

## Appeal to Establish Global Telepsychiatry Network to Bridge Mental Health Gap

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The use of technology in health sector has passed a long way and is enjoying its phenomenal growth in the recent years. People are connected to each other by smart phone, social networking sites, video chats and these technological necessities are bridging the inter-personal gaps and connecting the health care providers and consumers more closely. Telemedicine is one of the greatest revolution of modern health care. With the huge success of telemedicine, the idea of technology based Mental Health Service (telepsychiatry) emerged by using mobile phone based audio or video calls, short text messages etc. Social Networking Sites based intervention is another important uprising area in both developing and developed countries. Telepsychiatry has significant potential to overcome most of the barriers of mental health service that includes the geographic barriers, high treatment costs, time constrains and social stigma. However, the service will be most effective if the knowledge and practical gap between the developed and developing countries can be minimized and collaborated. Hence, for the significant development of the mental health condition of millions of people, the experts of this sector need to collaborate and support the researchers from the developing countries to bridge the wide gap of mental health research and practice. With the help of international collaboration through this platform, a standard mental health service can be provided to the most neglected and under privileged area of the world which could help to reduce the global burden disability economic loss of the world. Moreover, a number of research projects can be implemented covering people of various geographic areas and sociocultural background that will be more representative of global scenario. Mental Health Innovation Network is playing a key role in improving global collaboration. Movement for Global Mental Health is another appreciating initiative. Few scattered e-Health researcher groups are working under various university. However, global association for telepsychiatry involving most members from developing and members from developed countries is lacking. A Telepsychiatry Research and Innovation Network can be a great help for development of future mental health service through innovative ideas. Moreover, technology based mental health service can help to improve the deteriorating doctor patient relationship and reduce the global burden of disability. The world leaders of mental health profession need to consider this seriously.

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### Conflict of Interest

None.

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