Rapid Antigen Testing for Detection of SARS-CoV-2 (COVID-19) Infection

Attapon Cheepsattayakorn^{1,2*}, Ruangrong Cheepsattayakorn³ and Porntep Siriwanarangsun¹

¹Faculty of Medicine, Western University, Pathumtani Province, Thailand ²10th Zonal Tuberculosis and Chest Disease Center, Chiang Mai, Thailand ³Department of Pathology, Faculty of Medicine, Chiang Mai University, Chiang Mai, Thailand

*Corresponding Author: Attapon Cheepsattayakorn, 10th Zonal Tuberculosis and Chest Disease Center, Chiang Mai, Thailand. Received: August 07, 2021; Published: August 30, 2021

N and S proteins of SARS-CoV-2 (COVID-19) are the main immunogens among the four structural proteins (E, M, N, and S) [1]. The N protein-IgG ELISA provides a sensitivity of 94.7% that is significant higher than that of the S protein-IgG ELISA [2]. Antibodies against N proteins are longer-lived and have greater volume, in comparison to E, M, and S proteins [2]. Approximately, 100 companies are manufacturing or developing rapid antigen tests (RATs), one of the four types (virus isolation with cell cultures, serological testing, RATs, and molecular techniques) [2] for SARS-CoV-2 (COVID-19) detection [3]. Most RATs for SARS-CoV-2 (COVID-19) detection use a simple-to-use lateral flow test format that commonly use for influenza, malaria, and HIV testing as a sandwich immunodetection [4]. The testing results are interpreted by the operator within 10 to 30 minutes after collecting the respiratory specimen and applying it to the test strip [5]. In comparison to the nucleic acid amplification tests (NAATs), a decreasing sensitivity is found in the trade-off for simplicity of RATs for SARS-CoV-2 (COVID-19) operation [4]. As of September 11, 2020, only three companies submitted documents towards WHO's Emergency Use Listing (EUL) procedure, two tests have been approved by Japan's Pharmaceutical and Medical Devices Agency, and only four tests have received United States Food and Drug Administration (FDA) Emergency Use Authorization (EUA) [6,7]. In comparison to NAATs in respiratory specimens (nasal or nasopharyngeal swabs), the specificity is consistently high (> 97%), whereas the sensitivity ranges from 0 to 94% [8-17]. When the cycle threshold (Ct) values are equal to or less than 25 or the SARS-CoV-2 (COVID-19) viral loads are more than 10⁶ genomic virus copies/mL that frequently present in the pre-symptomatic period (1 - 3 days before the symptom onset) and the first 5 - 7 days of the acute COVID-19 illness phase [18-20]. Kweon, et al. conducted a study on evaluation of the diagnostic accuracy of the two newly developed, point-of-care, RATs, the ichroma COVID-19 Ag[™] and AFIAS COVID-19 Ag for detecting SARS-CoV-2 (COVID-19) infection by serially collecting 200 nasopharyngeal samples from 38 COVID-19-infected patients and 122 samples from negative control group [21]. The study revealed that both RATs demonstrated the sensitivity of 91.3% to 100% for samples with Ct < 25, whereas the specificity was 98.7% to 98.9% for AFIAS COVID-19 Ag and 100.0% for ichroma COVID-19 Ag[™] [21]. The sensitivity of AFIAS COVID-19 Ag and ichroma COVID-19 Ag[™] for all targeted genes (*E*, *N*, and *RdRP*) was higher for samples collected before 7-days post-symptom onset than for those collected 8 - 14 post-symptom onset [21]. Stohr., et al. studied the sensitivity and specificity of the two self-testing kits (BD Veritor System-BD RAT, n = 1,604 and Roche SARS-CoV-2 RAT, n = 1,611) with lateral flow assay compared to the gRT-PCR with Ct-value below the Ct-value cut-off demonstrated 78.0% (95% CI: 72.5 - 82.8) and 99.4% (95% CI: 99.0 - 99.6), respectively [22]. A test with the sensitivity of 80% performed and implemented by at least 70% of the population once a week was estimated to decrease the reproductive number of SARS-CoV-2 (COVID-19) from the basic reproductive number (R0) of 1.5 to the effective reproductive number (R) below 1.0 [22].

