

Why are All Eye Problems Only the “Tip of the Iceberg”?

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Abstract

According to Western medicine, all eye problems are inside the eye. In this article, the author is showing that all eye problems presented by the patient are only the “tip of the iceberg” and the real cause is below the water line, that are under the ocean, invisible by the naked eye and are not studied by Western medicine’s schools. The conjunction of both kinds of medicine’s nowadays are very important to understand the cause of disease formation in all ophthalmology problems, treating in this case, the cause of the ophthalmology problems.

Keywords: Eye; Energy; Traditional Chinese Medicine; Five Wheels; Homeopathy; Hippocrates

Introduction

According to Western medicine’s point of view the majority of eye problems are treated focusing the eye itself [1,2].

All these reasoning came after the implantation of Flexner report in 1910, where they only consider “scientific” what could be proofed by laboratory or radiological level [3,4].

If we analyze the formation of disease according to Hippocrates (460 a.c - 377 a.c) thoughts, the father of medicine, he said in one of his oaths that “it is important to consider other ancient medical traditions prior to the knowledge we have nowadays” [5].

This kind of explanation can be done through the metaphor of the tree, where the eye symptoms are considered the leaves of the ophthalmology branch and the real cause of the alterations in the “leaf” of this tree is not inside the “leaf” but in the “root” of this tree [6-8].

So, if we analyze from the point of view of one of the oldest forms of medicine’s, that is traditional Chinese medicine, we can see that they understand that each disease comes from energy alterations of *Yin* and *Yang* energy and also, the alterations in the five elements theory [8-10].

In these theories, they understand that there is the necessity to have an equilibrium between these energies and the disequilibrium between them is the cause of the formation of the majority of diseases in the past and in the present [9,10].

According to Albert Einstein (1879-1955), he said in one of his talks that “all the things are composed of energy”, and this includes the human body [11].

So, the eye is an organ commanded by the energy of the Liver, according to TCM thoughts, and all the things that can lead to this disequilibrium or imbalance of this organ, can cause eye disease [11].

For example, in the article written by myself (2019) titled *The Importance of Correcting Energy Imbalances and Chakras Energy Deficiencies in the Treatment of Patients with Glaucoma*. I am showing that patients with this eye problem, has in common, energy deficiency inside the five internal massive organs of the five elements theory of traditional Chinese medicine. One of these organs is the Liver, but to balance the energy of the Liver, I need to replenish the energy of the Kidney, because according to the research made in my clinic in Brazil, 90% of all my patients were in the lowest level of energy, rated one of eight in all internal massive organs [12].

This mean that, to tone the energy of the Liver, I need to tone the energy of the Kidney, that needs to receive the energy of the Lungs, which are also without any energy. To tone the energy of the Lungs, I need to tone the energy of the Spleen, that needs to tone the energy of the Heart. To tone the energy of the Heart, I need to tone the energy of the Liver [13].

This needs to happen because all organs are interconnected by energy flow, according to generation cycle of the five elements theory. This is very different from the Western medicine’s perspective because according to their thoughts, that are following Galen (129-216 CE), a Greek physician that lived and worked 500 years after Hippocrates (460 a.c - 377 a.c), which was considered one of the physicians that influenced the method used by Western medicine until today. At that time, Galen thinks that all organs work independently and separately and do not influence the functioning of other organs [5-14].

In this same reasoning, it was used in the article written my myself (2021) titled *Energies Alterations and Chakras’ Energies Deficiencies as the Cause of Sub Retinal Fluid Retention in Polypoidal Choroidal Vasculopathy*, I am showing that behind this kind of eye pathology, there is also energy deficiency inside the five internal massive organs of the five elements theory of traditional Chinese medicine. The Spleen and pancreas energy imbalances was responsible for the liquid retention inside the body, and also, inside the eye. For this reason, the balance and replenish the energy of these organs was important to treat the cause of disease formation and not just treating the symptoms that are the eye itself [15].

