

## Immediate Healing for Personality Development

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### Abstract

**Statement of the Problem:** Clients receiving psychotherapy require several sessions even if with drugs and use of will power over time.

**Purpose of the Treatment:** Achieving immediate non medicinal effortless painless healing without complications. For personality development, relief of neurotic disease, psychosomatic symptoms and diseases, treating emotional obesity and smoking.

**Method:** After joint analysis with Client and definition of psychological and physical goals of treatment, the healer as a trained behavioral, cognitive and logo psychotherapist arrives with client to a new corrected understanding of the case and roots of conflicts in childhood, taking around 2 hours, then in less than an hour performs non verbal interpersonal hypnosis with transfer of energy and telepathy to client till deep sleep when he implants the required personality, ideas, emotions, motives and attitudes into the subconscious embodying the required state.

The subconscious and conscious mind will have same agreed upon analysis and targets for immediate results in that session of 3 hours.

**Results:** The healer got patent in Egypt 2016 for his discovery of The Immediate Healing for Personality Development and for mentioned purposes. Up till now treating more than 700 cases aging between 12 and 80 years with relief of more than 80% of cases either totally or mostly.

**Conclusion:** Immediate non medicinal revolutionary life transforming healing for a wide spectrum of cases achieving higher grades of maturity, insight, harmony and efficiency saving client time, effort, interests and complications. Also used to maturate community leaders to be a trouble shooter model efficient leaders with team spirit.

**Keywords:** *Immediate Healing; Personality Development; Neurotic Diseases; Psychosomatic Disorders; Smoking; Obesity; Sleep Disorders*

### Introduction

In history there were few healers who used their passion and spiritual effect to flood patients with healing energy (Figure 1).

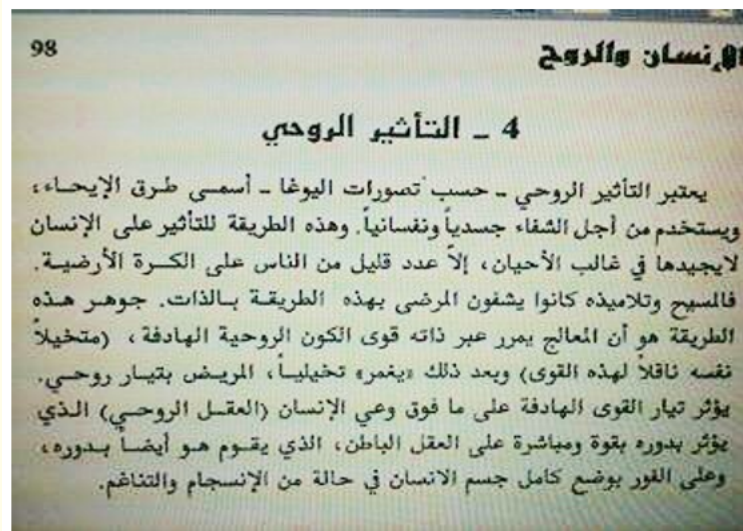


Figure 1

### Spiritual Effect

According to Yoga concept, spiritual effect is the highest suggestion methods, and was used for psychological and physical healing by few on earth including Jesus and his disciples. Basically the healer invites cosmic (universal) energy to pass thru him, imagining that he transfers this energy to immerse the patient with a spiritual current that affects his spiritual mind and thru it the unconscious to puts the whole body in harmony.