The WHO has announced the general recommendations for the use of RATs for SARS-CoV-2 (COVID-19) detection as the following: 1) SARS-CoV-2 (COVID-19) RATs that meet the sensitivity of 80% or higher and the specificity of 97% or higher, compared to a NAAT reference assay where NAAT prolonged turnaround times preclude clinical utility or is unavailable; 2) Appropriate scenarios for the use of SARS-CoV-2 (COVID-19) RATs (responding to suspected COVID-19 outbreaks in remote settings, semi-closed communities, and institu-

Citation: Attapon Cheepsattayakorn., *et al.* "Rapid Antigen Testing for Detection of SARS-CoV-2 (COVID-19) Infection". *EC Microbiology* 17.9 (2021): 18-20.

tions where NAAT is not immediately available, supporting outbreak investigations; testing of asymptomatic cases of contacts may be considered even if the RATs is not specifically authorized for this use, due to asymptomatic cases having been shown to have viral loads similar to symptomatic cases; where there is widespread community transmission; and monitoring trends in COVID-19 incidence; 3) Initial introduction of RATs into clinical use; 4) in institutions where confirmed testing with NAAT in not feasible, and indications that RAT results may be incorrect should raise about validity suspicions; and 5) Use of RATS is not recommended in populations or settings with low expected prevalence of SARS-CoV-2 (COVID-19) (for examples; elective surgery, blood donation, screening at point of entry) [4]. The WHO also recommends the selection of RATs for procurement and implementation that includes 1) Quality of available data to validate the test; 2) Reported performance; 3) Manufacturing capacity and further evidence of quality; 4) Manufacturing quality and regulatory status; 5) Distribution and technical support; 6) Storage conditions, shelf-life, and shipping; 7) Availability, completeness, and clarity of instructions for use; 8) Cost of RATs; 9) Contents of RAT kit; and Specimen collection requirements [4]. Additionally, the WHO recommends the implementation considerations that include 1) Strictly following the supplier-recommended procedures; 2) Biosafety requirements for operators must be in place; 3) Each of these RATs has a specifically indicated method for specimen processing after collection; 4) Specimen collection is one of the most critical factors affecting performance of RATs; 5) Use of instrumented detection systems demands additional training requirements and sufficient infrastructure; and 6) Post-market surveillance with regulatory oversight [4]. Several variables may impact on RAT clinical performance that include 1) Pre-analytical influencers (sample type and way of sampling; collection device, transport media, and volume versus direct testing without dilution by transport media; time to test and storage/transport conditions, the time delay before processing); 2) Analytical influencers (Viral load of the specimen and viral load distribution in respective cohort (represented by SARS-CoV-2 (COVID-19) viral RNA copies/mL or Ct), analytical sensitivity and specificity of the PCR reference standard, PCR assay specifics, for examples, different targeted genes (E/N/RdRp-gene, etc. and across-laboratory differences (for examples, the definition of a positive specimen starting at Ct < 38 or < 40); and 3) Clinical parameters of the tested individual (days post-symptom onset of sampling, asymptomatic versus symptomatic status, the definition of symptoms " suspicion of SARS-CoV-2 (CO-VID-19) infection, and severity of symptom [23].

In conclusion, Currently, which SARS-CoV-2 (COVID-19) antigens are most appropriate for serological testing and whether the direct detection of viral antigens in the clinical specimens is a more sensitive-rapid-accurate-immunological diagnostic method for SARS-CoV-2 (COVID-19) remain unknown. S1 subunit protein of SARS-CoV-2 (COVID-19) is the S protein as an antigen for the serological diagnosis of SARS-CoV-2 (COVID-19) infection, whereas the S2 subunit protein plays a significant role in the cross-reactivity when the whole S protein is utilized as an antigen. Combinations of both S and N proteins have revealed improvement of the laboratory results through multiantigen protein arrays in comparison to each individual protein antigen. RATs become useful diagnostic tool for the SARS-CoV-2 (COVID-19)-early detection. They should be used in conjunction with the molecular methods and further urgent studies should be focused on strategies to improve the accuracy and sensitivity and post-implementation evaluation of the diagnostic accuracy.

