

Enhancement of Shadow Energies: An Alternative Method of Healing

Almoez LeDin Ellah MS Eltouny*

The National Center for Research, Egypt

***Corresponding Author:** Almoez LeDin Ellah MS Eltouny, The National Center for Research, Egypt.

Received: November 11, 2024; **Published:** November 26, 2024

Abstract

The ancient Egyptians, in the laws of ancient wisdom, have indicated that the changes in the shadow energy of organs causes ailments that are alleviated by changing those energies by various means. One of which is vibrational herbal medicine. The ancient Chinese were not far behind the ancient Egyptians, by using the same techniques in healing. In this manuscript, we have highlighted the same concept of shadow energy enhancement, as a means of healing some forms of the human ailments. We demonstrated that in our work in fibromyalgia, liver enhancement, kidney enhancement, the ovaries, the thyroid and several other conditions, have helped many people and have established shadow energy enhancement as a means of treating patients and alleviating ailments.

Keywords: *Shadow Energies; Healing; Vibrational Herbal Medicine*

Introduction

The Chinese energy nomenclature of three main energy sources is well known all over the world.

The energy "CHI", designated as "Q", the second energy "YIN", "Yn", and the third energy "YANG", "Yg", are commonly recognized all over the world.

In our previous manuscript on the "ancient laws of wisdom", we discovered that the ancient Egyptians coined the same energies as those named by the Chinese, by names that are not common and thus not well known, although denoting the same set of values as those denoted by the Chinese. For clarity's sake, we decided to use the same names given by the Chinese, to define the same energies defined by the ancient Egyptians, to maintain continuity and clarity.

In both the Chinese and the ancient Egyptian healing practices, the disease may be designated as an increase or decrease of the shadow energy of an organ. In modern Chinese energy healing, the changes in energy fluctuations of organs can only be indicated but not calibrated. The energy of the knees have been decreased, but by how much? It is difficult to discern. If an increase of the energy of the organ is depicted, we face the same problem, by how much? In the same manner, if we wanted to increase the energy of an organ, the same question is asked, by how much, and how are we going to measure these changes?

In our initial studies to write the manuscript "Vibrational Herbal Medicine and the Laws of Ancient Wisdom", we devised a procedure of comparison, using the scale which we adapted from a Manometer designed by Dr. Khalil Messiha of the Imhotep Society, Egypt. We assigned values that we designated, to be able to measure and compare the changes occurring within the same energy. Thus, determining

what the changes that have occurred were. The instrument used to measure these changes, is the ancient Egyptian universal pendulum. It is made based on the dimensions of the ancient Egyptian universal pendulum, depicted on the temple walls of several temples in Luxor and Kom Ombo, in upper Egypt. An adept pendulum practitioner, may be able to use any pendulum he or she, are comfortable with, to obtain reliable results. Our preferred instrument is the universal pendulum.

During the learning process of how the ancients applied these rules for curative or other purposes, we tried to discover the presence of such energy flows, as described by Chinese nomenclature, that flow through the different pathways of energy, throughout the human body. It also became imperative to compare same energy flows in different persons, to identify basic differences in the human condition, if any. This led us to try to understand how the changes in the energy of an organ may or may not influence its condition, whether by an increase or a decrease in said condition.

Experimentation was huge part of the learning process. Any new knowledge discovered, added to our understanding of the extent of knowledge within our grasp. During that time, we were obsessed in understanding the disease labelled as Hepatitis C Viral (Hep. C). The Disease was identified just a few years earlier, and had reached epic proportions in different parts of the World, especially in Egypt, my home country. In 1990, A close friend was afflicted with the Hep c virus, and was being given the best care possible under the prevailing conditions, of not knowing how to effectively treat it or minimize its debilitating effects on its patients. It appeared, that by the Mid 1990's, no reliable cure had been discovered, and most researchers were fumbling in the dark for any breakthrough. Now, in retrospect, medical science has yet to be able to identify and catalogue different viruses, and even identify relationships among them. This became very clear to me, using my rudimentary Ancient Egyptian techniques, in identifying and determining, all the different types of Covid-19, and making vaccines against it, totally effective, safe and reliable, months before any vaccine was even proclaimed.

