

# Sensory Processing Disorder (SPD) and Sensory Integration Dysfunction: The Permanent Solution

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#### **Abstract**

NEW understanding of Sensory Processing Disorder (SPD) and the discovery of Heightened Sensory Intelligence (HSI) is paving the way for the permanent cure for SPD. This article, for the first time, presents a comprehensive understanding of SPD and the Evolutionary significance of Heightened Sensory Intelligence (HSI) and the treatment and permanent solution for the often debilitating symptoms of SPD.

*Keywords:* Sensory Processing Disorder (SPD); Heightened Sensory Intelligence (HIS); Intent Healing( $^{™}$ ); Autism; ADHD; Autism and SPD; ADHD and SPD; SPD Cure; Sensory Processing Disorder Cure

#### Introduction

Current attempts to try to understand Challenges in Sensory Processing and/or Sensory Integration as a disorder or dysfunction comes from a "Conventional" approach to try and "fit in" symptoms into labels if they cannot be scientifically understood or explained. Ostensibly for the sake of convenience. By convenience I mean the attempt to try to make some "sense" of the symptoms so as to be able to "handle" the child/person presenting with those symptoms. And in a manner dictated largely by "collective agreement" rather than individual label free examination of symptoms on a case by case basis and alleviating the traumatic experiences after identifying the potential "trigger" factors.

#### What is SPD?

What is generally accepted under the label of SPD consists of a conglomeration of symptoms involving predominantly the sensory system and the vestibular apparatus with a suspected "brain receiving and processing dysfunction/disorder". This is a spectrum that includes the Polarities of extremely dysfunctional "over-sensitivity" on the one end and extreme "insensitivity/apathy/dysfunctional and dangerous unawareness" leading to dangerous and/or life-threatening incidents on the other end. The generally Accepted Symptoms of what goes under the name of SPD includes descriptions such as "difficulty in the brain being able to receive and process information received through the five senses normally".

# NEW Understanding of Sensory Processing Disorder as a challenging presentation due to Heightened Sensory Intelligence (HSI)

Cause(s) of SPD is conventionally stated as "not known" but the real cause of SPD from the New understanding as revealed by Energy Assessments of people presenting with the symptoms has been found to be Disturbances in Receiving and Processing energy. From this New perspective SPD is now being understood to be a spectrum "Disorder" similar to ASD (Autism Spectrum Disorder). The spectrum of symptoms range from intolerance to disturbing ENERGY Inputs/stimuli/exposure on the one end and seeming "lack" of "sensitivity" on the other end of this Spectrum, with varying degrees of Intensities of the symptoms and varying unique permutation and combination of presentations of the same lying along the spectrum.

And more often than not it is present along with ADHD and ASD and the reason this is so is because all these disorders are due to Energy Disturbances.

This is a Paradigm-Shifting Understanding of SPD today as it shifts the Focus from the "Problem" of SPD to the Solution as revealed by this HSI - Heightened Sensory (and proprioceptive) Intelligence.

Everything is Energy and ALL the Senses, sensors responsible for maintaining balance receiving and processing apparatus and systems including the brain are simply Translating this Energy Vibrations and Energy Frequencies. For example, the sense of Hearing is nothing but the Translation of Sound Frequencies (which is nothing but Energy Vibrations or Waves) into "sound".

It is when this Natural and Normal ability is heightened and results (invariably) in some discomfort or the lack of it at the other extreme that it becomes a part of what is Described as SPD by "collective agreement" (of professionals, parents and therapists and others who interact with people with the symptoms). A few examples of these situations are - Sound/Noise Pollution and the resultant "need" for ear protection devices to dampen or eradicate the sounds and "noise", Air Pollution and resultant inability to breathe with ease or resultant allergies, and so on.

Healthy" Sensory Intelligence is absolutely essential for Survival. For example, one would Want one's sensory apparatus to function well while touching a Hot Stove so as to know when to take one's hands off the stove or to stay away from it or to protect oneself from the stove. Similarly, when there is too much noise we would Want to move away to avoid becoming deaf/causing damage to the hearing apparatus. This is an "inbuilt" mechanism for survival that is desirable in all. The challenge arises when what is considered as "normal" levels of sound, for example, by "collective agreement" of the society is Experienced as Traumatic levels of Noise by these people with Heightened Sensory Intelligence (HSI). The challenge is in being able to answer the question How to Discern when it is a "Disorder" and when it is actually a Beneficial "Gift" and a manifestation of Heightened Intelligence operating through the "Senses"?