Bibliography

- 1. Meyer B., et al. "Serological assays for emerging coronaviruses: challenges and pitfalls". Virus Research 194 (2014): 175-183.
- Li D and Li J. "Immunologic testing for SARS-CoV-2 infection from the antigen perspective". Journal of Clinical Microbiology 59.5 (2021): e02160-021620.
- 3. Foundation for Innovative New Diagnostics. SARS-CoV-2 diagnostics pipeline (2020).
- 4. World Health Organization. Antigen-detection in the diagnosis of SARS-CoV-2 infection using rapid immunoassays: interim guidance (2020).
- Peto T. "UK COVID-19 Lateral Flow Oversight Team. COVID-19: rapid antigen detection for SARS-CoV-2 by lateral flow assay: a national systematic evaluation of sensitivity and specificity for mass-testing". *EClinical Medicine* 36 (2021): 100924.

Citation: Attapon Cheepsattayakorn., *et al.* "Rapid Antigen Testing for Detection of SARS-CoV-2 (COVID-19) Infection". *EC Microbiology* 17.9 (2021): 18-20.

19

- 6. U.S. Food and Drug Administration. *In vitro* diagnostics EUAs (2020).
- 7. Agency PaMD. "PMDA's effort to combat COVID-19 (2020).
- 8. Porte L., *et al.* "Evaluation of novel antigen-based rapid detection test for the diagnosis of SARS-CoV-2 in respiratory samples". *International Journal of Infectious Diseases* 99 (2020): 328-333.
- 9. Diao B., *et al.* "Diagnossis of acute respiratory syndrome coronavirus 2 infection by detection of nucleocapsid protein". *Med Rxiv* (2020).
- Lambert-Niclot S., et al. "Evaluation of a rapid diagnostic assay for detection of SARS-CoV-2 antigen in nasopharyngeal swabs". Journal of Clinical Microbiology 58.8 (2020).
- 11. Mertens P., et al. "Development and potential usefulness of the COVID-19 Ag Respi-Strip Diagnostic Assay in a pandemic context". *Frontiers in Medicine* 7 (2020): 225.
- 12. Blairon L., *et al.* "Large-scale, molecular and serological SARS-CoV-2 screening of healthcare workers in a 4-site public hospital in Belgium after COVID-19 outbreak". *Journal of Infection* (2020).
- 13. Mak GC., *et al.* "Evaluation of rapid antigen test for detection of SARS-CoV-2 virus. Journal of Clinical Virology: the official publication of the Pan American Society for". *Clinical Virology* 129 (2020): 104500.
- 14. Nagura-Ikeda M., *et al.* "Clinical evaluation of self-collected saliva by Rt-qPCR, direct RT-qPCR, RT-LAMP, and a rapid antigen test to diagnose COVID-19". *Journal of Clinical Microbiology* (2020).
- 15. Omi K., et al. "SARS-CoV-2 qRT-PCR Ct value distribution in Japan and possible utility of rapid antigen testing kit". Med Rxiv (2020).
- 16. Scohy A., *et al.* "Low performance of rapid antigen detection test as frontline yesting for COVID-19 diagnosis". *Journal of Clinical Virology* 129 (2020): 104455.
- 17. Weitzel T., *et al.* "Head-to-head comparison of four antigen-based rapid detection tests for the diagnosis of SARS-CoV-2 in respiratory samples". *Bio Rxiv* (2020).
- 18. Weiss A., et al. "Spatial and temporal dynamics of SARS-CoV-2 in COVID-19 patients: a systematic review and meta-analysis". EBio Medicine (2020): 58.
- 19. Arons MM., et al. "Pre-symptomatic SARS-CoV-2 infections and transmission in a skilled nursing facility". The New England Journal of Medicine 382.22 (2020): 2081-2090.
- 20. Dinnes J., et al. "Rapid, point-of-care antigen and molecular-based tests for diagnosis of SARS-CoV-2 infection". Cochrane Database of Systematic Reviews 8 (2020).
- 21. Kweon OJ., *et al.* "Evaluation of rapid SARS-CoV-2 antigen tests, AFIAS COVID-19 Ag and ichroma COVID-19 Ag, with serial nasopharyngeal specimens from COVID-19 patients". *PLoS ONE* 16.4 (2021): e0249972.
- 22. Stohr JJJM., et al. "Self-testing for the detection of SARS-CoV-2 infection with rapid antigen tests". Med Rxiv (2021).
- 23. Hayer J., *et al.* "Real-world clinical performance of commercial SARS-CoV-2 repid antigen tests in suspected COVID-19: a systematic meta-analysis of available data as of November 20, 2020". *International Journal of Infectious Diseases* 108 (2021): 592-602.

Volume 17 Issue 9 September 2021

©All rights reserved by Attapon Cheepsattayakorn., et al.

20