Are there really such energies, or shadow energies, flowing through the human body as described by the ancients? To check, we need an instrument, that may enable us to be able to measure such energies. In order to detect such energies, we need an instrument. Some people have the ability to see such energies, and may be able to distinguish among the several grades of these energies, and assign a name to each one of those energies. Other people will be able to accomplish this task by using a divining rod. This rod will indicate where some energies maybe, especially underground water, or Holy energy, coming from the intersection of underground streams that tend to emit a powerful energy, associated with healing. Other people may be able to see such energies, and can distinguish among them, while others can sense the energies and differentiate among them. For us, our means of finding the energies lies in the usage of the universal pendulum, designed and used by the ancient Egyptians.

We discovered that we are able to "read", such energies using the Universal Pendulum. We designed a scale for each of the four different shadow energies discovered, and detailed that in our manuscript published in the year 2000. With Explore Publication, Prescott, Arizona.

We decided to try to discover whether or not herbs have such energies. We collected a large number of different herbs and spices, regardless of where they came from or what they were used for, and measured what the energies that we found, emitted by these Herbs. These were catalogued, to make it easier to reference, to be able to use when needed. Most of these results were published in that manuscript. Another test was to try and measure the energies of any of the organs. The first organ to try was the liver. Whether a male or female liver to determine if they emitted the same type of energy or not. The objective was to determine the changes that occur when the liver is afflicted with viral hepatitis C. Would that be different, if male or female. The first trial on a healthy person, male, and then a female.

The main energies to try to measure were, using our scale:

Liver energies healthy male:

- $Q = 85$
- $YN = 84$
- $Yg = 88$
- $\Omega = 36.$

Liver energies Hep C, infected male liver:

- $Q = -36$
- $Yn = -32$
- $Yg = -34$
- $\Omega = -18.$

The energies shown are the energies of the virus causing Hep. C. This indicates that the virus is characterized by four negative energies. While the energies of a healthy male are all positive; it stands to reason, that to eliminate the negative energies, is the way to eliminate the Virus and cure the patient. In other words, if we eliminate the virus, the liver energies would become positive.

In the Mid 1990's, there were many patients in Egypt afflicted with Hep. C viral. There were no effective treatments, and we wanted to find a cure, using this new found method used by the Ancients, whose methodology and secrets we slowly uncovered over the course of the next twenty years. Our preliminary investigations directed us in the direction and the concept, that due to the shadow energy differences among males and females of different types, we may have to make different treatments, one for males and one for females. It was extremely difficult and complicated, to make even one treatment mixture that will comply with all of the requirements of reacting with any part of the Hep. C virus, and eliminating any part of it [5].

However, after a couple of years, we began to try to consolidate and merge the treatments, to include both males and females, and to be equally effective for both, at the same efficacy. This was no easy task. It took twenty years to be able to reach an herbal cure for Hep. C. We believed that this is a great achievement, but the timing was inopportune, a major pharmaceutical company, was able to manufacture a more effective treatment than most other manufacturers, even though it was quite expensive, but took the lead in the treatment of the elusive Hep. C virus. However, in our opinion, and based on our experimentation and studies, it was not the safest and has many side effects. It was tried, on a large scale in Egypt, and the positive results was accentuated, while none of the lethal side effects were ever published. Until now, we are not sure how many of the six genotypes of Hep C, it does actually eliminate, and what precautions or limitations, of that medication should patients be aware off. At that time, we were able to obtain the Hep C cure that we worked for, for twenty years, totally safe, 100% effective against all six genotypes, even the most resistant types. It was difficult to compete with a government agency willing to go to any length, to prove that it accomplished the herculean task of eliminating Hep c totally from the population, albeit may not be totally true, and at what cost!