The Evolutionary Significance of Heightened Sensory Intelligence Versus The Dangers of the Conditioned Acclimatization of the so-called Neurotypical (NT) or "Normal" Human Beings.

The children/people presenting with the symptoms of SPD are Evolved Energy-Sensitive Beings and are born Knowing states of being of Energy Alignment and How it is Supposed to feel Therefore, anything that is LESS than that wonderful state of being of Balance and Harmony triggers Symptoms that are uncomfortable at the least and Painful and Debilitating at the other end of the "SPD spectrum". Because, when they are Forced to slip out of that state of Energy Alignment by sounds, textures, tastes, visual stimuli and so on that are way above what is healthy for human beings and the planet as a whole, they Notice it more, React and Respond to it more in increasingly "Dramatic" ways that simply cannot be Ignored or Wished away. The "things" that bother these beings bother them More because of their Heightened Energy Sensitivity.

Some of them are being conditioned to get Acclimatized to the "Collective Dysfunction" of Humanity where loud noises and blatant pollutants/polluting environments are considered acceptable with de-sensitization, while most simply cannot or refuse to be forced to do so.

#### What is the NEW Evolved understanding of SPD today?

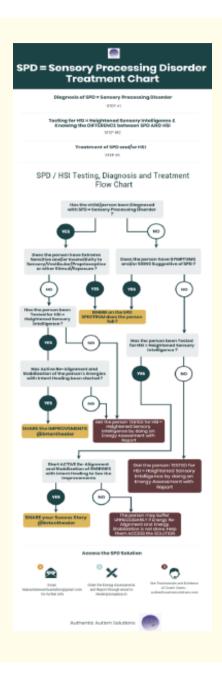
- It is an Evolutionary event that is Refining the sensory and proprioceptive processing by the human body in order to be able to handle Higher Vibrations of Energies.
- It is a Natural Acclimatization Phenomenon inherent to the Evolution of Humanity to be able to receive and process higher intelligence, wisdom and knowledge and by doing so prepare humanity to be able Survive and Thrive on planet Earth.
- Totally unique to each Body and System although common to the whole of humanity.
- Augmenting the ability to communicate Tele-Empathically Telepathically and with Healthy Empathy and Compassion in perfect balance.

SPD is Not a disorder per se but an Evolutionary Necessity If humanity is to survive as a refined species in this new environment and climate on this planet. It is also a preparation of the human species as a whole to be able to interact with beings from other planets and dimensions in future.

## What is the Solution for Sensory Processing Disorder?

The solution is to Find the Point of Balance between the two extremes - Heightened Sensitivity on the one hand and Desensitization on the other. The middle ground would be a Harmonious Balance point that would help these Evolved beings not just "survive" on Planet Earth, but thrive as Beacons for future evolved beings to Inhabit this planet with more and more Ease in a Healthy and SAFE Environment. Intent Healing(™) is one such modality based on the scientific principles of Energy Medicine that is already working on the ground transforming the lives of people struggling with the symptoms of SPD. Intent Healing(™) helps in the Realignment of Energies to resonate with optimal health and wellbeing and Stabilization of the Energies, thus Empowering people with Sensory Processing Disorder to Transform their uncomfortable symptoms into Heightened Sensory Intelligence. They can then use this HSI to thrive in their lives. To understand this further it is recommended to watch the video and read the article "SPD: The Permanent Cure" here http://authenticautismsolutions.com/sensory-processing-disorder-cure-permanent-cure-sensory-processing-disorder-spd-autism-cure/

Sensory Processing Disorder Treatment Flow Chart



# Conclusion

Feeling Alive. This is the Collective need of Humanity Today. Being able to experience heightened sensations has been the driving force of Humanity built into the DNA. And being able to process sensations/sensory intelligence is Fundamental to that Experience of "Being Alive" on Planet Earth. SPD therefore is Not a "Disorder" in and of itself but a widely misunderstood Evolutionary Guidepost for Humanity to Know and Experience itself as Multisensory and Multidimensional Beings capable of Thriving in Joy with their Gift of Energy Sensitivity and Intelligence. Which is what SPD really is. A priceless gift. It is time to simplify things and go beyond the trappings of jargons and labels and Actually Apply what is already working in helping people with SPD thrive with their Heightened Sensory Intelligence.

What is described as SPD and/or HSI is an Evolutionary Safety Valve designed to help restore the Sensitivity and Balance in humanity so as to Enhance our Appreciation of ALL the senses and more, through the instrument of our physical form. The Bottom-line is to learn to Transform the challenges of SPD into the Gifts of HSI and to Thrive with Joy.

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