

## **Modern Transpersonal Contactology**

## Marco De Bona\*

Optometrist Contactor, Visual Educator Hypovision, Prosthodontist, Italy

\*Corresponding Author: Marco De Bona, Optometrist Contactor, Visual Educator Hypovision, Prosthodontist, Italy.

Received: May 18, 2018; Published: June 19, 2018

With preface of Italy manager Ascon Stanislao Repucci, Luca Boerci Oculist, Gaetano Cotena psychotherapist.

If we change the way of communicating, therefore also our destiny changes, so, even those who find in the contact lens a benefit find then selves and consequently find the necessary wellness to realize their needs reacting awareness.

Understanding that they can achieve control of their own fears, unconscious, fueled by our thinking changing our behaviour.

The happiness in reacting our values allows us to increase our self - esteem by accepting things, as in this case the wanted object (contact lens).

The transpersonal applied to modern contactology, always to know the personality of people by identifying the knowledge and approach of culture and experience in that specific context of the person, allowing it to develop its capabilities.

The topic inserted in modern contactology becomes a field that measures the needs of the individual and the professional to improve them-selves, trying to normalize the wellbeing of the person.

The book starts from the '70 and does a route until actual years. We can notice during the process, the emergence and then assist to the application developments and through a careful analysis and anilines we provide some factors, which very slowly will tend to introduce an intuition and a certain curiosity, in a very in a very close relationship between the mind and the brain, the eye and the lens.

Through the analysis and anamnesis you'll get a confusing state (start) and a resolutive state or better solution(end), so it remains essential to offer benefits of well-being while preserving health, created both psycho - physical and mental level because in this way we aggregate a healthy comfort of the object (contact lens).

The information's in this book are based on principles like averseness', consciousness potentiality which are wearers of contact lenses and on experiences that have the applicators, therefore the potentiality we can obtain through materials and teaching, elementary visual education, the contact and the approach, the test that follow the first test and finally the subsequent checks.

So i can be sure that contactology is one of the many topics that fall into optometric competences, they bring the knowledge and the interest in considering also a problem seen as pathological state; after being diagnosed and treated by a competent doctor, it can be dealt with both on a visual and postural level.

I'd like you to read my book, cause i hope I've created curiosity about my vision of optometric world, so i hope I've give you useful information's also for yours projects.

Volume 9 Issue 7 July 2018 ©All rights reserved by Marco De Bona.