Procedure

In the above section, we indicated how the shadow energies of viruses are depicted. We would like to explain how some of the various cases were approached. In the first instant, an older female patient was complaining of her blood pressure medication, and how it forced her to go the toilet several times, that was discomforting to her as she had a cleaning ritual of the toilet basin, before she could use it. Her medicine had some diuretic ingredients, and were not able to replace it. There was no available substitute for that medication. The answer may have been to explore if our new found science would be able to resolve this problem, and make safe and reliable blood pressure medication, without the bothersome side effect. What are the shadow energies that control the functions of blood pressure in the body?

There appears to be a set of shadow energies that control the changes in blood pressure in the human body. The shadow energies of the elderly lady controlling blood pressure, were:

- $Q = 24$
- $Y_n = 30$
- $Y_g = 25$
- $\Omega = 15$.

The shadow energy of a young healthy female, with normal blood pressure, is as follows:

- $Q = 80$
- $Y_n = 82$
- $Y_g = 80$
- $\Omega = 36$.

It appears that when the shadow energies controlling blood pressure are high, the BP is close to normal. When the shadow energies tend to decrease, this signifies an increase in the BP of the person. So, an apparent decrease in the controlling energies tends to increase BP. It stands to reason, that if we manipulate the energies, we may be able to influence the value of the blood pressure and maybe, we are able to design a treatment that may not have adverse side effects, and with better control on BP fluctuations, in general. There are many variables to contend with when designing an herbal medicine treatment. Be it a regular herbal mixture or the sophisticated vibrational herbal treatments that are based on ancient laws of wisdom (ALW). An effective treatment must be able to interact and treat all types of individuals. According to the ALW, there are four types of humans, and humans are males and females.

The shadow energies of males and females are not specifically the same, or in the same order, for certain organs. There are also energies that are not quantifiable, but exist, and are an integral part of any cure; these are healing energies, for all types and for each gender. To be effective, any treatment must have all such qualities, or at least most of them. To be able to contain all these requirements in any one mixture, is an enormous feat by itself. It took close to six months to make the first effective and viable, BP medication for males and females. It was tested on a one- to- one basis, until we were certain that it actually performs and really did not have any adverse side effects. The trials appeared to be quite effective, to the extent that we decided to make a formal clinical trial, on actual blood pressure patients in the faculty of medicine, Tanta University, under the supervision of the head of the internal medicine department. Of course they were skeptical, no one had tried to make a study on a treatment using herbal medicine, much less, vibrational herbal medicine based on ancient laws of wisdom!

The research team of doctors in the faculty of medicine (Tanta University, Egypt), designed the experiment, based on their research criteria, and we supplied the treatments. The period of study was determined to be six weeks. At the end of the trial, we waited for some time for the research team to present to us their findings. We were certain that our treatment will be effective, but we were not expecting the reaction from the team of researchers. Knowing that the treatment was totally herbal and made, not according to the established rules of Herbal medicine, they were skeptical that it was going to be effective. However, the actual clinical results surprised them. The mixtures appeared to be effective and there were significant changes in both systolic and diastolic blood pressures, for both male and female subjects in the study. The research team, stated in their findings: "It is concluded that the herbal formulae is considered to be therapeutically effective and safe to be used in the management of severe elevated blood pressure in patients with hypertension. It was

proven to be more clinically effective and safe than chemical products. Therefore, it is our recommendation to use the herbal formulae as a first choice in clinical sittings as a safe drug". There were two mixtures "Detenso I", for men and "Detenso II" for women. These were our nomenclature for the two mixtures under investigation. Our Pharmaceutical and marketing consultants, although quite thrilled by the results, their opinion was, that to find a niche in the wide market for Hypertension products would be rather costly and troublesome. To forge a market share, anywhere, would be a huge proposition, and which we did not have the funding for.

The "Detenso I" formula, the hypertension treatment for men, was composed as follows:

1. $1 = Q Yn Yg$
2. $2 = Yn$
3. $3 = Q -Yn Yg$
4. $4 = Yg$
5. $5 = Q Yn Yg$.

