

## Treatment of Heredomacular Degeneration with Assimilated Technique Developed Here

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Ayush in his teens was suffering from central vision loss to the extent that he was unable to see even gross objects like windows or chair.

He came to me with his father. I examined him and vision was recorded. He was having his eye examination report from the prestigious R.P. Centre for ophthalmic science which is well known Institute of South East Asia in public sector.

Recent optic coherence tomography, O.C.T. was done.

There was no family history. He was examined on traditional diagnosis including pulse diagnosis, tongue diagnosis and acupuncture channels palpation.

It was found that to be spleen and gall bladder channels deficient. Although spleen channel does not go to the eyes but its paired channel which is the stomach channel starts from the infra orbital margin. Next was how to approach macular area as in traditional Chinese literature macula is not mentioned.

This we do in many patents but it is not a tailored made technique to be used in all patients, every patient is examined and treatment is planned. Traditional concepts of embryology were used in treatment planning in selecting treatment Acupuncture points and how much to energise this point and transfer this energy to the desired area.

Just before treatment video recording of vision was made. He was administered three hours treatment and after treatment again video recording was done and it was found satisfactory visual improvement was observed soon after first day of treatment. He was administered 12 days of treatment slowly his vision improved.

He was again examined by the ophthalmologists and he also certified improvement.

All these records of improvement including pre and post O.C.T are uploaded on you tube in the following link (<https://youtu.be/uGoVuhmrgi0?si=rjaRc50rcNH3edmT>).

Life style changes were also advised which he followed. Moreover during all these years he has not only maintained this vision but also improved to some extent he is independent in last six years.

Although gene therapy has been recently has been being developed for genetic eye ailments as retinitis pigmentosa Inj Luxturna promising 10% improvement but cost is prohibitive at present. Hope soon much development in the gene therapy soon.

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