

Importance of Contact Lenses use on Low Vision Patient

Mylene Matsuhara*

Coordinator of the Low Vision Department of IOBH and Coordinator of Low Vision and Contact Lenses Department in "Dr Ricardo Campolina Ophthalmology Clinic, Brazil

***Corresponding Author:** Mylene Matsuhara, Coordinator of the Low Vision Department of IOBH and Coordinator of Low Vision and Contact Lenses Department in "Dr Ricardo Campolina Ophthalmology Clinic, Brazil.

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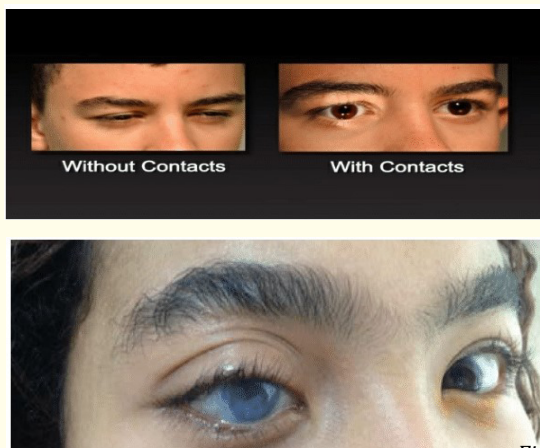
Abstract

Many are the possible benefits from the utilization of contact lenses in the rehabilitation process of low vision patients. Among such benefits, it can be mentioned: decrease of Incapacitant Photophobia through the use of filtering lenses with specific colorization, color perception improvement among color blind patients, improving reading efficiency by decreasing nystagmus velocity, qualitative improvement in vision acuity, and last, but not least, self-esteem improvement through treatment towards leukemia and visual corneal scares.

Keywords: *Contact Lenses; Low Vision*

Possible hardships that may arise from such exam and adaptation can be relieved through careful clinic evaluation, which includes: accurate visual exam with proper acuity charts, visual functions appraisal (i.e. contrast sensibility, visual field, and glare research). It is of great importance to emphasize the use of proof frames with the intention of favoring the utilization of the reminiscent visual field.

With this explanation, alongside with the exemplification of clinical cases, we intend to break Contact lenses shall be remembered as an important asset for the success of visual rehabilitation among low vision patients.



Figure



Contact lenses use possibilities on low vision patients

- Diminish anisokonia: monocular aphakia
- Increase visual acuity
- Diminish glare and photophobia (filter function) acromatopsia, cone dystrophy, albinism
- Improve the use of low vision aids: high ametropia
- Improve colour perception
- Reading efficiency: nystagmus reduction
- Self-esteem: leukoma, scars
- Increase visual acuity e.g. Corneal astigmatism, keratoconus
- Improve colour perception by the use of red contact lenses in congenital green-red dyschromatopsia [6]
- Reading efficiency : diminish the velocity of nystagmus by the use of rigid contact lenses

Exam

- Visual acuity-distance and near test
- Refraction- use of trial frames to solve possibility of anomalous head position
- Visual field
- Glare test
- Others: topography, keratometry

How to optimize Score?

- Think about contact lenses!
- Forget 20/20 goal
- Think about qualitative incomes
- Refraction with trial frames, lesser distance exam
- Make facilities: cases with different colours, mirrors
- Return evaluation – close contact

Photophobia

- Causes: Retina, cornea, lens iris, uvea
- Conduction: Filter lenses (attenuation or cut type)

Characteristics of filter contact lenses for photophobia

- Annual exchange
- Different from esthetic lenses- tinted pupil area
- Both eyes
- Patients older than 4 years
- Specially indoors photophobia

How to choose a filter contact lens?

- Colour: depends of the intensity of photophobia and colour of the patient eyes E.g. extreme photophobia (black + red colour); blue eyes (brown/amber lenses colour); brown eyes (red or brown/amber)
- Size of the painted area: pupil size or all iris depends of the pupil diameter

Why use red lense?

Red is in the end of the visual spectral. This wave has low frequency wich diminish desestabilitation of the photorreceptors [1-5].

Conclusion

Contact lenses shall always be remembered as a import asset for the success of visual rehabilitation among low vision patients.

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