

## When Senses don't go beyond Basic Level

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**Received:** April 24, 2019; **Published:** July 09, 2019

What would be one's opinion about a person who can't smell, don't know how certain foods taste alike while having perfect physiological functions and perfect results from taste bud tests. Do you ever wait for your family members to come and make you sure that food is not spoiled, so you can eat? Ever it happened with you that you ate whole spoiled food and just knew it when you started vomiting or your stomach started complaining about spoiled food? Gas burner was on and you did not smell at all? Whole Perfume bottle is empty and you did not recognize which particular smell it contained or did it even contain any smell?

In our usual surroundings, we don't find a person like this. The reason is very obvious! We all smell and taste well. But for me the case was different since early childhood.

It was a normal afternoon lead me to play with my peer group. While running and afraid of chase, I just jumped from a 4 feet wall. A small cut near brain stem headed toward no smell, and basic tastes. Since then, milk is tasting like a thick water. All salty foods are of same taste. I don't know how different foods taste alike. For me, there are only three or four tastes: Sweet, Sour, Salty, tasteless. If I drink something with closed eyes and it has sweet flavour, I won't be able to recognize whether it is a mango, peach or water melon juice. Same case is with milk shakes. I know only one taste, that is milk shake, it does not matter whether it is mango milk shake, peach, apple or banana.

For me all types of cooked rice taste alike, salty, sweet or sour, that's it. Nothing else taste I know! Same case is with fruits and vegetables, my senses don't like to go beyond basic level, they are unaware of further routes because of an incident that made them blind or restricted. Like our Asian society's women, they can't step ahead from basic level due to cultural boundaries and sometimes due to societal setup that is embedded deep inside since generations. Restrictions does not let them to taste all flavours of life.

Sometimes, while living in a world where such types of problems are not very common, defining ourselves becomes very difficult, does not matter it's the case of senses only or other aspects of life. In case of senses, by now, I just saw this case with me only. Who knows how difficult is to live without smell and taste senses!

Living in a society where everyone wants to see a girl perfect & physiologically fit (and the criteria of physiologically fit is beyond one's imagination, covering every beauty aspect with a high standards of beauty's definition) I become reluctant to disclose about my senses' break up with my brain's physiology!

For me it was not only the case of difficulty, indeed it helped me to see the other side of the picture which is more beautiful and romantic sharing a sweet and sour relationship with each other (my senses and brain's physiology).

Till this age, I am living in a world where smell exists only when my stomach reacts to bad smell. And what about good smell!! Does it even exist? For me, a big NO. Bad smell exists because my stomach let me know that its about to out of my mouth because around me there is some bad smell. Senses does not help brain's physiology to recognize smell. Brain's physiology has to be more active at its own for this thing and yes it works well most of the time.

Whenever, I am confused whether this food tastes well or not and I have to eat, brain's physiology helps me very well here. It hastily completes all neurological activities in a perfect manner and alerts my stomach about something upset and unavoidable activity is going to happen. In return my stomach within a single bite comes in action and obviously the next step is vomiting out the spoiled food. Either brain's physiology loves senses or stomach more, it takes care of both. It never let senses down due to their inability to work well, they never let stomach fall sick due to my faulty senses. Sometimes, I am amused how well the whole inner process can work when the first one or outer one is not working at all or working well. Till now, my understanding is that our organs and physiology love each other unconditionally and unlimitedly. For our physiology and organs' universe, there is no "you" and "I", they are "us", no blame theory, no terrorist activity and no restrictions, there is HELP and PROTECTION to each other.

**Volume 8 Issue 8 August 2019**

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