

Instant Remote Leadership Mindset Development

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Abstract

Statement of the Problem: Clients receiving psychotherapy require several sessions even if with drugs and use of will power over time.

Purpose of the Treatment: Achieving immediate non medicinal effortless painless healing without complications. For personality development, relief of neurotic disease, psychosomatic symptoms and diseases, treating emotional obesity and smoking.

Method: After joint analysis with Client and definition of psychological and physical goals of treatment, the healer as a trained behavioral, cognitive and logo psychotherapist arrives with client to a new corrected understanding of the case and roots of conflicts in childhood, taking around 2 hours, then in less than an hour performs non verbal interpersonal hypnosis with transfer of energy and telepathy to client till deep sleep when he implants the required personality, ideas, emotions, motives and attitudes into the subconscious embodying the required state.

The subconscious and conscious mind will have same agreed upon analysis and targets for immediate results in that session of 3 hours.

Results: The healer got patent in Egypt 2016 for his discovery of The Immediate Healing for Personality Development and for mentioned purposes. Up till now treating more than 700 cases aging between 12 and 80 years with relief of more than 80% of cases either totally or mostly.

Conclusion: Immediate non medicinal revolutionary life transforming healing for a wide spectrum of cases achieving higher grades of maturity, insight, harmony and efficiency saving client time, effort, interests and complications. Also used to maturate community leaders to be a trouble shooter model efficient leaders with team spirit.

Keywords: Immediate Healing; Personality Development; Neurotic Diseases; Psychosomatic Disorders; Smoking; Obesity; Sleep Disorders

Introduction

In history there were few healers who used their passion and spiritual effect to flood patients with healing energy (Figure 1).

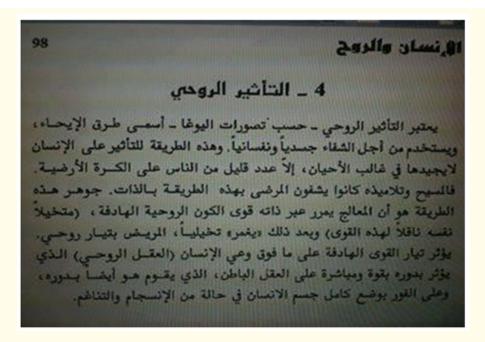


Figure 1

Spiritual effect

According to Yoga concept, spiritual effect is the highest suggestion methods, and was used for psychological and physical healing by few on earth including Jesus and his disciples. Basically the healer invites cosmic (universal) energy to pass thru him, imagining that he transfers this energy to immerse the patient with a spiritual current that affects his spiritual mind and thru it the unconscious to puts the whole body in harmony.

It was then called miracles but American scientist Gregg Braden (Figure 2).



Figure 2

Had a scientific elaboration of this issue.

In script containing video it was shown by sonogram how bladder cancer was relieved in medicine-less hospital in China (Figure 3).

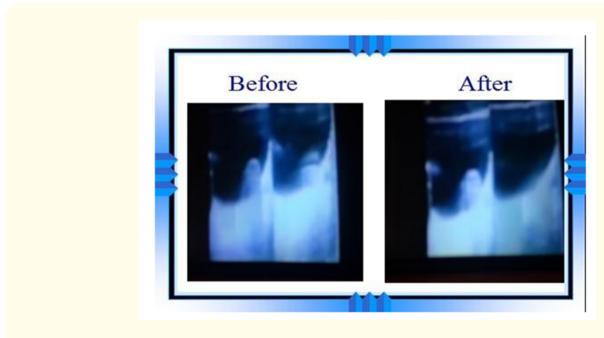


Figure 3

And was said that the American Airforce proved in 1986 by sound experience the existence of a connecting "ether" field (*Scientific Journal of Nature*, August 1986 volume 322) where emotions can change the DNA over distance. It was defended that this healing effect should be wide spread in famous media, and could change science despite that whole careers were built on denying its existence, but now it is proven that the field is there [1] (Figure 4).



Kundalini Yoga can be used to release Kundalini, rotate energy, clear anxiety and cleanse the unconscious [2]. And during practice of Mantra Yoga Meditation Practitioners could be initiated to release kundalini using it for self help and to rotate its energy which later can help with hypnosis to transfer energy to clients.

