

Echium angustifolium Reduces/Revokes the Effect of *Cerastes cerastes* Venom in Albino Mice

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Abstract

Snakebites are a tremendous challenge in public health owing to their high mortality. Most snake venoms cause powerful local tissue damage leading to transitional or permanent disability of victims. The anti-*Cerastes cerastes* venom effect of aqueous aerial parts of *Echium angustifolium* extract was explored using molecular modelling and animal models. The improvement in the mean survival time of albino mice was used to construe the antivenom property of this extract after challenging with LD99 snake venom. *Echium angustifolium* aqueous extract constituents (pyrrolizidine alkaloids, phenolic acid derivatives and flavonoids) showed *van der Waals*, hydrogen bonding and electrostatic interactions with an active site of the main constituents of the venom phospholipases A₂ enzyme and changes in the fluorescent spectrum of the enzyme. The aqueous extract of *Echium angustifolium* extract applied intraperitoneally considerably increased the mean survival time but could not protect animals from death when used alone. The lower dose of 0.5 ml *Echium angustifolium* extract (1.29g/30 ml) showed less protective activity of 8.5 hours in comparison to the higher dose 2.0 ml (1.29g/30 ml) which gave a 13 hour protection time. The anti-snake venom was found to be more efficient than the aqueous aerial parts of *Echium angustifolium* extract.

Keywords: Cerastes cerastes; Anti-Snake Venom; Aqueous Echium angustifolium; Molecular Modelling/Modelling

Introduction

Snakebites signify a considerable public health threat that leads to high morbidity and mortality in many states of North Africa including Libya, Tunisia, Algeria and Egypt [1,2]. More than four hundred snake species, of which about thirty are venomous, belong to 4 terrestrial dissimilar families mainly: *Atractaspididae, Colubridae, Viperidae and Elapidae* are responsible for a majority of human fatalities, as stated by the World Health Organization (WHO) [3]. *Cerastes cerastes* is solitary of the prominent snakes related to human mortality in Libya, Tunisia and Algeria. The *Cerastes cerastes* venom contains a variety enzymes including proteolytic compounds and causes multiple kinds of intoxications [4]. The resulting toxicities, lead to considerable physiopathological changes of the skin, liver and heart. Phospholipase A₂ (PLA₂) for instance, has been shown to be connected with several toxicities such as lung-, neuro-, nephro-, cardio-, and

hepatotoxicity [5-7]. The lethal effect of snake venom mainly results from PLA₂. Phospholipid hydrolysis by PLA₂ liberates an important acid called arachidonic acid whose metabolism leads to the formation of lipid peroxides and highly toxic reactive oxygen species (ROS) [7,8]. The increased activity of liver enzymes is an indicator of liver injuries as well other organs [7,9]. The neurotoxic effects exerted by PLA₂ appear to be due to the influx of calcium ions *via* voltage-gated ion channels located in the neuronal membrane [7,9]. In addition, PLA₂ affects mitochondrial membranes in respiratory muscles due to phospholipid hydrolysis. These two effects together lead to acute neuromuscular weakness and eventually to paralysis and suffocation [10,11].

Anti-snake venom (ASV) is a major antidote choice for snake venom actions and the basis of treatment. Monovalent ASV (a hyperimmunizing venom that is obtained from a single species of snake) is favored to the polyvalent venom (obtained from various snake species) since it is less perilous to the patient and probably more effective in the neutralization of the specific venom though, a species diagnosis has to be made before the proper treatment can be selected. Polyvalent ASV is frequently used against snakebite, but it is more costly since antibodies are from several immunized animals. This in turn can cause adverse reactions due to activation of the immune system in patients [12,13].

Echium angustifolium (family: *Boraginaceae*), a wildflower is growing in Mediterranean regions such as Libya, Algeria, Tunisia, Greek, etc. The plant contains Allantoin and pyrrolizidine alkaloids (i.e. Heliosupin), phenolic acid derivatives, flavonoids and other constituents which are known for their numerous biological activities. It is weakly poisonous for small warm-blooded animals but not dangerous for humans and sheep even neutralize the active ingredients in their stomach. In small doses this medical plant is used as diuretic, anti-inflammatory, astringent or antirheumatic. However, after prolonged ingestion it may cause liver damage or will be carcinogenic [14,15]. In the present study an aqueous extract of *Echium angustifolium* was investigated for its ability to reduce or revoke the effect of *Cerastes cerastes* crude venom in mice.

