

EC PSYCHOLOGY AND PSYCHIATRY Conceptual Paper

Awareness of the play

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Awour goal is to get to know the game and how it can change our lives if we deal with it.

At first we know what to play.

Play from the Roget Dictionary. fun, attention, pleasure, entertainment, spirit work, activity, relaxation, fun Playing from the Oxford Dictionary of the Pocket. Free movement in a certain range, a game, entertaining the game play fun, playing musical instrument.

Playing from my point of view is to return to his instinct within you.

We find the difference between play and games.

Playing a human need is to sell it using something tangible or the person himself.

Thus, playing and playing games are two sides of one's work to create pleasure and enjoyment for man in general.

Awareness of the game.. is the awareness of the person inside the game and can deal with him according to the goal does not want to achieve so as to be more enjoyable.

Any goal was treated with children.

With the same meaning as the inner child.

Researcher Eric Brin's theory says that every human being has three needs:

- Baby
- young man
- Father

All three traits must live within the individual in equilibrium.

Ideas to play the work.

In the end awareness of the game .. Journey transform to live life by playing to enjoy her.

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