As a medical doctor then a diplomat the healer was trained in Group Psychotherapy, Hypnosis, Silva Mind Control, NLP, Reiki Master, Prana Healing, Life Couch, Mantra Yuga Meditation among others courses for psychic powers, Quantum Touch and Family Constellation.

For being telepathic and because the healer learnt how to move Kundalini energy in mantra Yuga meditation. In 1997 it was noticed that using nonverbal interpersonal hypnosis experimentally with courtesy clients could induce certain states of mind by telepathically transferring imagined ideas, emotions, motivations and attitudes.

Normally with verbal hypnosis required personality development can face certain resistance because the conscious mind is still awake to listen to instructions and answer possible questions, but nonverbal hypnosis's can lead to deep sleep hence weaken the resistance to the telepathically transferred message to be implanted into the unconscious. Though encouraged by the positive immediate results of clients introduced by friends of the diplomat and Ambassador healer in Guatemala and Namibia, it wasn't easy to make follow up of the cases after months, but It was after retirement when the method was developed to ensure a durable harmony between the conscious and unconscious mind, so just before that hypnotic session a full analysis of the physical and psychological complaints including childhood age

experiences was done so that a common understanding with the client on the analysis and required physical and personality targets to be implanted into the unconscious can be found to have deeper and more stable harmony between the conscious and unconscious minds, so cases analysis, targets and results were written and the practice was done professionally on commercial basis. Then on February 25th, 2016 The Egyptian Highest Council of Culture - Author rights department got the healer patent (number 1022+25) for a 25 paper research in Arabic, including in addition to CV, theories and method a number of 20 testimonies who confirmed their explained cases and results. The patent certificate for immediate discovered healing for personality development included that it can also be used to treat neurotic diseases, psychosomatic disorders and eliminate obesity and smoking [3]. Due to the high success and reputation, then as will be mentioned in results references, the healer was hosted in several TV, and Radio interviews in addition to press articles in Egypt and an American documentary film made by a Cinema director who tried the healing and was shown in international festivals. Moreover presentations on that healing were praised as phenomenal and worthy in recognition certificates from 4 international conferences in Vienna, Paris and Copenhagen on psychiatry, psychology, mental health, neurology, neurological disorders and dementia.

Methodology

Courtesy experimental trials outside of Egypt had short unwritten interviews without deeper analysis of the cases so the positive spontaneous results were not followed up on later days. Around 500 cases, they were adults, mostly females willing to develop their personality and eliminate psychosomatic disorders, smoking and obesity. So after describing their case and usually evening time to ease sleep, they were asked to close their eyes on a bed in a calm room. The healer sits down several meters away and without moving, touching nor speaking and in less than an hour the healer embodies them passing thru hypnosis stages till they are in deep sleep, so the healer lives their required personality and upload it on transferred energy to telepathically immerse the unconscious with emotions, ideas, imagined attitudes and motives according to their agreed on desires. They wake up normally feeling a new state of body, mind and soul; sometimes clear minded that they got their goals or feeling new but willing to test themselves in the upcoming days. None of these clients were children, psychotic or addicts.

Later cases were documented, and to guarantee a stable harmony on sound basis between conscious and unconscious mind, around 200 cases till now, they were subjected on average 2 hours of analysis to jointly understand the underlying reasons of symptoms and signs on conscious level, reaching to childhood era, and reshape attitudes accordingly and teach cases to shift their emotional attention outside the psyche as a policy, so the dialogue part of healing is a cognitive, logo behavioral psychotherapy.

Then in less than one hour, the non-verbal hypnotic part is done till deep sleep, as above mentioned, to implant the agreed on analysis and targets into the unconscious and when awake they were asked if they feel that the numbered psychological and physical targets were achieved in principle, because they are followed up the next day at least or later to confirm. It is important to have a next day follow up because if they didn't sleep deeply the result is temporary and they are given a guarantee to freely repeat the hypnotic session even with their sleeping pill. To avoid some of these cases normally they are asked first and foremost if the client has a sleep disorder, if so, the treatment can be done if they accept to use the pill and their sleeping order is corrected as agreed during their sleep, because the immediate healing in addition to hypnosis and psychotherapy depends mainly on embodiment and telepathy make energy transfer.

