

## EC NURSING AND HEALTHCARE Short Communication

## School of Nursing at the Ilyinskaya Hospital

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The world experience of the healthcare system shows that the nurse is the key link that ensures the interaction between the doctor and the patient.

Doctor and nurse are two allied health professions. In many countries, the profession of a nurse is not perceived as an additional one. This is a completely different, specific, a very complex high-tech profession that is respected in society. What the nurse knows and can do, the doctor may know and be able to do, but he completely relies on the nurse. The nursing profession has its own well-defined range of activities, and nursing is a science and a subject, which is included into a course of higher education. In several countries there are professors of nursing, major specialized journals are published. In the field of nursing serious scientific research is being carried out, and articles are published in those journals. Today no one is surprised that in many developed countries a nurse independently decides on a particular clinical situation or medical manipulation, without involving the doctor, but only informing him. At the same time, this autonomy also has a downside - high responsibility. By making independent decisions, the nurse takes full responsibility for her actions and their consequences.

The doctor and nurse should be a team working to help the patients. At the same time, each of these specialists performs their own duties.

Unfortunately, at present in Russia, the knowledge, competence, and responsibility of nurses are at a lower level and require additional efforts on the part of the employee himself, as well as on the part of the management of the medical institution to improve them.

To change the attitude towards themselves, nurses need to receive additional education, gain new knowledge and experience. You cannot demand to be respected; respect can only be earned by your competent work.

Back at the beginning of the last century, Florence Nightingale, the founder of nursing, was one of the pioneers of the idea of creating nursing schools at her base in St. Thomas (Great Britain). Nurses received qualifications and a specialized level, learned to develop the skills of observation and sensitivity to the needs of patients, timely response to them.

The idea of organizing the school of nursing at the Ilyinsky Hospital belongs to its CEO, Artem Borisovich Gapeev.

Employees with different levels of professional training, training base, work experience in working with corporate patients and the level of knowledge of IT technologies joined our young team.

As part of the development of the training system and maintaining the continuity of the educational process, a corporate educational project "School of nursing of the Ilyinsky Hospital" was created. The school trains nurses from different departments. The aim of studying

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at the school is to help nurses develop professionally, continuously improve their qualifications, become an indispensable member of the medical process and a respected professional in the team.

The implementation of the project involves the studies of several thematic courses, divided into 4 cycles.

The training cycles contain the following areas:

- · Emergency conditions.
- Invasive interventions and anaesthesia management.
- The main aspects of nursing in paediatrics.
- Safe hospital (patient identification, drug safety, fall prevention, emergency and emergency care, etc).
- Rehabilitation medicine.
- Communicative skills of a medical worker of a nursing service.
- Clinical psychology.
- Medical English.

Training is carried out in different formats: lectures, seminars, practical exercises, as well as in the form of solving situational problems and participation in simulation trainings.

Initially, it was planned that the training would be carried out by the doctors of the Ilyinsky hospital, but since August 2021 mid-level medical staff has begun to teach at the School of nursing. The most experienced and qualified nurses teach, instruct and support newcomers in their endeavours, as well as help improve their professional level, fix their achievements with colleagues with experience.

The role of the Ilyinsky hospital as a nurse-teacher is great and important for us, it helps increase the level of knowledge and motivation of the nursing staff. Both the head nurses of the departments and ordinary employees teach at the school. Preparing lectures is always a very interesting, responsible, and important process for a teacher. We learn how to properly approach the preparation of a presentation (and this is a kind of art), which needs to be taught separately. One of the important, in my opinion, aspects of employee training is accessible visual information, because first we evaluate, "scan" information with our eyes, it should interest us, then we listen, understand, remember, ask questions.

At the end of the training each employee is tested for the entire course.

We clearly understand that the presence of high professional skills and knowledge of our hospital staff contributes to improving the quality of medical care and patient satisfaction, increases the professional status of nurses and the level of responsibility for the patient. This is greatly facilitated by classes at the nursing school of the Ilyinsky hospital.

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