

The World Concerns of Covid-19 Pandemic in People's Daily Life

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The worlds' today status is abnormal and we all live in a bad condition on our planet orbiting in an unlimited and unknown space, in stress, tension, anxiety, fear of death and so on for so many reasons one of which is the outbreak of an unknown virus called Covid-19 or Corona virus so-called emerging out of a city in a country far from the center and west of the world populated unlimited.

COVID-19 rapidly spread from a single city to the entire country in December-2019. The sheer speed of both the geographical expansion and the sudden increase in numbers of cases surprised and quickly overwhelmed health and public health services in China, particularly in Wuhan City and Hubei Province. Epidemic curves reflect what may be a mixed outbreak pattern, with early cases suggestive of a continuous common source, potentially zoonotic spillover at Huanan Seafood Wholesale Market, and later cases suggestive of a propagated source as the virus began to be transmitted from person to person [1]. This is something all information sources and the Media reporting around the world round the clock, but some reject and claim different ideas and reports. In spite of the fact we are faced with a big challenge in our living today in share and no way out to neglect or forget it for now, all are searching for a way skipping forward but it is more pandemic and dangerous for people and communities living to put it aside easily and with low cost.

Covid-19, our new and may long-time guest has brought about so many different concerns for our planet living creatures and mostly, up to now, people to be feared and loss hope to live safe and immune, since it is too dangerous, complicated and mysterious to be prevented, controlled or be stopped. There is no a specified treatment because it is a new and unknown one in its type and no special drug has been manufactured for it, too. Now, what is the way out of the challenges and the problems we are confronted with it today due to Corona virus outbreak, the big concerns the world is faced with today such as fear, stress, tension, anxiety, hopelessness, unemployment, hard living, high living costs, disease, death, home lockdown, water waste, repeatedly washing hands, using different detergents frequently, a big and serious problem, home challenges and clashes, no reason divorce, psychological problems, being depressed and anxious at home, hospital and health centers heavy costs, shortness of Corona virus specialists, hospital staffs and some physicians to be afflicted, staying in hospital for a long time far of home, and so many uncounted concerns out of this survey to be listed from around the world.

At present, no effective antiviral treatment or vaccine is available for COVID-19. However, a randomized multicenter controlled clinical trial is currently underway to assess the efficacy and safety of abidole in patients with COVID-19 (ChiCTR2000029573). Global response efforts aimed at deciphering the pathophysiology of COVID-19 have led to the EU mobilizing a €10,000,000 research fund to "contribute to more efficient clinical management of patients infected with the virus, as well as public health preparedness and response". US-based companies launching COVID-2019 testing kits and United Kingdom (UK) investment £20,000,000 to help develop a COVID-19 vaccine. Suspending all entry of immigrants and non-immigrants having travelled to high-risk zones, Hong Kong acts on suspending several public transport services across the border and Strikers demanding that the border to mainland China be closed completely to prevent further COVID-19 transmission, however, it may be against advice from the WHO". In addition, growing fears regarding China's economy and most of the countries has led them to invest to support the stability of their currency markets [2] and these are some examples and concerns the world met since Covid-19 outbreak.

We exactly know that there are few studies to present and define the pathophysiological characteristics of the virus and its mechanism of spread is not certainly clear and known to us up to now. Then, what shall we do, what's the way out to decrease even the communities concerns toward its dangerous identity and spread to help people through this way to live safely and in peace far from fear and stress waiting for early death. The people are afraid of their families, relatives and others as well, in some families may there has been reported 3 death due to Corona virus and nobody knows why!?. In Europe and in US, the epicenter of the challenge so many death has been reported with a problem in their funeral and the next outcomes. Most countries such as developing countries and Africa to South America are in danger for confronting a crisis and no enough equipment and funds sources to fight against it without any even financial concerns, as well. Some clashes and unwanted wars, sanctions, hatred and animosity between some communities in the era of Covid-19 ruling rules the world, too. We have the best and modern technology today, the best laboratories being equipped, specialist of any scientific field, much experiences of research results, civilized culture and so many positive factors that can help us and the whole world to cope with this so-called weak virus, prevent, control, find a drug, vaccine and other different solving method to stop and eradicate it forever. Then, the world concern on Covid-19 or any disaster and crisis should be considered and enough efforts and try explicitly done to put the planet in its good running order since the populations need it for now and ever. However, there is some recommendations from different sources, news agencies and media that the best way to prevent infection is to avoid being exposed to this virus, as a reminder, CDC always recommends everyday preventive actions to help prevent the spread of respiratory viruses, including: wash the hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing. Using an alcohol-based hand sanitizer with at least 60% alcohol. Always wash hands with soap and water if hands are visibly dirty. Avoid touching the eyes, nose and mouth with unwashed hands. Avoid close contact with people who are sick. Stay home when sick. Cover the cough or sneeze with a tissue, then throw the tissue in the trash [3].

All these are important and a necessity to be conducted to save lives anyway but so important is the psychological aspect, challenges and social concerns people have that should not be neglected and forgotten. Individuals and the society will be in chaotic status when there is so many psychological problems and unsolved concerns. This is an opportunity for our planet, for the communities and all living creatures not only to defeat an enemy in common, but to make a common future for all; a future in which all people are and will be happy, safe, immune and enjoy and empower to have the right to the highest attainable standard of health and wealth and have the right to live far from any concerns because that right is their right. Something else that can be a good help to lessen the psychological concern of a society may be social resilience defined as conflicting ways, and as a strength, bringing together disparate groups, people, institutions, disciplines and scales, values and trying to unite all positive affairs against a challenge and cope with it, then a major mission for policy makers lies in how to deeply inject values and to navigate tradeoffs in resilience between groups, locations and timescales and improve it thoroughly. We should take the best use of mass and social media by reframing issues in a way to help populations affected by shocks and stresses be responsible for securing themselves with the least cost and resiliency should be well practiced and understood by the society [4]. Through this way the society will be power enough to cope with the sudden impact of outbreaks, crises or disasters, and to restore as quickly as possible their ability to function well and in a good status, children also should be well trained at home from childhood to learn and practice resiliency deeply and try to experience it freely for a better and patient society in the future. We conclude from the above texts that we are in danger every time and then we need to be ready for any challenge and crisis upcoming soon or late and being ready also needs some acts, practice and effort to be done globally, united, with integrated participation, sharing knowledge, peace, kindness, forgiveness and improving social capital and being more civilized based on true and explicit knowledge and science. This is what our small planet needs however, we trust in God as well.

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