The second hypertension for women, "Detenso II", was composed as follows:

1. $1 = Q Yn Yg$
2. $2 = Q$
3. $3 = Yn$
4. $4 = Yg$
5. $5 = Q Yn Yg$.

Our work had been justified. However, we did not deem it necessary to pursue the propagation of the herbal hypertension treatment, as it would have entailed a great deal of work and needed a great deal of funds. It may appear that now may be the time to market such a product with the emphasis on green projects and bio products.

Fibromyalgia

The following case to illustrate the manipulation of shadow energies to treat patients, is a case which was not diagnosed in Egypt, but was diagnosed in the USA. The diagnosis of the US physician was fibromyalgia syndrome.

The patient was suffering from aches and pains in her muscles, stiffness, tiredness etc. The medicines prescribed in the US did not appear to be effective; it helped in easing the pain, but did not cure or alleviate the symptoms. The initial approach was to check the Shadow Energies of body muscles, since pain was always demonstrated in the muscles.

The shadow energies of the muscles of the patient were as follows:

- $Q = -30$
- $Yn = -44$
- $Yg = -44$
- $\Omega = -20$.

Compared to a healthy person, the differences in the shadow energies were quite apparent.

- $Q = 85$
- $Y_n = 85$
- $Y_g = 86$
- $\Omega = 36$.

Our premise is that by increasing the shadow energies of the muscles, we will be able to reduce the symptoms of fibromyalgia. The problem is to design a mixture that will be able to affect the muscles and increase its shadow energies, and be effective to act on the muscles. The process involved design of several mixtures, to augment the energies of the muscles of the patients, whether male or female. Until that time, most patients had been females. Several mixtures were designed, and tried on the patient specimen, to make sure that it reacts positively with the patient, and affects the shadow energies in the way intended. This mixture prescribed was named mixture [7]. The mixture was made according to the design parameters, mixed and blended together, then encapsulated in 900 mg capsules. The objective of this mixture is to enhance the energies of the muscles to bring it up to the normal conditions.

1. $Q Y_n - Y_g$
2. $-Q$
3. $Q - Y_n Y_g$
4. $-Q$
5. $Q Y_n - Y_g$
6. $Q - Y_n Y_g$
7. $Q Y_n - Y_g$.

The dosage designed was two 900 mg capsules daily, after lunch or dinner, once a day, but at least 20 minutes away from any other medications. The duration of the initial treatment was 25 days without stopping any other medication she was taking. She was asked to report any side effects that may manifest itself. The dosage was started on the 17th of March.

The following table details the reaction of the muscle shadow.

Energies of the muscles due to the administering the treatment # [7].

Energy at Begin.

Q	-33	-5	-4	-3	10	14	17	22	32	50	56	65
Y_n	-44	-5	-4	-3	15	29	33	40	52	70		
Y_g	-44	-6	-5	-4	15	36	41	48	52	65	71	
Ω	-20	-6	-5	-4	6	10	14	18	20	26	24	30
Date	15/3				29/3	27/4			4/5		14/5	15/5

Table 1

The muscle treatment #7 was administered for 25 days, from 15/3 until 10/4. However, she contacted us, around the 15th of April indicating that she is getting slightly better but the improvements sort of stopped. Our analysis indicated that the treatment #7 may have reached its maximum effectiveness with this patient, and needed a stronger treatment to increase the energies of the muscles and reduce the pain and stiffness. A new treatment is needed, and has to be designed as stronger than #7, and effective with all patients. The new mixture labelled #9 was designed and checked that it reacted well with the patient, increased the muscle energies, and would be effective.

Mixture #9:

1. Q -Yn Yg
2. -Q Yn Yg
3. -Q
4. Q Yn-Yg
5. Q -Yn Yg
6. Q Yn -Yg
7. -Q

This mixture was prescribed for 20 days, two 900 mg capsules of the mixture after one meal, once daily. This would increase the level of muscle energies to a level that would dissipate her stiffness and pain. The table indicates that all the energies were increased, and the patient felt some slight relief. The objective is to increase the Shadow Energy levels to the normal for these muscles. The measurements of the shadow energies continued in the table following, continuing the table above.

