

Dimension of Physiotherapy: Need Policy Maker Attention

Md Monoarul Haque*

Publication Secretary, Bangladesh Physiotherapy Association, Bangladesh

***Corresponding Author:** Md Monoarul Haque, Publication Secretary, Bangladesh Physiotherapy Association, Bangladesh.

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Physiotherapy is a branch of medical science. It is well developed in western world and now it is getting popularity in Asia particularly South East Asia. Physiotherapy is rich in India and Pakistan and its popularity, acceptability, accessibility, applicability, publicity in Bangladesh is also increasing tremendously as number of patients are increasing. Orthopedic physiotherapy, neurological physiotherapy, pediatric physiotherapy, geriatric physiotherapy, sports physiotherapy, gynecological physiotherapy, cardiac rehabilitation, physiotherapy in burn & plastic surgery, physiotherapy in child neuro-developmental disorder, physiotherapy in rheumatology are mentionable dimension of physiotherapy. Though in our country physiotherapy is widely used in orthopedic condition like pre and post orthopedic surgery, post stroke rehabilitation, autism and cerebral palsy as well as sports injury. Most of the physiotherapists do private practice or NGO job because of scarcity of government job. Bangladesh Physiotherapy Association (www.bd-bpa.org) is trying hard to knock policy maker to create post for physiotherapists so that poor and disadvantaged people can get physiotherapy service easily. Bangladesh is a land of agriculture and farmers are the root of economy. They often suffer back pain, knee pain because they had to carry heavy weight, bending and squatting activity but they are less aware about their health/positional movement. As physiotherapy service did not reach up to root level and it is very difficult to take physiotherapy in district level/ Upazilla level passing long distance. It is expensive and time consuming. Community based physiotherapy can be instituted to solve this problem. We know there are number of community clinic run by Government. In every community clinic one physiotherapist can be appointed. World Health Organization (WHO) can contribute by providing fund because rehabilitation is prime agenda of health care. Road traffic accident along with non-communicable diseases are increasing which ultimately increases disability and physiotherapy has huge/key role to treat disable patients.

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