

Some Reflections for the Medical Community on the Threshold of a New Wave

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When it seemed that through the achievements of mass immunization through the use of vaccines and the progressive reopening of different social and sports activities, we were beginning to leave behind this dark nightmare called "COVID-19 Pandemic", when we thought we were seeing the light at the end of the tortuous and dark tunnel that we had to go through these last two years, we are surprised by the novelty of a growing and possible "third wave" that is coming, from the discovery of a new isolated strain in India. In fact, last July, the old but always beautiful Europe became the first continent to exceed fifty million infections.

Is it that this serious situation will not end anymore? will it go on indefinitely? We do not know... if we know that for now the basic measures to avoid contagion on a daily basis and social distancing are here to stay... I am convinced that NOTHING will ever be the same again... we ourselves will not be what we were again in our work, social behaviors... isolation, restrictive measures, scarce social contact, among others, have generated a disproportionate increase in psychological disorders such as insomnia, depression, apathy, obsessive-compulsive disorders, attempts suicide, deficit or inattention in children or older adults...

The true origin of this virus will surely not be known either; it is a secret kept under seven keys... various hypotheses try to place it within a context of "manipulated virus" or "laboratory", but these hypotheses have not yet become reliable evidence... hardly a totalitarian country and very powerful to "allow" this type of license or slip...

Faced with this difficult situation, what then do we, the inhabitants of this planet, and in particular the medical community, have to do?

In my opinion, we must continue "at the foot of the cannon", hold on to the "front line of combat" as on the first day, but without losing sight of the fact that this "combat", this "fight without quarter" should not only involve the fight daily and direct against this formidable enemy called Covid-19, but must also include prevention based on the systematic use of protection measures and awareness of the importance of mass vaccination in the population without discontinuing the attention of all those patients who they are not covid-19 positive, because this huge group of people need us as much or more than Covid-19 patients... and we must not "leave them behind"... on the contrary, we must redouble our efforts to attend them, study them, diagnose them and even operate them if necessary... they are also our patients and need us... Each public or private institution must know how to implement this so that it is possible to do it... and at the same time we continue with scientific projects for the development of management techniques, prostheses or protocols and, if possible, publish them... continue advancing...

I believe that in this way, with courage, with brief but efficient and accurate gestures, we say as a Medical Community that we are present and attentive, that we are on guard, that we are ready from each of our jobs to continue fighting against this particular virus but to at the same time betting and believing that we can help improve tomorrow, a hopeful tomorrow, a formidable tomorrow, but without this damn virus that today tries to tie us down.

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