



**Opinion** 

# Thought's on Bangladesh's Involvement Regarding the Rohingya Refugee Crisis

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#### **Recent event:**

On the latest United Nations meeting, President Donald Trump had a little conversation with the prime minister of Bangladesh-

President Trump asked- "How is Bangladesh?

She said- 'it's doing very well, but the only problem that we have is the refugees from Myanmar'.

President trump asked- "Why did not you ask for help?"

She reasoned that Trump has already made up his mind, that it is clear which side he chose, so there was is no point in asking! She further stated that who is willing to help will eventually stand up to help.

I would like to add, such a cause cannot be served while bearing self-interest in mind! Accepting aid with such motives behind the scenes (which we all know as an open secret) may show temporary results but will eventually trouble the cause further in the long run.

In justification to my statement, I reason that it is our self-interest which though efficiently unites people as one within a short period of time! But that 'united party' is just on side of the coin, it usually ends up as the dominant majority on that one side while the discriminated minority is pushed to the other side as they fall victim to the dominant sides unfair treatment and are burdened to withstand or pay for the impacts caused by irresponsibility of the dominant side.

Is it not their incapability that leads them to unite for their self-interest? Thus to take up for their lacking or mistakes due to their irresponsibility, there must be a scape goat. Therefore with such mindset, the other side which suffers unjustly will always exist! Focusing on self-interest is the very method which separates us.

On the other hand, our hearts is what connects us. It is our mutual understanding of pain that the others are suffering from through which we care; it is way how we truly become connected as one, as we reach out to the other through sharing to ease that pain! Though finding self-interest within it as a secondary motive or reason can give the mind a means to accept the sharing of values which further strengthen the bond! But achieving this through self-interest as a primary or only focus is next to impossible for man-kind.

## Bangladesh's approach to help and thoughts regarding it's capability to back it up:

The present generation of Bangladesh can relate with the pain of the Rohingyas due to have observed the behavior of their ancestors and their problems as an after effect from the trauma of what they have faced during the rule of Pakistan and the war that soon came after! And the related problems the newer generations face which are indirect effects caused by that trauma our nation had faced the impact of which is still passed on to us via our preceding generations.

The current generation is still unable to neutralize those after effects of war passed on by our forefathers who survived the war and had lost heart (courage & bravery), grew insecure and some had adapted to wicked way which now spreads wide, which is exactly what the mass Genocide caused by the Pakistan's army was intended for.

Though we have won the 1971 war which true in a temporary or momentary sense as seen in our life style but it's casualties have left us as failures nationwide as we focus over a broader scope of time, which was further worsened by the exploitation of businessmen unaware of CSR and those intentionally avoiding it. Their (survivors) change in character had led them to fail in nurturing their future generations, thus yet we suffer! This generation stands ashamed of what we have become; we all are more or less aware of it!

As for the Rohingyas, the damage has been done and if left alone, it is only a matter of time as their changes over time turns to the worst they can be.

## Depth of the situation at hand:

With this helping hand towards the Rohingyas, the responsibility has been raised to not just

helping them but also helping ourselves become more capable as individuals to strengthen our nation to be able to support them where it matters the most. For though our heart aches for them, we are not capable of cleansing their fear and reviving their diminishing faith in humanity! We are not even capable yet of solving our problems of psychological issues like, chain reactions starting from insecurity, which results in ignorance and becoming unaware of our surroundings, ultimately developing stereotypical mindset as they become more habitually dependent on pre-assumptions and disseminated knowledge, which results in stagnant mental growth causing lack of understanding and proper judgment of right & wrong, unable to grow a proper character leading to hypocrisy, thus all of which results to declining average intelligence which is the very factor that promotes and supports humanity within man-kind!

As I see it, if we fail to do so, we will only be supporting future thieves, murderers and people of crooked mentality who would further contribute to the demise of Bangladesh. Whether we help to preserve and protect Humanity with us growing a caring personality and a proper mindset, or help contribute to providing breeding grounds for such malice lead towards more chaos by submitting or adapting to the influence of corrupt societies as we harbor self-interest driven mindsets.

It all depends on us, the present and future generations to come. Because for good or for bad, undeniably, we are the change!!!

I believe, we all are becoming aware of these problems. Observations of events over these past few years and the addition of opposing to and recent rejection of the logic of self-preservation only justified according to corrupt mindsets of those who are responsible for such a scenario to occur, these are convincing enough for me to conclude that there is an increasing in the new generations awareness, their craving to feel, starting to care and even act on it at times. This leads me to believe that after ages of misunderstandings and confusions among ourselves, we are on the right track; the approach to reach out driven by self-less urge from connected hearts.

There is still hope for Bangladesh! But will we make it at the critical moment when our unity is needed the most? It is a race against time!

## What we need to deal with:

In order to avoid future chaos as a possible outcome, alongside helping the Rohingyas, Bangladesh must also prioritize focusing on addressing the problems regarding it's inhabitants' mental issues and the harmful habits formed from it's direct influence, and implement the means to up lift this curse left By the Pakistan's Army on Bangladesh and by Myanmar on Rohingyas.

#### Recommendation

We are lacking in the field of Psychiatry thus career in Bangladesh as Psychiatrists should be promoted! And they must be injected into our system such that people can easily access them for counseling at school, work place and family therapy at regular intervals which should be imposed by the government to tackle these desperate times of increasing depression and suicidal rate.

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