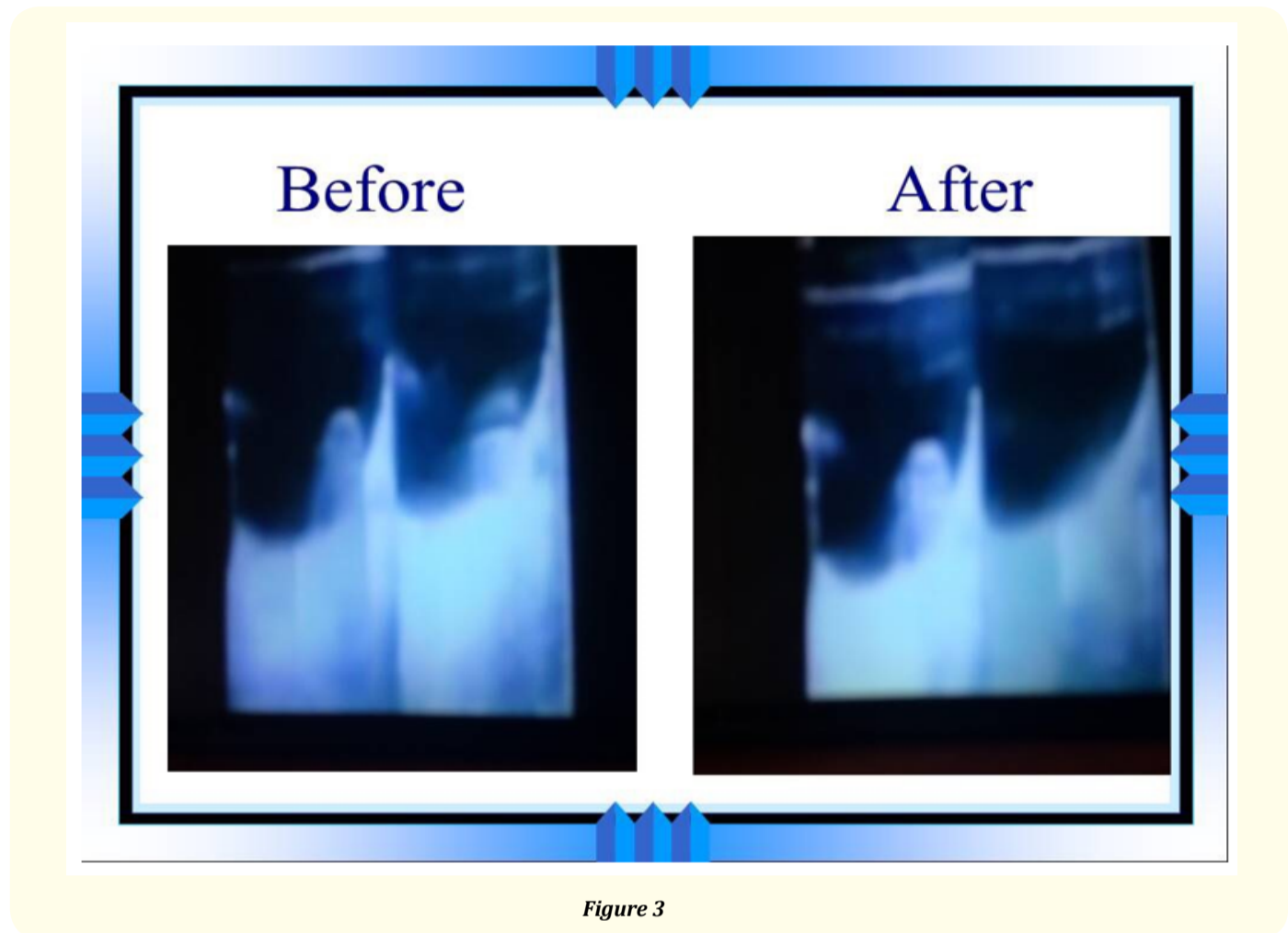
It was then called miracles but American scientist Gregg Braden (Figure 2).