The treatment is normally for seriously desiring adults to be able to jointly make the analysis. If the client was a teen the parents were separately asked to add to his story. The session is usually with the client alone except if they want to be accompanied. Never for children, psychotics or addicts to avoid probable misunderstanding or negative later effect of addiction company. Most of patients were females and they tell more than males about themselves which helps the diagnosis; all were educated and well off. The treatment is non medicinal, painless and without complications. It is not done if hypnosis is contraindicated in any case. Results are in more than 80% of later cases, either completely or partially cured, do mainly spread by word of mouth. Except otherwise intended by the client, they will find themselves, due to the implant, spontaneously directing their emotional attention outside their psyche. Nevertheless and despite follow

up difficulties it is intended to make also a longer range follow up around 6 months after treatment and have more detailed description of results to be sure of these accurate statistics and comparisons as the number of cases increase. Hopefully as once indicated in a congress invitation letter the presentation and Probably this published text will help launch a wave of researches about the matter.

Results and Discussion

There are several ways to feel convinced of results as follows:

- 14 Minute American Film about healer work as healing experienced by cinema director. The film is called "Psychic Psychist" that was Part of International film titled "Psychics among us" that went to cinema and video international festivals in Athens Ohio and Thanksgiving competition [4].
- 3 Minute explanation to client before therapy [5] (Figure 5).
- Result of healing same client [6].
- Interview on Nile TV International Egyptian TV about using this invented immediate one session personality development
 method to improve leadership skills and personality of business and government leaders to increase productivity and capacity
 for team work while feeling tension free, happy and in harmony enjoying peace of mind as suggested and agreed in principle
 during the interview program [7].
- An article in the English language Egyptian Streets newspaper titled "Meet the Egyptian Ambassador whose Psychiatric work has been recognized globally" The article testifies in English what has been mentioned in numerous TV, Radio, Press, Seminars in Arabic about the healer's patented work and the recognition certificates obtained from International Conferences and Congresses describing his presentations as phenomenal and worthy [8].
- Professional page in Facebook for further details. Including post on testimonials, certificates, media coverage in Arabic and English, patent certificate, conferences and seminars. All these couldn't be done except if high reputation for results was achieved [9].



Figure 5

Best results happen for non neurotic cases and psychosomatic disorders, because they are helped to have a more mature, serene, efficient and happy personality relieving their tensions, negativities and conflicts which help them have abundant flexible energy, so they can also become troubleshooting leaders dealing at ease with energy suckers and others and making tireless team work as good example.

With neurotic patients results are good; easier in depression, anxiety and phobia than in obsessive compulsive neurosis as some of the later tend to recheck themselves even if not feeling the obsession, so more follow up is needed with them.

Clients who hide their stories are not helping the diagnosis and results. Rarely clients didn't truly agree with diagnosis in basics so it wasn't possible to implant a healing message hypnotically.

Though this healing is motivating and can increase the immunity for clients having other terminal diseases, for example as cancer, but because I can't measure the improvement I offer to change the attitude of patient towards the disease if needed.

Easier to treat obesity than smoking because of nicotine withdrawal, so some smokers have gradual or partial results.

It is also useful for mental rehabilitation.

Conclusion

Immediate healing for a wide spectrum of cases achieving higher grades of maturity, insight, harmony and efficiency saving client time, effort, interests and complications. Also used to maturate community leaders to be trouble shooter model efficient leaders with team work spirit. And in addition to personality development and psychosomatic disorders can be used for treating neurotic diseases, obesity, smoking addiction and sleep disorders, so can be applied, separately or in team work, at clinics, spa, holistic centers, leader formation and research centers. The immediate effect save clients time, interests, drug complication and suffering. So can also be used in excellence centers for public figures, business men who want to be in form.

Acknowledgment

I wish to express my gratitude to Dr. Hussein Khaled, Professor of Medical Oncology, who helped me write and revise this Research article.

Conflict of Interests

None as yet.