In patients with diabetes, it is very common to have diabetes retinopathy. The real cause of this formation inside the eye is the formation of internal fire, leading to the formation of alterations in the vessels of retina. The treatment of this condition can reduce or cure the problems related to diabetes retinopathy, without needing to use local laser, because the real cause is in the energy level, invisible by the naked eye [16].

Another problem very common nowadays are eye pain, and one of the causes could be the use of earrings in the ear in the eye point, as showed in the article written by myself (2023) titled *Can Wearing Earrings Cause Headaches?* [17].

In another article written by myself (2022) titled *Energy Alterations in Patients with Keratoconus*. I am showing that patients with keratoconus have in common, energy deficiency inside the five internal massive organs and the treatment of this condition can cure patients with keratoconus without need to do surgery of corneal transplantation [18].

According to the theory of five wheels, each internal massive organs are responsible for the proper function of each structure of the eye. For example, the energy of the Kidney manifests in pupil, the energy of the Liver manifests in the cornea, the energy of the Lungs manifests in the white part of the eye, the energy of the Heart is responsible for the vessels in the eye, the energy of the Spleen is responsible for the eyelids [19,20].

For this reason, patients with eye grade problems are related to energy deficiency inside the Kidney and the treatment of this condition can reduce the eye grade without using glasses or can reduce eye grade, as shown in the article written by myself (2021) titled *What Are the Other Energy Functions of The Kidney Besides Filtering the Blood?* [16].

Another factor very common in our clinical practice is demonstrated when the patient has any eye problem caused by the wrong eating habits. If we eat something wrong that could imbalance the energy of the internal five massive organs such as the ingestion of so much coffee, soda and matte tea, we can reduce the energy of the Kidney, which could induce the formation of cataracts, as shown in the article written by myself (2022) titled *Can Wrong Eating Habits Lead to or Worsen Ophthalmological Diseases?* [21].

According to the book written by Qi-Ping, *et al.* (2011) titled *Ophthalmology in Chinese Medicine*, cataracts can be caused by energy deficiency of the Kidney, or deficiency of the Liver, deficiency of Spleen, formation of internal fire, or a combination of all these energy imbalances [20].

Also, there is a tendency to have alterations in eye grade, because it could be affecting the energy of the Kidney, responsible for the grade of the eye. I have a patient that had a compulsion to drink coke during his adolescence drink coke instead of water. When he was adult, his eye problem worsened a lot and nowadays, he has more than 8 grade of myopia and he is treating his energy deficiency of the five internal massive organs because all his internal massive organs were in the lowest level of energy, rated one out of eight. He is using highly diluted medications to replenish the energy of his internal five massive organs according to the theory of *Constitutional Homeopathy of the Five Elements based on Traditional Chinese Medicine* and crystal-based medications to replenish the energy of these organs [19,21].

There is another problem very common nowadays, caused by energy deficiency inside the five internal massive organs of the five elements theory of traditional Chinese medicine that is the conjunctival hyperemia. This symptom is caused by the formation of internal fire, caused by energy deficiency situation of these internal five massive organs, caused by the modernization of telecommunication after the implementation of cell phones and computers. The treatment of this condition taking out the internal fire and replenishing the energy of these organs using highly diluted medications according to the theory of *Constitutional Homeopathy of the Five Elements based on Traditional Chinese Medicine* and crystal-based medications are important to treat the cause of this symptom formation and not just treating the manifestations itself using eye drops [19,22].

So, to finalize this article, I would like to say that all these eye problems reported in this brief article is not caused by the alterations in the eye itself but the real cause of the formation of eye disease is on the “root” of the tree, far from the eye, in the metaphor of the tree described above, to show the different levels of diagnosis and treatment when we use Western medicine’s and traditional Chinese medicine’s point of view, showing the disease after having energy alterations in the “root” of the tree, before materializing in disease in the “leaf” level [12,15,18].

Conclusion

The conclusion of this study is to demonstrate that eye disease is only the “tip of the iceberg” but the real cause is under the water line of the ocean, that are localized the energy alterations of *Yin* and *Yang* and the five elements theory of traditional Chinese medicine that are influencing the theory of five wheels, corresponding to the structures of each element inside the eye, leading to the formation of variety of disease in the eye.

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