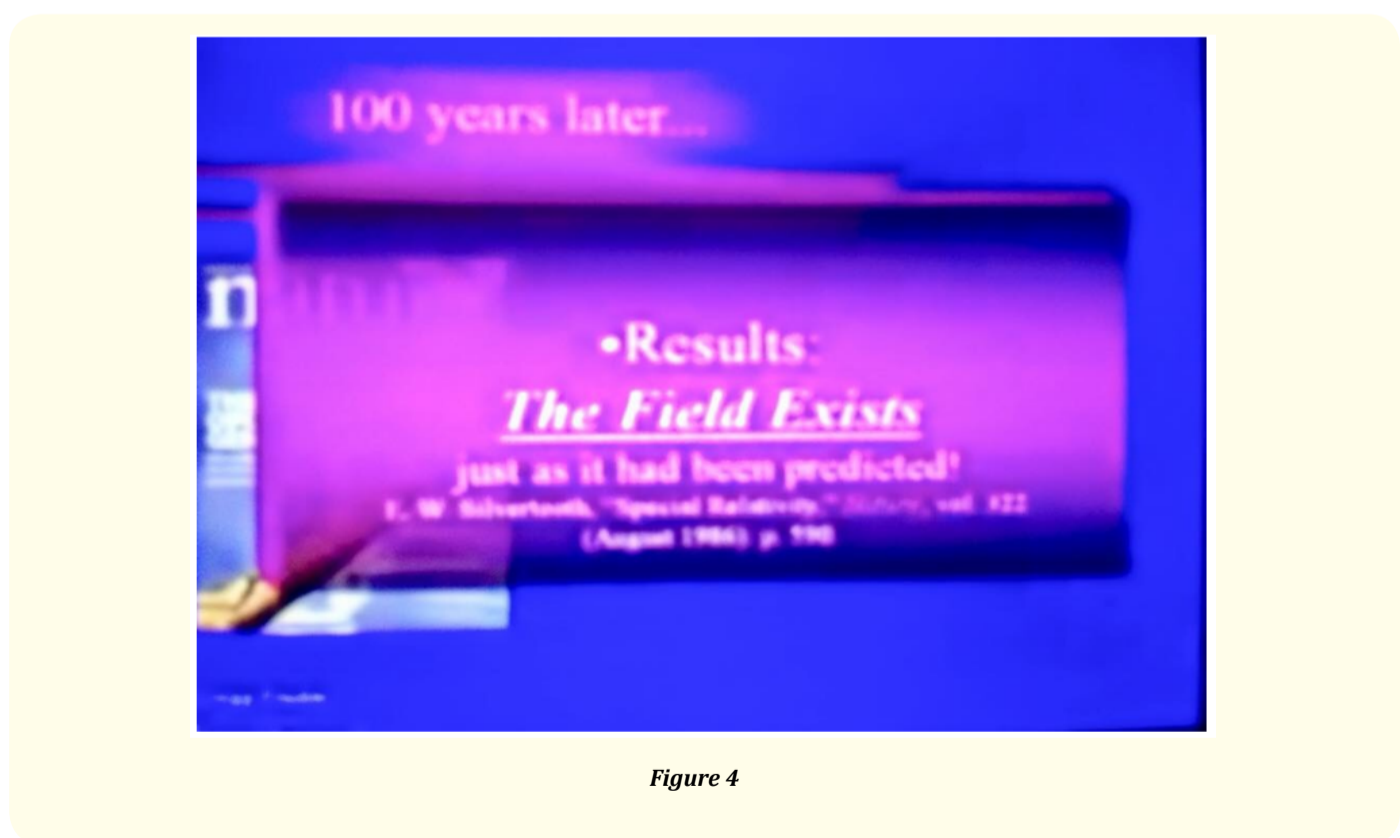
Figure 2

Had a scientific elaboration of this issue.

In script containing video it was shown by sonogram how bladder cancer was relieved in medicine-less hospital in China (Figure 3).



And was said that the American Airforce proved in 1986 by sound experience the existence of a connecting “ether” field (scientific journal of Nature, August 1986 volume 322) where emotions can change the DNA over distance. It was defended that this healing effect should be wide spread in famous media, and could change science despite that whole careers were built on denying its existence, but now it is proven that the field is there [1] (Figure 4).



Kundalini Yoga can be used to release Kundalini, rotate energy, clear anxiety and cleanse the unconscious [2]. And during practice of Mantra Yoga Meditation Practitioners could be initiated to release kundalini using it for self help and to rotate its energy which later can help with hypnosis to transfer energy to clients.

As a medical doctor then a diplomat the healer was trained in Group Psychotherapy, Hypnosis, Silva Mind Control, NLP, Reiki Master, Prana Healing, Life Couch, Mantra Yuga Meditation among others courses for psychic powers, Quantum Touch and Family Constellation. For being telepathic and because the healer learnt how to move Kundalini energy in mantra Yuga meditation. In 1997 it was noticed that using nonverbal interpersonal hypnosis experimentally with courtesy clients could induce certain states of mind by telepathically transferring imagined ideas, emotions, motivations and attitudes.