Disclosures

NB: These data where presented at "28th Euro Congress on Psychiatrists and Psychologists" July 05-06, 2018 in Vienna, Austria, at "Annual Congress on Mental Health" July 09-11, 2018 in Paris, France, at "4th EuroSciCon Conference on Neurology and Neurological Disorders" 12-13 July, 2018 in Paris, France, and at "10th World Congress on Dementia and Alzheimer Disease" August 16-17, 2018, Copenhagen, Denmark.

Instant Personal Development from a Distance, Op-ed

Can you believe that you can now reach the highest levels of maturity, happiness, inner peace, and competence, and be able to work without tension, lead teamwork and resolve crises, in addition to getting rid of negative habits such as obesity, smoking, and insomnia, and to get rid of related psychosomatic symptoms in around three hours without leaving your home or exposing yourself to the dangers of Coronavirus, even if you are residing in another continent!



Figure A

This is what became possible as an adaptation to the Corona precautions after medical doctor and former ambassador Dr. Hadi Eltonsi developed the life-changing immediate healing for the personality development who holds its intellectual property and is published as a research paper in a British Journal of Psychology and Psychiatry after two rounds of peer review.

So that it can be conducted remotely in addition to using it in the presence of the recipient, and thus expanding the possibility of developing the personality to other continents without the necessity of travel, and where it was possible to present it to regions that reach California in the west and Sweden in the north overseas and oceans, as the US Air Force has already proven that passion can affect DNA, and thus body chemistry, across hundreds of miles through an invisible field in which energy, thoughts, and feelings are transmitted.

In contrast to the lengthy dialogue session for two hours in presence with an agreement to analyze the personality of the recipient, his demands, complaints, and goals in what is known as cognitive-behavioral psychotherapy, the same session can be conducted by video using free calls applications, and the agreed-upon result of the dialogue can be implanted onto the unconscious mind through silent hypnosis and imagination, impersonation, transfer of energy and telepathy, overwhelming him with thoughts, emotions, fantasies, attitudes, motives and goals.

And the recipient wakes up, as usual, to enjoy a new, compatible, permanent harmonious state for his body, mind, and soul that he also discovers through his days and follow-up that it is in accordance with the agreement. Remote implanting is performed during the recipient's sleep hours, with his consent, to ensure that he is in a deep sleep, which increases the effectiveness of development or remote treatment, which has recently increased in physical presence until reaching 92% success rate.

Since the discovery of the immediate development of the personality as part of the immediate healing for Personality Development began in 1997 and then its development through about nine hundred cases it has been shown at 7 scientific conferences in Europe recognizing it as exceptional and worthy, in addition to 18 seminars, 18 television interviews, 6 radio and two American films, one of

which won about the innovator In the 2017 Gala Venice International Festival and the third Egyptian, entitled Doctor of Happiness, directed by Sherif Gaber Salem.

In the film, the author brought together the merging of psychiatry, psychology, complementary medicine, parapsychology, human development, energy, mental control, yoga practices, and self- psychological development, so that it is considered an addition not a substitute for the mentioned sciences to treat those who wish between 12 years and the elderly, but it does not treat patients with psychosis, addiction, and children, so it can be used alone in home or clinic or within a treatment team in educational or medical or complementary or training centers to prepare leaders in companies and institutions and tourist installations or hospital clinics, so you can imagine what a neurotic would feel if he shortened the period of drug treatment in one session without complications.

Some important personalities want to avoid losing their interests and relationships with a treatment that lasts for years, and you can imagine that there are wealthy people who are unhappy and that in 3 hours they can change their lives exactly as indicated above, with the satisfaction of getting rid of obesity, smoking, and insomnia.

AAnd since several countries hold innovation competitions and as they seek to develop their scientific and medical positions internationally, and because they work to develop tourism, why do Universities and Ministries of Health not care about adopting this unique treatment? And is it possible to imagine the gain of using it in a hospital center of excellence that attracts famous businessmen, art, public figures, and leaders without the necessity to travel and go to clinics to recover from a mental illness immediately or to reach the highest states of maturity, happiness, effectiveness, and creativity? And what can that add to the the country's reputation medically, in tourism, and internationally?

Stay safe at home, and mature your personality while you sleep.

Tags: Corona Coronavirus Doctor of Happiness Dr. Hadi Eltonsi Personal Development.