Molecular docking and *in vivo* animal studies were performed in order to determine the prospective effect of the plant extract to *Cerastes cerastes* venom. Molecular docking results provide information that can be used to direct and extend an array of experiments [16,17]. Among the molecules that were evaluated using molecular modelling against *Cerastes cerastes* PLA₂ hesperidin and naringenin were the most potent. The aim of our study was to screen the potential anti-snake venom potential of *Echium angustifolium* aerial part constituents compared to polyvalent ASV using molecular modelling and albino mice models. Our results revealed that *Echium angustifolium* constituents form hydrogen bonds with active sites of PLA₂ which reduces or revokes the effect of *Cerastes cerastes* venom.

Materials and Methods

Collection of plant material and preparation of aqueous extracts

Plants were collected from the Garabolle Zone, Tripoli, Libya (March 2020), and *Echium angustifolium* was identified and authenticated by a botanist. The sample was rinsed with deionised water and dried at classical room temperature. The leaves with the stems were cut into smaller pieces and 1.29g of the sample was taken. The cut leaves and stems were then grinded in a homogenizer (HO4A Edmund Buhler GmbH, UK) along with 30 ml of distilled water. The resulting aqueous solution was filtered under vacuum using a Millipore filter (0.45 µm, GHD Acrodisc GF, UK) and the filtrate was stored at 4°C.

Snake venoms

To assure its freshness/purity, *Cerastes cerastes* snake crude venoms were obtained by causing snake bit through a parafilm-coated container to eject venom. Snakes are reared at the Zoology Department, Faculty of Science, Tripoli University (Libya) and the extracted venom was stored at -20°C until use. An aliquot of 7.5 μ l from the ejected venoms was added to 800 μ l of normal saline (0.9% NaCl). A dose of 100 μ l (100 ng) was given intraperitoneally to the Swiss albino mice.

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Molecular docking

The starting geometry of the *Echium angustifolium* constituents was constructed using chem3D Ultra (version 8.0, Cambridge soft Com., USA). The optimized geometry of *Echium angustifolium* constituents with the lowest energy was used for molecular docking studies. Crystal structures of cobra-venom PLA_2 in a complex with a transition-state analogue (1POB) was obtained from the PDB (Protein Data Bank) https://www.rcsb.org/structure/1POB. Molecular dockings of *Echium angustifolium* constituents with 1POB was accomplished by Auto Dock 4.2 software from the Scripps Research Institute (TSRI) (http://autodock.scripps.edu/). Firstly, polar hydrogen atoms were added into protein molecules. Then, partial atomic charges of the PLA_2 enzymes and *Echium angustifolium* constituents were calculated using Kollman methods [18]. In the process of molecular docking, the grid maps of dimensions (62Å X 62Å X 62Å) with a grid-point spacing of 0.376Å and the grid boxes centered. The number of genetic algorithm runs and the number of assessments were set to 100. All other parameters were default settings. Cluster analysis was performed on docking results by using a root mean square (RMS) tolerance of 2.0Å, which was reliant on the free energy binding ability. Lastly, the dominating configuration of the binding complex of *Echium angustifolium* constituents and PLA₂ enzyme fragments with minimum binding energy were determined which depended potentially on the data of 3D structures of the PLA₂ binding sites and finally produced a succession of phospholipase binding complexes.

Absorbance spectra

Absorbance spectra were measured on a Jenway model 6505 UV-visible spectrophotometer, (London, UK) using quartz cells of one centimeter path length. UV-Vis absorbance spectra were measured in the 200-500 nanometer range, spectral bandwidth of three-nano-meter. For the final spectrum of each solution analyzed baseline subtraction of the buffer solution was performed. The venoms samples protein content of was obtained by the spectrophotometric method of Markwell., *et al* [19]. BSA (Bovine serum albumin, Sigma) was used for standard assays.

Fluorescence spectra

Fluorescence emission and excitation spectra were measured using a Jasco FP-6200 spectrofluorometer (Tokyo, Japan) using fluorescence 4-sided quartz cuvettes of 1.00 cm path length. The automatic shutter-on function was used to minimize photo bleaching of the sample. The selected wavelength was utilized to provide combined excitation of tyrosine and tryptophan residues. The buffer emission spectrum was subtracted from the full emission spectrum to omit the background fluorescence. The changes of fluorescence emission strength and fluorescence shifts were observed in which the formation of the system was formed by sequential addition of aliquots of Tris buffer, *Cerastes cerastes* venom and finally *Echium angustifolium* filtered aqueous extract.