Q	16	22	27	40	55	60	70
Yn	29	24	30	49	60	66	68
Yg	20	26	32	45	55	60	66
Ω	6	14	17	22	25	28	28
Date	10/6	12/6	18/6	21/6	22/6	23/6	30/6

Table 2

The values depicted as those of the patient, and appear to reach a level at which it is as close to the regular values of the muscles as can come. The patient was relieved and felt much better with no pain most of the time, but she suffered minor pains, that did not last long after long spells of house chores and cleaning. These pains dissipated over time, and the patient led a normal life. It has been several years, and the patient is still in the same condition, the pains and the agony of fibromyalgia is a thing of the past. We now have a treatment that we can safely say, alleviate the suffering of fibromyalgia patients. It is composed of two 900 mg capsules, taken after a meal, usually after lunch, for 36 days, and it relieves the symptoms of fibromyalgia forever.

In the following years, it became apparent to us, that the effects of chemical medicines on the body of any one, is manifested in various ways, one of which is a reduction of the shadow energies of organs of the body. Others, maybe different physical changes such as pains, changes in the chemical balance of certain chemicals etc. These may be easily measured and addressed. As for the changes in the shadow energies, very few physicians, or any, for that matter, may be able to address that issue. The measurement of the changes in shadow energies, and its effects, can be measured only by a few professionals that are well versed in the science. In addition, almost most physicians do not understand the concept of shadow energies, nor can they use the tools to do so. This reduction, or changes, in

the shadow energies of organs in the body, may be manifested in malfunctioning of such organs in varying degrees. In many cases, the prescription of medicines for those ailments do not produce the required results or the intended relief. In almost most of these cases, they were resolved by enhancement of the shadow energies of that particular organ. All of the medicines made for the enhancements are made totally of herbs, that are blended using the ancient Egyptian techniques, as explained in several of my publications. They are totally safe, compatible to all recipients, and cause no adverse side effects.

There are many different cases in which the changes made to the shadow energies caused positive changes in the functioning of certain organs of the body. There is a similarity in this analogy to the workings of Chinese medicine which, we believe is based on the ancient laws of wisdom, but may have dropped some elements along the way. As we mentioned before, Chinese medicine only teaches the increase or decrease of the shadow energies, they are not able to measure the changes that occur to such energies.

We have many different cases for different individuals which were plagued by ailments in some or their organs, however, when testing these organs using blood tests, the results were normal, and the prognosis was nothing was wrong, one should change the diet or relax more or maybe it was just a case of anxiety. A specific case, a young patient, a graduate student in the USA, was diagnosed with a sluggish liver, and the enzymes of the liver were not that great. He was not suffering from any liver virus or any of the commonly known hepatitis types. Our analysis indicated that his liver Shadow energies were very low, but not indicating a viral infection.

Thus, our enhancement treatment for the liver shadow energies, in our trial check, increased the energies to the normal shadow energies of a normal liver. His liver functions are, and have been, for more than a year now in the normal range.

Another organ we tried the enhancement treatment was the kidney. Whether it is the right or left kidney, if the shadow energies are low, it needs enhancement. The enhancement appears to increase the efficiency and the functions of the kidneys, it appears as better water disposal, disappearance of some pains in the sides, decrease of bloating in women, etc...

There are several other cases in which we used the enhancement method with very beneficial effects. One such case was a patient with some trouble in sleeping, bloating, being tired, and some other symptoms. She had a thyroid test that revealed some irregularities in the thyroid functions. The doctor prescribed some medication, but after a while, no improvement occurred. Our tests indicated that the shadow energies of the thyroid were negative. The normal energies should be positive. The omega energy was normal, so the changes in the other shadow energies might have been due to some medicines that affected those of the thyroid. A course of 18 days of enhancement of the shadow energies of the thyroid, improved the condition of the patient noticeably, and all of the symptoms she complained of, disappeared.

