

## EC PSYCHOLOGY AND PSYCHIATRY Conceptual Paper

## Meet autism Dentist; Dr. Amy

## Tony Tran\*

Asian American Scholar Studies Group, USA

\*Corresponding Author: Tony Tran, Asian American Scholar Studies Group, USA.

Received: January 25, 2019; Published: April 02, 2019

More than 10 years ago, I welcomed my niece Amy to America... I have been warned that she has suffered some kind of psychological problems including autism since birth due to the fact of late pregnancy and the hardship from poverty that she has not been feed properly... And the first contacts that I interacted with her in the airport; confirmed to me that my Amy did have problems that I promised myself that I will help her as the best of my ability to make it in the new chapter of her life.

So as time went on... I had more opportunities to contact and interact with her... I have discovered the fact that my Amy is very smart but impassive... She has emotion, but has problems to convey her feeling... She recognizes the reality, but she has not been able to deliver her core communicational skill and verbal expression... I learned all of these through the verbal communication and non-verbal clues including her eyes and body gestures... And I have concluded that my Amy can be a subject, for me to take on the new challenge to encode the mystery and might be to bring her out from her misery.

And so I offered to Amy an absolute love and told her that if she needs anything... Just ask uncle Tony and I will do it...I noticed that things have been changing bits by bits... Beginning with the Hugs.. I began to feel that she started to get the real feeling of love and each time she got a hug from uncle Tony. she felt warmer and warmer... And her eyes were getting more lively each time we met...The breakthrough happened in a conversation when I cracked a joke and she was laughing.... And one night I received a phone call from Amy that she wants to Mc Donald for breakfast.

I then made a critical decision that will change everything on Amy life forever... I found her a man...Yes indeed, I figure that if things did not work out, there is nothing to lose, but if Amy can convey and receive the feeling that will be a new cycle that will start the move to the right track... In the meantime, I ordered Amy (Boyfriend) to keep track of what is going on in the daily phone report... Within 3 months... I dare to conclude that my plan has been working perfectly... One day I called Amy to see How she was doing? She told me that she has to hang up on me to talk to her man.

Through my instruction, I suggested to Amy boyfriend to have the physical contact... And this process has changed the equation completely... Amy has become a very normal person and this thing is the best treatment for Amy.

According to Amy teacher... Amy was very bad in her first year, But in the second year... she became a totally different girl that she got straight A... She engaged in different activities and seemed that she has recovered in the most complete and unique way.

After high school... I enrolled Amy to a local community college and to everybody that she exceeds hr academic goal and lived her life at the fullest... Today, I proud to report that my Amy has just finished her dentist program in SUNY at Buffalo and does her intern in the VA hospital in upstate NY... She plans to get married next year... And LIFE IS GOOD.

From the moment I greet my niece in the airport... I was in tear to feel sorry for a little girl that she might have to suffer something very bad might be for the rest of her life... Today, I am in tear for joy that Amy life has been fulfilled and Amy story must be the template to many other people in the world.

Here are a few observations about Amy's story

- 1. There is always hope that Autism can be managed... depending on different factors and can be arranged case by case.
- 2. In this case... Uncle Tony treats Amy with a complete LOVE and DEDICATION.
- 3. The treatment process and progress can be tracked, adjusted and improved.
- 4. Autism is NOT a problem, the problem is HOW TO DEAL WITH AUTISM.
- 5. We must try everything to deal with the issue... The BOYFRIEND move.

**Final thoughts:** Today, I see Dr. Amy able to function as a fully capable human being because I take on the challenges and deal with it with complete love and dedication... I believed that Amy must notice the fact that uncle Tony has focused the attention and energy to helper.

Volume 8 Issue 4 April 2019 ©All rights reserved by Tony Tran.