Normally with verbal hypnosis required personality development can face certain resistance because the conscious mind is still awake to listen to instructions and answer possible questions, but nonverbal hypnosis's can lead to deep sleep hence weaken the resistance to the telepathically transferred message to be implanted into the unconscious. Though encouraged by the positive immediate results of clients introduced by friends of the diplomat and Ambassador healer in Guatemala and Namibia, it wasn't easy to make follow up of the cases after months, but It was after retirement when the method was developed to ensure a durable harmony between the conscious and unconscious mind, so just before that hypnotic session a full analysis of the physical and psychological complaints including childhood age experiences was done so that a common understanding with the client on the analysis and required physical and personality targets to be implanted into the unconscious can be found to have deeper and more stable harmony between the conscious and unconscious minds, so cases analysis, targets and results were written and the practice was done professionally on commercial basis. Then on February 25<sup>th</sup>, 2016 The Egyptian Highest Council of Culture - Author rights department got the healer patent (number 1022+25) for a 25 paper research in Arabic, including in addition to CV, theories and method a number of 20 testimonies who confirmed their explained cases and results. The patent certificate for immediate discovered healing for personality development included that it can also be used to treat neurotic diseases, psychosomatic disorders and eliminate obesity and smoking [3]. Due to the high success and reputation, then as will be mentioned in results references, the healer was hosted in several TV, and Radio interviews in addition to press articles in Egypt and an American documentary film made by a Cinema director who tried the healing and was shown in international festivals. Moreover presentations on that healing were praised as phenomenal and worthy in recognition certificates from 4 international conferences in Vienna, Paris and Copenhagen on psychiatry, psychology, mental health, neurology, neurological disorders and dementia.

### Methodology

Courtesy experimental trials outside of Egypt had short unwritten interviews without deeper analysis of the cases so the positive spontaneous results were not followed up on later days. Around 500 cases, they were adults, mostly females willing to develop their personality and eliminate psychosomatic disorders, smoking and obesity. So after describing their case and usually evening time to ease sleep, they were asked to close their eyes on a bed in a calm room. The healer sits down several meters away and without moving, touching nor speaking and in less than an hour the healer embodies them passing thru hypnosis stages till they are in deep sleep, so the healer lives their required personality and upload it on transferred energy to telepathically immerse the unconscious with emotions, ideas, imagined attitudes and motives according to their agreed on desires. They wake up normally feeling a new state of body, mind and soul; sometimes clear minded that they got their goals or feeling new but willing to test themselves in the upcoming days. None of these clients were children, psychotic or addicts.

Later cases were documented, and to guarantee a stable harmony on sound basis between conscious and unconscious mind, around 200 cases till now, they were subjected on average 2 hours of analysis to jointly understand the underlying reasons of symptoms and signs on conscious level, reaching to childhood era, and reshape attitudes accordingly and teach cases to shift their emotional attention outside the psyche as a policy, so the dialogue part of healing is a cognitive, logo behavioral psychotherapy.

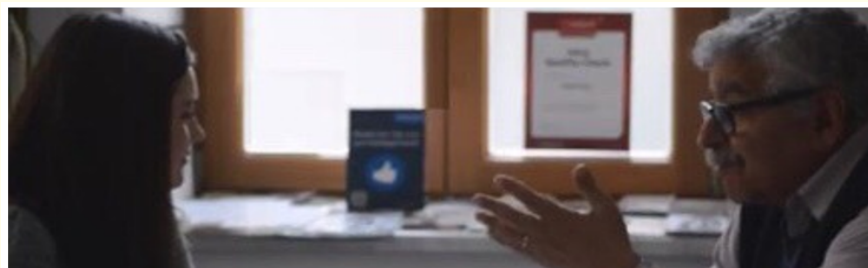
Then in less than one hour, the non verbal hypnotic part is done till deep sleep, as above mentioned, to implant the agreed on analysis and targets into the unconscious and when awake they were asked if they feel that the numbered psychological and physical targets were achieved in principle, because they are followed up the next day at least or later to confirm. It is important to have a next day follow up because if they didn't sleep deeply the result is temporary and they are given a guarantee to freely repeat the hypnotic session even with their sleeping pill. To avoid some of these cases normally they are asked first and foremost if the client has a sleep disorder, if so, the treatment can be done if they accept to use the pill and their sleeping order is corrected as agreed during their sleep, because the immediate healing in addition to hypnosis and psychotherapy depends mainly on embodiment and telepathy make energy transfer.

The treatment is normally for seriously desiring adults to be able to jointly make the analysis. If the client was a teen the parents were separately asked to add to his story. The session is usually with the client alone except if they want to be accompanied. Never for children, psychotics or addicts to avoid probable misunderstanding or negative later effect of addiction company. Most of patients were females and they tell more than males about themselves which helps the diagnosis; all were educated and well off. The treatment is non medicinal, painless and without complications. It is not done if hypnosis is contraindicated in any case. Results are in more than 80% of later cases, either completely or partially cured, do mainly spread by word of mouth. Except otherwise intended by the client, they will find themselves, due to the implant, spontaneously directing their emotional attention outside their psyche. Nevertheless and despite follow up difficulties it is intended to make also a longer range follow up around 6 months after treatment and have more detailed description of results to be sure of these accurate statistics and comparisons as the number of cases increase. Hopefully as once indicated in a congress invitation letter the presentation and Probably this published text will help launch a wave of researches about the matter.

