## EC NUTRITION EDITOR'S COLUMN - 2016

## Why Do Authors Pay to Journals' Editors for Publishing?

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## COLUMN ARTICLE

Up to 2006 I was used that my findings were rejected. Open journals on line began to publish my manuscripts. Apparently, open journals on line have accomplished the goal of breaking the monopoly of old English and US paper Journals. Every day, I receive an invitation to publish from old and new on line Journals. Do these Journals have a readership? Some Journals sent me thanks for having increased the number of their readers. I wonder how much I did spread my findings by these Journals. The open nature of on line Journals is surely positive to increase objective knowledge in the world. For a civil progress, the openness ought to survive. The number of online journals seems already large and I do not see any feedback mechanism to stop their proliferation. The current feedback mechanism is positive, the author and the online publisher collude in a conflict of interest for the publication even against the Scientific value. Payment for publication was considered an act of bribery. An obvious solution would be that Universities would be accountable for the survival of online Journals, for starting new Scientific Journals, for the selection of Manuscripts and attribution of value and authority. Personally, I published online without any knowledge of the impact factor of the publishing Journal. In the assessment of the value of publishing, the number of readers might be a simple and useful indication. Authority is necessary in the current world although any Scientific authority, including the ASN, may incur in the error of the Bellarmino process to Galileo [Ciampolini Mario. New Findings on Energy Balance and Established Wisdom. International Journal of Nutrition and Food Sciences. Vol. 3, No. 4, 2014, pp. 300-306. DOI: 10.11648/j.ijnfs.20140304.20]. My personal conclusion is that I informed so much patients, Journals and Nutrition Associations that exhausting my small resources would only anticipate the spreading of my findings by few years. Thus, I deliberated a cessation in the payment to get my writings published.

I am also used to make choices and proposals on behalf of a civil development. With this view, there is the necessity of consensus meetings to develop rules for the dues/rights of Universities on publishing. A University that does not write is a failure, a non-sense. A publication excess is confounding. I always accepted the decisions of University authorities even though the authorities denied me any support and eventually destroyed my lab. A real right to free criticism ought to be preserved. The Italian evil of trust in friendship instead of trust in measurements and in objective assessments is widespread. We must be aware and fight against client relations at every choice.

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