Treatment methodology

1- Personal development: It includes a Personal Center of Excellence.

In universities, banks and educational institutes on the basis of evaluation of treatment with a counselor in psychotherapy who takes on the dialogue part of treatment or personal development to cope with the increase in the number of those who wish.

- 2- Immediate treatment: It includes a personal treatment center:
 - a. Session room.
 - b. Instant Personal Development from a Distance, Op-ed.

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- Doctor of happiness 11 minute film: https://www.youtube.com/watch?v=ruulhc7Uh6Y
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- http://see.news/international-recognition-of-egyptian-medical-discover/
- https://www.aldiplomasy.com/en/?p=19826

Personal Information

Name: Dr. Mohamed Hadi Eltonsi

Born: 12/9/1951, Married, living in Austria and Egypt.

Study: MB, BCh. Faculty of medicine, Cairo University 1975.

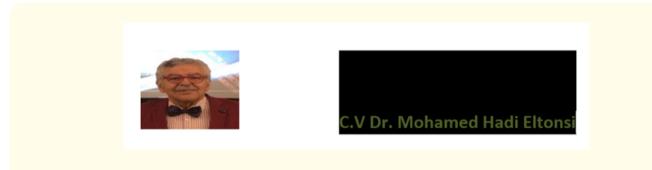


Figure B

Courses

In addition to diplomatic courses at the French High Institute for Public Administration and The German Institute for International Development, I Attended several medical psychological and parapsychological courses and practices of Psychiatry and spirituality that made me group psychotherapist, non-verbal interpersonal hypnotist, conversational hypnotist, life coach, Reiki master and expert in mantra Yoga, Prana Healing, Silva Mind Control, Quantum Touch, Family Constellation, psychic powers training as telepathy, energy transfer and all helped in implanting into subconscious thru hypnosis, imagination, impersonating, energy transfer and telepathy.

Medical career

During medical college study I got voluntary training for 18 months on group psychotherapy. After graduation and internship year I worked as a medical reserve officer for 15 months then joined the diplomatic service during which I had the above medical, psychological and parapsychological courses and was trained for 2 years by a private psychiatrist to continuously shift my emotional attention outside the psyche to always feel at ease as a troubleshooter with abundant flexible energy ready to face situations without tensions, conflicts nor inner negativities. Same as I enable my clients to be thru my single three hours session of patented Immediate Healing for Personality Development since 2016 and published in a research article in The British EC Psychology and Psychiatry on November 1st, 2018.

"Dr. Hadi Eltonsi was selected as Chair of the Welfare and Medicine Council of the Earth Loving Friendly Organisation ELFO that published in the October 2021 issue of the organization's magazine his inaugural speech calling for the application of "immediate development of leadership personality over distance" on interested managers for developing productivity quantity and quality wise in institutions, firms and societies and furthermore training talented healers to spread this life-transforming medical revolution worldwide to alleviate suffering, improve productivity and spread peace and happiness. Among the members of said organization are six hundred representatives of leaders, celebrities, politicians, diplomats and professionals worldwide".

Since 1997 whilst working as a diplomat abroad I started transferring required states of mind to around 500 volunteers by nonverbal interpersonal hypnosis, impersonation, energy transfer and telepathy, then since 2015 I started making a session of logo, cognitive, behavioral psychotherapy prior to the hypnotic session on 200 cases with 80% success to ensure harmony between the conscious and unconscious minds and permanent stable result with a base that client is aware of and agreeing on. Actually practicing the Immediate Healing for Personality Development in several clinics and holistic centers in Cairo apart from seminars, government TV, Radio and press coverage in Arabic and English. My Keynote speaker presentation was praised in recognition certificates as phenomenal and worthy in 7 international conferences and congresses since June 2018 in Vienna, Paris, Athens, Copenhagen and Dubai. In some of these I was also OCM and poster presenter. Kindly revise my professional Facebook Page" A new start for your body, mind and soul".

https://m.facebook.com/dr.hadi.eltonsi/

And my LinkedIn profile http://linkedin.com/in/hadi-eltonsi-28096b29.

