

## A Look at what Happens to Us Today

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Received: March 19, 2021; Published: April 06, 2021

It is a bit difficult to write in a clear and inspiring way in these times that we have to live. It happens that this Pandemic that devastates the whole world has come to disrupt our customs, our movements and freedoms, our economy and employment sources, our health and of course our daily activity, which includes, in the case of the Personnel dedicated to Health, a good part of our time, of our life as we knew it before this happened.

The commitment, effort and unparalleled dedication that throughout the world have been demonstrated by the many Health teams involved in this unequal fight, thrills and moves. Perhaps, some will be able to raise their voices to say that we are for that, that we study and prepare for that... what they may not measure is that this preparation does not include, in principle, giving up one's own life to try to save that of others....

Many lives, both of Patients and Health Personnel, were lost during this true catastrophe, and, unfortunately, many more will be lost until this situation can be mastered... it is to be hoped that prevention, basic care and immunization through vaccines help to end all this... I sense anyway that NOTHING will be the same again... travel, social, family, sports or recreation gatherings, daily work in general and ours in particular will be different... and as such we must address it... but without clauding, without giving an another in our effort to give the best for our patients...

Therefore, we must continue Working, Researching, Writing and Publishing new and different invasive and non-invasive techniques until we achieve that they are almost the "ideal" for each and every one of those who put their health in our hands...

Achieving excellence has never been an easy task and right now it is even more so... the bewilderment, the physical and mental fatigue after so many months of almost uninterrupted work and with little rest take their toll on all of us...

But the idea of these words is to bring each one a firmly lit flame that permanently says "Let's move on, let's continue generating excellent Health and Care for our patients"... and let's not stop sharing our concerns with our colleagues through of presentations and publications... let's not let inertia and apathy take over our minds and hearts... on the contrary... we are going for more...

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