### Results and Discussion

There are several ways to feel convinced of results as follows:

- 14 Minute American Film about healer work as healing experienced by cinema director. The film is called "Psychic Psychtist" that was Part of International film titled "Psychics among us" that went to cinema and video international festivals in Athens Ohio and Thanksgiving competition [4].
- 3 Minute explanation to client before therapy [5] (Figure 5).
- Result of healing same client [6].
- Interview on Nile TV International Egyptian TV about using this invented immediate one session personality development method to improve leadership skills and personality of business and government leaders to increase productivity and capacity for team work while feeling tension free, happy and in harmony enjoying peace of mind as suggested and agreed in principle during the interview program [7].
- An article in the English language Egyptian Streets newspaper titled "Meet the Egyptian Ambassador whose Psychiatric work has been recognized globally" The article testifies in English what has been mentioned in numerous TV, Radio, Press, Seminars in Arabic about the healer's patented work and the recognition certificates obtained from International Conferences and Congresses describing his presentations as phenomenal and worthy [8]. Professional page in Facebook for further details. Including post on testimonials, certificates, media coverage in Arabic and English, patent certificate, conferences and seminars. All these couldn't be done except if high reputation for results was achieved [9].



*Figure 5*

## Immediate Healing for Personality Development

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Best results happen for non neurotic cases and psychosomatic disorders, because they are helped to have a more mature, serene, efficient and happy personality relieving their tensions, negativities and conflicts which help them have abundant flexible energy, so they can also become troubleshooting leaders dealing at ease with energy suckers and others and making tireless team work as good example.

With neurotic patients results are good; easier in depression, anxiety and phobia than in obsessive compulsive neurosis as some of the later tend to recheck themselves even if not feeling the obsession, so more follow up is needed with them.

Clients who hide their stories are not helping the diagnosis and results. Rarely clients didn't truly agree with diagnosis in basics so it wasn't possible to implant a healing message hypnotically.

Though this healing is motivating and can increase the immunity for clients having other terminal diseases, for example as cancer; but because I can't measure the improvement I offer to change the attitude of patient towards the disease if needed.

Easier to treat obesity than smoking because of nicotine withdrawal, so some smokers have gradual or partial results.

It is also useful for mental rehabilitation.

### Conclusion

Immediate healing for a wide spectrum of cases achieving higher grades of maturity, insight, harmony and efficiency saving client time, effort, interests and complications. Also used to maturate community leaders to be trouble shooter model efficient leaders with team work spirit. And in addition to personality development and psychosomatic disorders can be used for treating neurotic diseases, obesity, smoking addiction and sleep disorders, so can be applied, separately or in team work, at clinics, spa, holistic centers, leader formation and research centers. The immediate effect save clients time, interests, drug complication and suffering. So can also be used in excellence centers for public figures, business men who want to be in form.

### Acknowledgment

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### Conflict of Interests

None as yet.

### Disclosures

NB: These data were presented at "28<sup>th</sup> Euro Congress on Psychiatrists and Psychologists" July 05-06, 2018 in Vienna, Austria, at "Annual Congress on Mental Health" July 09-11, 2018 in Paris, France, at "4<sup>th</sup> EuroSciCon Conference on Neurology and Neurological Disorders" 12-13 July, 2018 in Paris, France, and at "10<sup>th</sup> World Congress on Dementia & Alzheimer Disease" August 16-17, 2018, Copenhagen, Denmark.

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3. Paper in Arabic on discovered immediate healing for personality development patented by The Egyptian Highest Council of Culture-Department of Authors Rights (number 1022+25) (2016).

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4. Psychic Psychiatrist 14 Minute Film.
5. 3 Minute explanation to client before therapy.
6. Result of healing same client.
7. Interview on Nile TV International about using this patented immediate one session personality development method to improve leadership skills and personality of business and government leaders to increase productivity and capacity for team work while feeling tension free, happy and in harmony enjoying peace of mind as suggested and agreed in principle during the interview program.
8. Meet the Egyptian Ambassador Whose Psychiatric Work Has Been Recognized Globally.
9. Professional page in Facebook for further details.

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