Publications

- A research article on Immediate Healing for Personality Development published in the British EC Psychology and Psychiatry on November 1st, 2018.
- https://www.ecronicon.com/ecpp/volume7-issue11.php
- https://www.ecronicon.com/ecpp/pdf/ECPP-07-00358.pdf
- A research in Arabic on Immediate Healing for Personality Development for which I got patent in Egypt on 2016 as a Healing that
 also works for treatment of neurotic, psychosomatic diseases and disorders besides obesity and smoking addiction.
- Motivational2 books in Arabic whose articles were published also in Egyptian press and English Translation of the first in Amazon" How to have insight and harmony" and articles published in New Era Namibian.
- Newspaper in a column called" Egyptian Morality and Wisdom" Photos enclosed.

Treatment procedure

After joint analysis with Client and definition of psychological and physical goals of treatment, I as a trained behavioral, cognitive and logo psychotherapist arrive with client to a new corrected understanding of the case and roots of conflicts in childhood, taking around 2 hours, then in less than an hour perform nonverbal interpersonal hypnosis with transfer of energy and telepathy to client till deep sleep when I implants the required personality, ideas, emotions, motives and attitudes into the unconscious embodying the required state.

The unconscious and conscious mind will have same agreed upon analysis and targets for immediate results in that session of 3 hours.

When clients awaken he is asked to confirm achieving treatment goals in principle and again after at least 24 hours from treatment to ensure his content after real life tests. Further follow up according to client need is available at his request whenever possible.

Media activities

12

Films

The number of films now 3, 7 conferences, 20 television interviews, 6 radio, and 19 seminars the number of cases increased from 700 to 900.

American 14 minute documentary called Psychic Psychiatrist that formed part of a longer documentary called "Psychics among us" shown in Athens, Ohio, and Thanksgivings International Festivals.

https://youtu.be/zCR80w8SxLU.

Part of an American film inspired by my skills called the Messenger in which Dr. Eltonsi played main role. It won best international award in Gala Venice film festival 2017 and was shown in 51 international film festivals.

https://youtu.be/NKzuuAsnimc.

Interviews TV, Radio, press and Seminars.

They are many since 2016 after getting patent for this immediate Healing. As an example, only during my stay in Egypt from November 2017 till End of March 2020 I had 16 interviews in private Governmental TV, 6 in Radio, and 15 seminars including at the most prestigious Public library, cultural and diplomatic fora and else.

Most of these naturally are in Arabic and can be found in my Facebook professional page, but will add links in English as follows.

My interview on Nile TV International about using my invented immediate one session personality development method to improve leadership skills and personality of business and government leaders to increase productivity and capacity for team work while feeling tension free, happy and in harmony enjoying peace of mind as suggested and agreed in principle during the interview program.

http://youtu.be/ioHO9U_NLzo.

https://egyptianstreets.com/2018/07/24/meet-the-egyptian-ambassador-whose-psychiatric-work-has-been-recognized-globally/.

https://see.news/instant-personal-development-from-a-distance-op-ed/.

https://youtu.be/jWH22u7y1ZI.

Story of success tv program.

Another testimony to the importance and validity of this discovery is a 11 Minute documentary done recently with subtitles called Happiness Doctor whose link is here mentioned.

https://www.youtube.com/watch?v=ruulhc7Uh6Y.

http://see.news/international-recognition-of-egyptian-medical-discovery/.

https://www.aldiplomasy.com/en/?p=19826.

Short article to explain Diplomatic Career.

https://see.news/egypts-hadi-eltonsi-to-take-over-the-helm-at-elfo-sada-e/

After joining the Egyptian Ministry of Foeign Affairs 1978 I had one year training at the Egyptian Diplomatic Institute then worked as a diplomat at the Egyptian Embassies in Lisbon, Bolivia, Panama city, Moscow and Guatemala city. Then became an Ambassador to Guatemala and Honduras 2001-1005 where he was decorated with the highest order of El Quetzal, and to Namibia 2006 to 2010.

At the Ministry I worked at geographical departments of North America, Western Europe, Eastern Europe, Asian countries, Alternate Delegate of Egypt to the League of Arab States, Deputy Assistant of Protocol, and Director of International Conferences Department. Retired in 2011.

Communicate

Cairo starting November 1st, 2020

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Vienna perhaps starting

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