for a therapeutic approach, for instance, after tantrums, violence that may be intra-family or drunk driving. The psychotherapeutic treatment - and family approach - can be supplemented by a prescription of psychotropics drugs, anxious or depressive manifestations could emerge.

### **Specialized consultation and therapeutic group meetings**

After the evocation of the history of the subject, aspects of his environment, it becomes necessary to deepen the availability of his motivation, as well as the qualities of his psychic aptitudes and the authentic malleability of his insight and also of the possible flexibility of his intrapsychic changes, both intimate, with himself - depending of the strength of his narcissistic resources - and with others in the interrelational mode in the context of reality.

One cannot overlook the fact that relapses are frequent.

The constitution and the animation of therapeutic group need a great experience in the practice of cares.

### **A particular observation**

Fred has been a teacher, leading in a private school, with a good reputation, but had to retire at normal, agreed age, which was to upset his concept of situating himself existentially.

He then wanted to live in a libertarian way, on a more complacent style mode, with some tastes of easy life and luxurious desires. He sold even a family home - which led to a falling with the two children born of a union with a woman he had divorced 6 years earlier - to have more financial resources, than his retirement allowed, bought many clothes as well as expensive objects to create a high; reed h quality atmosphere, for example in the field of music or various conveniences or amenities... But also, he discovered euphoric feeling in using more and more expensive drinks: Transgressive acting by children, teenagers and great adolescents.

This is how he was discovered dead in his bed 6 years after his retirement, at the age of 66, in the middle of an incredible pile of empty bottles, which he no longer even threw away and objects of different miscellaneous collection -including stones - evoking a Diogene syndrome.

The neighbors in his building had notice his excessive craving for alcohol, but none felt that a call to an alcohol center would be beneficial or rather urgent [1-12].

### **Conclusion**

Alcoholic craving remains a serious addiction, somewhat lost sight of in the media, due to the explosion in the use of various drugs, particularly those called hard, but it can make the subject's life chaotic, degrading, lead to terrible family and social consequences and lead to death, especially in a cachectic or acute morbid form or in a context of delirium tremens.

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