

## Unidentified Pain, Emergency Insights

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### Abstract

Unidentified pain is a common symptom or syndrome that is difficult to diagnosis at the first place. To promote the diagnosis and treatment of the symptom in emergency practice, medical experience and technology are both important. This editorial highlights this issue.

**Keywords:** *Emergency Practice; Cardiovascular Diseases; Back Pain; Rapid Diagnosis*

### Introduction

Intense pains, acute or chronic are common symptoms that need a great attention for doctors, especially in emergency cares. Many of them are even fatal if any delay in emergency [1-12]. Since a lot of etiological factors can cause intense pains, a great knowledge should be based in order to save more life.

### New insights

Since a great diversity of etiological factors can induce intense pains, high-quality of diagnosis is the first priority. Speedy and correct diagnosis from doctors seems more important. Since many patients, like in China have no much money for large-scale diagnosis with expensive technical instruments. Doctor's intuit and choice is important. In order to clarify our thoughts, following insights are introduced:

- Guess and determine disease types at first place.
- Quickly find disease location, intensity and pathology.
- Find best therapeutic options (cost-effective).
- High-quality nursery to medical care all the therapeutic course [13-19].

Overall, different pathogenic mechanisms can produce intense pains in patients. It can be origins of muscle, nerve, bone, joint, bleeding, clotting, infection, inflammation, appendicitis, gynecology or malignancy [20-22]. That needs doctor's intuition rather than large medical instruments. Any diagnostic detours can loss precious times.

Of course, not all intense pains are fatal. Many of them may quickly alleviated by drugs or physical treatment. Even traditional medicine, such as acupuncture, chiropractor, herbal or others may also alleviate pains [22-29]. This asks for rich clinical experience and different field of medical backgrounds.

### Future trends

In the future, we can use artificial intelligence, telecommunication and platforms to promote disease diagnosis and treatments [30,31]. These technologies can help emergency treatments in remote areas which lack high-quality doctors, instruments and broad-categories of drugs.

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