Test animals

Swiss albino male mice (18 ± 2g) were used for *in vivo* experiments. In order to diminish the contact caused by handling and environmental alterations during behavioral studies, mice were adapted to laboratory surroundings and the Laboratory Animal Holding Center for three days and the laboratory room as a minimum two hour prior to experimentation, respectively. Animals were kept under standard conditions with food (low protein diet) and water available *ad libitum*. The animals were housed six per cage in a light-controlled room (12h light/dark cycle, light on 07:00h) at 65% relative humidity and 27°C. All experiments were performed between 10:30 and 15:00h. Each test group consisted of at least six mice, and each mouse was used only once. All animal experiments were conducted according to guidelines set by the Institutional Animal Ethics Committee of the Tripoli University.

Detoxification of venom by Echium angustifolium extract

Five groups (six mice each) were used in this study. The first group received only $100 \mu l$ (100 ng of total protein) of the *Cerastes cerastes* venom (LD₉₉ 5 µg/kg). Groups 2 - 4 (serving as treatment groups) were given an equal quantity of the *Cerastes cerastes* venom with 0.5

ml, 1.0 ml and 2.0 ml of aqueous *Echium angustifolium* extract orally (1.9g/30 ml). Group 5 received 100 µl of the *Cerastes cerastes* venom and ASV. The number of deaths was recorded within 24h.

Statistical analysis

The significance of difference among the various treated groups and control group were analyzed by means of one-way ANNOVA using unpaired student's *t* test. The results were expressed as the mean \pm SEM of the number of experiments performed, with P < 0.05 indicating significance.

Results and Discussion

Molecular docking analysis

Table 1 shows the binding energies of Echium angustifolium constituents and cobra-venom PLA, (1pob) obtained by the molecular docking strategy. In this study, molecular dockings of the Echium angustifolium constituents with cobra-venom phospholipase A, (1pob) were performed using Auto Dock 4.2 to investigate the binding mode of Echium angustifolium constituents with cobra-venom phospholipase A, (1pob) and to obtain information about interaction forces between Echium angustifolium constituents and cobra-venom phospholipase A, (1pob). Echium angustifolium constituents and cobra-venom PLA, (1pob) were kept as flexible molecules and were docked into seven forms of rigid PLA, to obtain the preferential binding site to Echium angustifolium constituents on phospholipase A2. The molecular docking results are shown in table 1. The modeling studies showed that there are van der Waals, hydrogen bonding and electrostatic interactions between Echium angustifolium constituents with PLA,. The contribution of van der Waals and hydrogen bonding interaction is much greater than that of the electrostatic interaction because the sum of van der Waals energy, hydrogen bonding energy and desolvation free energy is larger than the electrostatic energy, which is consistent with the literature [20,21]. Hespiridin and cobra-venom PLA, (1pob) interactions are shown in figure 1. Hespiridin showed a higher binding energy (-9.60 kcal/mol,) compared to standard Gel (-4.26 kcal/mol) as mentioned in table 1. Figure 1 shows seven hydrogen bonds between hespiridin and cobra-venom PLA, while Gel shows six hydrogen bonds with cobra-venom phospholipase A, (data not shown). In addition, hesperidin showed good docking interaction with the cobra-venom PLA, binding site (GLY29, ASN52, TYR63and GLU55) (Figure 1). The interaction of Echium angustifolium constituents with the cobra-venom PLA, binding site of the enzyme is essential for effective inhibition as previously reported for Gel and other polyphenols [22,23]. Therefore, Echium angustifolium constituents and Gel may be considered as effective PLA, inhibitor.

Chemical structures	Chemical nature	Name of ligand	1Pob Binding energy
	Pyrrolizidine Alkaloids	9-angeloylretronecine	-6.3
O H H	Pyrrolizidine Alkaloids	7-angeloylretronecine	-6.6

Pyrrolizidine Alkaloids	(7 <i>R</i> , 8S)-petranine 3	-7.0
Pyrrolizidine Alkaloids	(7 <i>S</i> , 8 <i>R</i>)-petranine 1	-6.9
Pyrrolizidine Alkaloids	(7 <i>R</i> , 8 <i>R</i>)-petranine 4	-7.1
Pyrrolizidine Alkaloids	(7 <i>R</i> , 8S)-petranine 2	-7.1
1-O-Octyl-2-Hep- tylphosphonyl-SN- Glycero-3-Phosphoetha- nolamine	Gel	-4.26

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HO OH OH	Flavonoid	Naringin	-8.4
HO OH OH	Flavonoid	Rutin	-8.1
HO OH HO OH OH OH	Flavonoid	Hesperetin	-8.1
	Flavonoid	Hesperidin	-9.6
	Flavonoid	Naringenin	-9
HO OH OH	Flavonoid	Quercetin	-8.4



Table 1: Binding energies of Echium angustifolium constituents and cobra-venom phospholipase A_{γ} (1pob) obtained from molecular docking studies. The unit of all energies (ΔG) is kcal/mol.



