

EC ENDOCRINOLOGY AND METABOLIC RESEARCH Opinion

How we can Develop Immunity Power against COVID-19

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As we know that Corona Virus develops in human body and affect in only human. Now it is pandemic and lot of people dying every day and number of patients increasing every hours.

If we do not control it then it is dangerous for civilization, languages, and cultures because in our world there are many kind of civilization, languages and culture in the world. As we know that incubation period for COVID 19 is 1 to 14 days and it's live in only 12 to 14 hours in the environment. Then we can protect our self to avoid going crowdie place and we can work at home.

As we know that it's affect low immunity person so my advice for all people to develop immunity balance diet, exercise and cheerful time. And I want to describe one natural method to develop the immunity power by the bile juice of Chopped animals birds can use for increase immunity and we can try for corona virus also.

Materials and Methods

Take a fresh animal and birds chopped bile juice and mixed it with rectified sprit. 50% Bile juice and 50% rectified sprit and sake well in a bottle and keep it for 12 hours and after 12 hours all particles is sit at the bottom and we can use 1 drop upper site extract by oral administration. And it can develop immunity because I use it and found fruitful result in cough cold and fever. It is my humble request to WHO to experiment on this topic and save the world by COVID-19.

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