

About Overall Meal Absorption of Cancer Restraint Substances: The Outline

Masanori Kaneko*

JNMS Representative, United Nations NGO Certified (special consultative status organizations ICOSA & JNMS), Japan

***Corresponding Author:** Masanori Kaneko, JNMS Representative, United Nations NGO Certified (special consultative status organizations ICOSA & JNMS), 630-8521, Japan 840, Shijocho, Kashihara-shi, Nara, Japan.

Received: October 09, 2015; **Published:** October 19, 2015

Cancer occurs to a person. The result is multiplied and changed. A person has a burden of many money and body for cancer treatment. And the person may die. Many cancer restraint substances are in the natural world.

Cancer restraint substances are Vitamin group, Dietary antioxidant, Sulfur-containing compounds, Dietary fiber, Mineral, Kind of mushroom and other it's in food classification.

Vitamin group categories are Vitamin C, vitamin E, and Carotene. Dietary antioxidant categories are polyphenols, Anthocyanins, flavonoids, Red wine polyphenols, Cocoa polyphenols, Soy isoflavone, and Catechin. Sulfur-containing compounds categories are Diallyl sulfide, S-allyl cysteine, and Isothiocyanate.

Dietary fiber categories are Cellulose, hemicelluloses, Lignin, Pectin, Mannan and Alginic acid. Mineral categories are Selenium, Gold, and silver.

Kind of mushroom categories are Maitake (MD-Flat-cushion), Enokidake (Protein polysaccharide), Bunashimeji (Glycoprotein polysaccharide), Nameko (Fruiting body), and Shiitake polysaccharide.

Other categories 1 are Chalcone, Triterpenoid, Sulforaphane, Wasabi-Isothiocyanate, Tetrahydrocurcumin, Sesamin, Sesamolin, Sesaminol glycoside, β -cryptoxanthin, Auraptene, Nobiletin, Fucoxanthin, and Fucoidan.

Other categories 2 are Laetrile, Squalene, Shark cartilage, Chondroitin sulfate, and Coenzyme Q10.

We need absorption overall. Many substances are found by a cancer restraint substance from the past to today.

When all cancer restraint substances are taken,

The stomach refuses it.

- a. 70% would be made up with our daily meal.
- b. When you're conscious of important cancer restraint substances. 90% of a cancer restraint substance can be taken.
- c. When you're conscious of most important cancer restraint substances hard. 100% of a cancer restraint substance can be taken

Effective substances are a fin of shark, a cartilage and cod-liver oil functionally.

Ray may also be good. A seasonal fruit in autumn may also have the functional effect. Be continue.

Volume 2 Issue 5 October 2015

© All rights are reserved by Masanori Kaneko.