Results

From our experimentation over the last twenty-five years, it is clear that enhancement of the energy of certain organs in the body, and or parts of the human body, may be able to treat some of the ailments that have appeared.

This enhancement will improve the condition of the organ as found in the case of the weakness of the kidneys. An enhancement totally improved the performance of the kidneys. It is important to note that, in most cases, the improvement is pronounced when the Ω , the well being indicator of the organ, is normal. It will also improve, if the value is slightly less than normal. However, the enhancement may be less if the well being is much less than it supposedly normal value. We may even check if there may be other causes of the weakness of that particular organ. We also used this method in treating the case of blood pressure. This procedure has been used in many cases, namely, the thyroid, the liver, the ovaries, the uterus, the gallbladder and in the treatment of fibromyalgia, to name some of the uses. This explains that enhancement does help in treating and alleviating some of the ailments of the human condition.

Conclusion

1. Over the last twenty years we have proven that shadow energy enhancement can be used as an active curative tool in alleviating some of the ailments in humans.
2. Fibromyalgia is an ailment which we have cured using shadow energy enhancement. This was proven several times over the years.
3. Kidney enhancement, in some cases, has been proven to improve the condition of the kidneys.
4. Some of the problems of the thyroid gland has been resolved successfully, by this method in several cases.
5. Some urinary tract problems such as prostate enhancement and ovary enhancements, have been quite successful in resolving some functional complaints by many people in these areas.
6. It important to secure avenues to help alleviate the human problems in health, and Shadow Energy enhancement has been proven to help in that respect [1-12].

Bibliography

1. Eltouny Almoez. "Treatment of MS by using Herbal Mixtures". *New York Science Journal* 11 (2018): 12.
2. Almoez LeDin Ellah MS Eltouny. "Treatment of HIV with Vibrational Herbal Medicine". *Archives of Clinical and Medical Case Reports* 3 (2018): 11-22.
3. Eltouny Almoez. "Laws of Ancient Wisdom". Published in *Explore Magazine* 10 (2001).
4. Almoez Le Din Ellah MS Eltouny. "The Treatment of Fibromyalgia Using Vibrational Herbal Medicine and the Laws of Ancient Wisdom". *Archives of Clinical and Medical Case Reports* 2.6 (2018): 254-260.
5. Almoez Eltouny. "Quest to Find an Herbal Treatment for Viral Hepatitis C Viral". *EC Clinical and Medical Case Reports* 2.7 (2019): 359-378.
6. Almoez LeDin Ellah MS Eltouny. "Autoimmune Diseases as Characterized by Vibrational Herbal Medicine". *EC Clinical and Medical Case Reports* 2.9 (2019): 1-10.
7. Eltouny Almoez. "The Description of Viruses according to Vibrational Herbal Medicine and the Laws of Ancient Wisdom". *Fortune Journal. Archives of Clinical and Medical Case Reports* ISS 2575. 9655.
8. Almoez Ledin Ellah. "The treatment of the Ebola virus with vibrational herbal medicine". *Biomedical Journal of Scientific and Technical Research* 19.4 (2019): 14439-14440.
9. Almoez LeDin Ellah. "The treatment of breast cancer using herbal mixtures with vibrational herbal medicine". *EC Clinical and Medical Case Reports* 3.2 (2020): 01-07.
10. "The Treatment of the New Corona Virus". *Fortune Journal, Archives of Clinical and Medical Case* (2020).
11. Almoez Eltouny. "Treatment of Alzheimer disease using herbal medicine" (2020).
12. Eltouny Almoez. "Vibrational Herbal Vaccine for Covid-19". *EC Clinical and Medical Case Reports Research* 3.8 (2020).

Volume 13 Issue 12 December 2024

©All rights reserved by Almoez LeDin Ellah MS Eltouny.