

Freud's Hotel: DGB Neo-Psychoanalysis and Beyond: On the Principle of Conflict Homeostasis

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Code: DGBAIN -- Dialectic-Gap-Bridging Association for Interactive-Integrative Neo-Psychoanalysis

Code: REACH -- Research, Education, And Conflict Homeostasis

Good day!

I want to introduce two new concepts to you today -- the bipolar concepts of 'conflict homeostasis' (or 'conflict homeostasis balance') and 'unbalanced, erratic, conflict homeostatic'.

Many, many conflicts in human self and social relations are deemed to be 'irreconcilable' or to be based on 'irreconcilable differences' meaning that there is no 'solution' or 'resolution' to these types of seemingly 'unresolvable conflicts'.

However, the minute you switch out of a 'unilateral, either/or, Us or Them', me or you, paradigm and into a dialectical, interactive-integrative gap-bridging paradigm, and people start to think in terms of not 'either/or' but rather 'where can you and I meet in a mutually beneficial manner that can sustain a sustainable homeostatic balance -- the unilateral, either/or paradigm is often broken. Since the two people -- or two sets of people -- usually have entirely different 'homeostatic balances' or 'envisioned homeostatic balances' running through their respective minds, the task of finding a 'mutually sustainable homeostatic balance between two opposing parties' can still be a tricky, difficult task demanding imagination and creativity from both sides working together towards a common goal -- something that from a unilateral, either/or perspective the two parties have been totally unable to do -- largely because of their unwillingness to work together towards the common goal (if indeed, it even is a common goal) -- unilateral, righteous logic is like 'tunnel vision' which is why clinically, and in everyday life, we are often going to see 'righteousness and narcissism' linked together hand, in hand' on each side of the conflict impasse; dialectical logic demands a movement towards good listening, empathy, social sensitivity, ethics, altruism, good faith, good will -- all of those absolutely essential human traits in any 'egalitarian, democratic system' that seem to get lost the more and more two sides battle their way to 'irreconcilable differences'.

In every essay that I write -- in philosophy, politics, business, psychology, psychoanalysis... -- I aim to break so-called 'irreconcilable differences or conflicts'.

Now, to be sure, it is easier for me working alone to resolve a so-called irreconcilable difference -- I am a 'unilateral person -- or am I? -- I am a multi-bilateral, multi-dualistic, multi-dialectic, quantum entanglement person as we all are -- but still, to be sure, working alone carries a lot of advantages in terms of cutting down time and the extent of the likely disagreement. This having been said, if I -- even working alone -- can break the 'stigma' or 'scandal' or the 'impasse' which is often ideological, philosophical, and politically partisan as well as simply theoretical -- well, if I can do it, anyone can with the right blend of imagination, creativity -- and thinking outside of the proverbial box.

There is no doubt about it -- in order to be able to break these types of conflict logjams of alleged 'paradoxical irreconcilable differences' -- you have to be an imaginative, unorthodox, thinker who has spent a good deal of time learning how to 'think outside of all or-

thodox paradigms and boxes'... This type of thinking is my calling-card and often, I believe, that it demands a lot of 'Unconscious, Id and Oedipal-Lifestyle' participation.

'Sublimation', from a DGB perspective, is any type of work that involves unconscious id and Oedipal-Lifestyle impulse-drive participation that makes the work both passionate -- and usually, more than passionate -- 'obsessive-compulsive'. What this means is that through your 'manifest, empirically visible work', you are actually also working on an 'unconscious, latent, homeostatically unbalanced and/or unresolved 'Id-Oedipal-Lifestyle' conflict or problem that is 'super-charged with id (dopamine) energy' and which makes the work both passionate and obsessive-compulsive.

The undifferentiated childhood id-ego creates the Oedipal-Lifestyle-(Deathstyle) Complex as a system or network of lifelong defensive compensations, identifications, projections, transferences, and compensations...usually against traumatic narcissistic childhood ego-injuries but sometimes positive as well as negative 'narcissistic fixations' or even -- 'fetishes'.

The 'Lifestyle Complex' (Adler didn't use the word 'complex' when using this concept) is an Adlerian concept -- that I have 'introjected' or internalized into Freudian Oedipal Theory to create the bipolar 'Oedipal-Lifestyle' Complex concept.

'The Deathstyle Complex' concept is an integration of Freudian, Kleinian, and later Object Relations Theory with the typical DGB unorthodoxy involved.

No longer is the 'death instinct' equated with our 'biological heritage' -- at least as far as its clinical and pathological implications and applications are involved. Instead, the 'deathstyle complex' becomes the bipolar twin of Adler's lifestyle complex concept -- it becomes equated with 'privately-based, acted-out, neurotic, self-sabotaging, and destructive behavior' that was born in the early id-ego under the influence of 'external bad object and bad impulse relations' -- internalized or introjected into the personality -- into the fold of The (OLD) Oedipal-Lifestyle-Deathstyle Complex.

Now here, as everywhere else I write, there are no 'irreconcilable differences' between 'Classical' or 'Impulse-Drive' Psychoanalysis and Object Relations -- this is all a big myth, a big mirage.

Every 'bad object' has a 'bad impulse-drive' and every 'bad-impulse-drive' has both a 'bad external object' and a 'bad internal object'. There are usually two 'bad external objects' and they are connected by 'the negative-deathstyle transference'. This negative deathstyle transference can be found in any marriage -- and ends up destroying most of them.

The first bad external bad object can be found in one or more of a person's conscious early childhood relationship and encounter memories -- usually recoverable by most people within a few minutes. Freud called these types of memories 'pre-conscious' memories; Adler called them 'conscious' memories.

The second 'bad object' is 'externally projected' through the 'Oedipal Deathstyle Negative Transference' -- into one of the person's adult relationships and/or encounters. It is probably the 'Double Oedipal Tombstone' that sabotages, breaks up, destroys most relationships.

So, thus, the so-called 'irreconcilable differences' between 'Impulse-Drive' or 'Classical-Fantasy' Psychoanalysis and Object Relations (Jay Greenberg, 1991, 'Oedipus and Beyond') is easily traversed via the DGB Neo-Hegelian, Neo-Freudian, Neo-Derridan Interactive-Integrative-International-Id-Ego Bridge....smile...

Just as the Pre-Classical (Reality-Trauma-Seduction) vs. Classical (Fantasy-Wish-Impulse-Drive-Oedipal) Psychoanalysis 'uncrossable moat' is just as crossable and open to dialectical interaction and integration using the same Id-Ego...

DGB Bridge of Dialectical Communication...

Which creates -- not 'freedom from conflict' and not 'conflict harmony' but...

A Working, Conflict Homeostatic Balance....

With people working together towards the same end...

Not apart...

In Partisan, Politically Charged, 'Ex-Communicated' and 'Ex-Communicating' 'Schools' of Clinical Psychology, Psychoanalysis, Psychotherapy...

And broken marriages -- too many to count...

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-- Dialectical Gap-Bridging Unorthodox Ideas...

-- Coming from The DGB Interactive-Integrative, Research, Education, and Conflict Homeostasis Centre...

That is me, here and now.

Good night everyone....think dialectically and interactively as well as integratively!

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