

Safety Tips for the Elderly, Type-11 Diabetics Patients Care at Home and Prevention of Novel Corona Virus

Dr. Bezar Ghan v.v Ph.D, FAGE*

Amrutha Fertility Centre, Hyderabad, Telangana, India

***Corresponding Author:** Bezar Ghan VV, Amrutha Fertility Centre, Hyderabad, Telangana, India.

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Introduction

The CDC announces Geriatric and severe people with serious sickness are more probable to evolve into COVID-19 death.

Elderly adult's resistant system deficiency with aging so it may lead to several chronic illnesses.

If you're live in a neighbourhood where there's an outbreak, you're at higher chance of disease...

Precautions for older age over 65:

1. Cancel unnecessary Doctors' appointments and Laboratory visit for normal sugar check out.
2. Don't allow an outsider into your home after long travel history.
3. Talk over invitations formulated telephone salespeople with a colleague or household member.
4. Do not share your personal information.
5. Don't rush answer the phone.
6. Keep all drugs in their original container, so you don't mix up medicine.
7. Keep your windows and doors locked at all times.
8. Make sure No mosquitos inside rooms.
9. Protect against flame and similar hazards.
10. Wash hands near the bedside.
11. Prevent falls.
12. Stay home as much as possible.
13. Don't cut off communication with family and colleagues.

Duty of family members

Friends, Family and Neighbours are staying older age, someone's needs to take care of them and avoid excessive visit of Laboratory or hospitals for regular check-up.

Healthcare team can provide home service for elderly aged people and save from Covid-19 [1-5].

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