Figure 1: Interaction model of hespiridin and cobra-venom PLA2 (1pob) active site. Hespiridin molecule is shown in green colour. Hydrogen bonds are represented by green broken lines.

Pyrrolizidine alkaloids are secondary metabolites of several plant families for instance Boraginaceae or *Asteraceae* and are supposed to be toxic. The metabolic activation of pyrrolizidine alkaloids is catalyzed by hepatic cytochrome P450 and generates reactive pyrrolic metabolites that bind to cellular amino acids of proteins to form pyrrole-protein adducts leading to toxicity. This confirms the ability of pyrrolizidine alkaloids to bind the PLA₂ enzyme but the chronic use of pyrrolizidine alkaloids is very harmful [24,25]. PLA₂ catalyzes the rate-limiting step in the construction of pro-inflammatory eicosanoids and free radicals. The PLA₂ catalyzed reaction is considered to be

an important pathway for the production of reactive oxygen species (ROS) which in turn activates PLA_2 as well as lipid peroxidation and thereby substantially enhances chronic inflammatory diseases [26,27]. Hence, PLA_2 inhibition comes into consideration in the inhibition of inflammation. The antioxidants such as phenolic acid derivatives and flavonoids may also exhibit an important contribution in the interference of inflammatory reactions if they inhibit the phospholipase A_2 along with neutralizing free radical generation [28,29]. Our results are in agreement with the data reported by Dileep., *et al.* in which the inhibiting abilities of phenolic acid derivatives such as vanillic acid, gallic acid, syringic acid and protocatechuic acid against PLA_2 were reported [30].

Fluorescence spectra of Echium angustifolium aqueous extract

One way to measure the degree and convenience of protein binding sites to small molecules is to use fluorescence quenching. Information relating to the number of binding sites, the binding constant Ka, and the distance between acceptors and donors can be willingly obtained using the Stern-Volmer kinetics and Forster's theory [31]. The fluorescence autograph of a protein is obtained from the aromatic residues. The fluorescence from the indole group in tryptophane (Trp) is tremendously sensitive to its environment and is a suitable spectroscopic probe for the structure and rotational dynamics surrounding the Trp residue [32,33]. The Trp residues in phospholipase A₂ can undergo electronic excitation in the visible region, and the emission can be quenched via particular mechanisms depending on the extent of "exposure" to the quencher. Therefore, changes in the intrinsic fluorescence and the bimolecular quenching rate constant of PLA, can be used to monitor structural changes in PLA, fluorescence and give information on Trp accessibility and how deep it is buried in the PLA, molecule. In PLA, a Trp residue is buried in a hydrophobic fold [34]. The fluorescence spectrum shows a decrease of fluorescence intensity (Figure 2) of the snake venom after addition of 33 µl of Echium angustifolium aqueous extract which could be related to a diversity of processes. It is well known that a decrease in fluorescence intensity can be caused by a range of molecular interactions such as molecular rearrangements, ground state complex formation, excited-state reactions, energy transfer or collisional quenching. The decrease in fluorescence emission intensity as shown in figure 2 was not escorted by a red or blue shift which may indicate that Trp residues buried in a hydrophobic environment have moved into a relatively polar environment consistent with earlier reports [35]. The decrease in fluorescence emission intensities rather indicate that binding of *Echium angustifolium* constituents may have talented a conformational change that moves Trp into a moderately more hydrophobic region. This explanation is in agreement with Gorbenko., et al. (2007) who found that the tryptophan fluorescence is quenched by interactions with polar ligands. Binding of proteins to lipid membranes decreases the access to these polar ligands and accordingly decreases the quenching effect [36]. In addition, quenching could be related to two more factors: first, the carboxylate of Echium angustifolium and amide moieties of PLA2 must be in direct contact to bring about obvious quenching. The conjugation between the amide (or the keto) group and the carboxylate group leads to a lower π^* orbital, which is the lowest unoccupied molecular orbital (LUMO), able to accept an electron from the excited Trp. Second, since the constituents of Echium angustifolium have high electron density (hydrogen bonds with water molecules), which can be seen by molecular modeling. Their LUMO energies are strongly affected by water in aqueous solution. The obtained fluorescence results demonstrate how tryptophan fluorescence of PLA₂ become quenched in aqueous solution and is in agreements with the literature [35,37,38].



Figure 2: (A) Plot of fluorescence emission of snake venom (Cerastes cerastes) (24.6 μg/ml) vs wavelength from
285 - 550 nm using excitation of λ280 nm in 0.01M Tris, 0.1M NaCl at pH 7.4. (B) Fluorescence perturbation of snake
venom by addition of 33 μl (1.29g/30 ml) of Echium angustifolium aqueous extract. Spectra were corrected for
background fluorescence contributions from the buffer solution and were scaled to
visualize the change. The total volume in the cuvette was 2000 μl.

Calculation LD99 of Cerastes cerastes venom

Lethality data of Cerastes cerastes venom was calculated. The LD99 of Cerastes cerastes venom was 5 µg/kg as reported previously [39].

Acute toxicity of Cerastes cerastes venom and its neutralization by Echium angustifolium aqueous extract and antivenom

The lethal dosage reflects the venom of the *Cerastes cerastes* snakes which are found in Libya is of high quality and very much strong in terms of its toxicity and lethality. *Cerastes cerastes* venom at a dose of 5 μ g/kg (LD99) produced 100% mortality in mice. *Echium angustifolium* aqueous extract significantly increased mean survival time up to 13.0 ± 0.26 hours compared to 1.1 ± 0.1h before treatment. The protection fold could not protect animals from death when *Cerastes cerastes* venom was used alone. The *Echium angustifolium* aqueous extract when used at the dose of 2.0 ml (stock 1.29g/30 ml) solution was found to be more effective against *Cerastes cerastes* venom (13.0 hours) when compared with 8.5 hours using 0.5 ml (stock 1.29g/30 ml) solution. ASV [polyvalent anti-snake venom by Haffkine Bio-Pharmaceuticals Company (India)] was found to be more effective as compared with the *Echium angustifolium* aqueous extract showing a mean survival of two days for five mice and complete survival of one mouse and was consistent to our previously published work [40]. The pharmacological effects of *Cerastes cerastes* venoms could be classified into three main types, cytotoxic, hemotoxic [40-42] and neurotoxic. The main toxin related to these effects is PLA₂, which is responsible for many pharmacological effects in snakebite victims. The PLA₂ is able to operate on pre- or post-synaptic junctions as antagonist of ion channels and muscarinic or nicotinic receptors to prevent or mitigate neurotoxicity such as paralysis and respiratory failure [42,43]. In addition, PLA₂ can cause local tissue damage resulting in swelling, blistering, bruising or necrosis. In addition, it has systemic effects eliciting hemostatic; hypovolemic shock and cardiovascular effects as coagulopathy, hemorrhage or hypotension and it is also reported to induce severe pain [44,45].

Because PLA₂ activity is a significant part of the venom toxicity, PLA₂ inhibitors are considered for testing drugs. Our results show that the aqueous extract of *Echium angustifolium* when given to the mice after they had received *Cerastes cerastes* at a dose 2.0 µl (stock 1.29g/30 ml) significantly increased mean survival time. This could be due to the interaction of venom components -mainly PLA₂ -with *Echium angustifolium* constituents which is in agreement with the result obtained by molecular docking. The result is in agreements with some previous studies in which some other botanical families such as *Fabaceae, Asteraceae, Apocynaceae, Lamiaceae, Rubiaceae, Euphorbiaceae, Araceae, Malvaceae and Acanthaceae* were found to be useful against snake bites [46,47]. Interestingly, some studies have reported that the crude extracts are already effective and may justify the growth and use of these herbal products.

However, despite of this potential application no natural antiophidic product is obtainable on the market. Literature concerning herbal products against snakebites is sparse [48].

Conclusion

Our molecular docking and *in vivo* animal studies indicate that constituents of an aqueous plant extract from of *Echium angustifolium* are able to bind to active sites of PLA₂ causing inhibition of the enzyme which provides the bases for its substantial antiophidic activity against *Cerastes cerastes* venom.

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