

# The Effect of Age on Calcium, Chlorine, Potassium, Magnesium, Manganese, Sodium, Phosphorus, and Strontium Contents in the Roots of Male Permanent Teeth

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## Abstract

**Objectives:** The aim of the current study was to evaluate quantitatively the effect of age on calcium (Ca), chlorine (Cl), potassium (K), magnesium (Mg), manganese (Mn), sodium (Na), phosphorus (P), and strontium (Sr) contents in the roots of male permanent teeth.

**Methods:** The Ca, Cl, K, Mg, Mn, Na, P, and Sr mass fractions were estimated in intact tooth root samples from apparently healthy 46 men, aged from 16 to 58 years. For chemical element mass fractions measurements, instrumental neutron activation analysis with high resolution spectrometry of short-lived radionuclides was used.

**Results:** Mean values (M±SEM) for mass fraction (g/kg, dry mass basis) of chemical elements in the roots of male permanent teeth were: Ca 272±8, Cl 1.11±0.12, K 0.911±0.029, Mg 7.99±0.35, Mn 0.00142±0.00015, Na 6.62±0.24, P 148±5, and Sr 0.470±0.036. These mean values for Ca, Cl, Mg, Na, and P mass fractions in the tooth root were within a very wide range of reference data for tooth dentin and close to their median. The means of this work for K and Sr mass fraction were about 3-fold higher and for Mn mass fraction three orders of magnitude lower than the median value of means obtained by other researchers. To estimate the effect of age on the trace element contents we examined two age groups: 16 - 35 and 36 - 58 years. In addition, the Pearson correlation coefficient between age and trace element mass fraction was calculated.

**Conclusions:** Two ways of statistical data manipulation showed that mass fractions of Ca, Cl, K, Mg, Mn, Na, P, and Sr remain stable in the age range 16-58 years.

**Keywords:** Human Tooth Root; Chemical Element Contents; Neutron Activation Analysis

## Abbreviations

INAA-SLR: Instrumental Neutron Activation Analysis with High Resolution Spectrometry of Short-Lived Radionuclides; SRM: Standard Reference Material; CRM: Certified Reference Material; BSS: Biological Synthetic Standards

## Introduction

A full assessment of tooth condition requires exact knowledge of the nature and variation of the mineral matrix, including the contents of some apatite and related bulk chemical elements such as Ca, P, Mg, Na, K, and Cl [1,2]. It is known also that apatite phases can apparently be affected by trace element incorporation into teeth with consequent effects on the physicochemical properties [3,4]. This is why deficiency or excess of F, Sr, Mn and some other trace elements is one of the factors which determines the degree of susceptibility to caries and other dental diseases [5,6]. Thus, chemical element analysis of teeth expands the knowledge of etiology of dental diseases and may

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be used for diagnostic, therapeutic and preventive purposes. Furthermore, teeth have been suggested as monitors for human exposure to elements which accumulate in calcified tissues [7-11]. Accordingly, teeth are used in an occupational medicine and environmental health studies [12-15]. Moreover, elemental analysis of human teeth is often used in paleoanthropology for dietary and environment reconstruction to assess the social and economic status of human groups [16-21].

It should be emphasized that the chemical element contents are different in sound deciduous and permanent teeth and depend on the type of tooth. It should also be noted that the distribution of chemical elements in a tooth is not homogenous. It is therefore evident that for all applications mentioned above it is necessary to establish the normal levels and gender- and age-related changes of chemical elements in a large-scale study of deciduous and permanent teeth take into account type of tooth, part of tooth (crown and root), and tissue of tooth (enamel, dentin, cementum, and pulp).

There is an opinion that roots of permanent teeth are more suitable biological material for the assessment of internal calcified tissue status and the body's environmental exposure history, than crowns [22]. The root includes dentin, cementum, and pulp. Dentin comprises the main portion of the root.

The data on chemical element mass fractions in roots of permanent teeth is apparently extremely limited [22]. There are dozens of studies regarding chemical element content in dentin, using chemical techniques and instrumental methods [1,5,23-38]. However, the majority of these data are based on measurements of processed dentin. In many studies dentin samples are ashed and acid dissolved before analysis. In other cases, dentin samples are treated with solvents (distilled water, ethanol, formalin etc) and then are dried at high temperature for many hours. There is evidence that certain quantities of chemical elements are lost as a result of such treatment [39-41]. Moreover, only few of these studies employed quality control using certified reference materials (CRM) for determination of the chemical element mass fractions.

In our previous studies the peak calcification of human bones, tooth crown, and female tooth root in age about 30 - 35 years was found [42-67]. The primary purpose of this study was to determine reliable values for the calcium (Ca), chlorine (Cl), potassium (K), magnesium (Mg), manganese (Mn), sodium (Na), phosphorus (P), and strontium (Sr) mass fraction in the intact roots of permanent teeth of apparently healthy 16 - 58-year-old men using non-destructive instrumental neutron activation analysis with high resolution spectrometry of short-lived radionuclides (INAA-SLR). The second aim was to compare the Ca, Cl, K, Mg, Mn, Na, P, and Sr mass fraction in pre-peak period (group 1, 16 - 35 years old) with those in post-peak period (group 2, 36 - 58 years old) as well as to calculate the Pearson correlation coefficient between age and chemical element contents. The final aim was to estimate the inter-correlations of chemical elements in intact roots of male permanent teeth in the period of life from 16 to 58 years.

All studies were approved by the Forensic Medicine Department of Obninsk City Hospital and the Ethical Committee of the Medical Radiological Research Center.

## **Materials and Methods**

### **Samples**

Non-carious permanent teeth were collected at the Department of Forensic Medicine of the Obninsk Hospital. The molars and premolars were extracted early after death at necropsy (within 24 hours) from 46 men (age range 16 - 58 years). One tooth was obtained from each subject. The typical causes of death in most of these subjects included traffic accident, occupational injury and domestic trauma. All the deceased were citizens of Obninsk (Caucasian, European living habits). None of those who died a sudden death had suffered from any systematic or chronic disorders before. Obninsk is a small city in a non-industrial region 105 km south-west of Moscow.

### **Sample Preparation**

After extraction teeth were immediately frozen at - 18°C until use. The titanium tools were used to cut and to scrub soft tissue and

blood off the roots [68]. After separating the root from crown with a titanium knife, samples were freeze dried until constant mass was obtained. Only the roots were used in this study. After drying roots were weighed and sealed in thin polyethylene films washed with acetone and rectified alcohol beforehand. The sealed samples were placed in labeled polyethylene ampoules.

**Method and reference materials**

A horizontal channel with the pneumatic rabbit system of the WWR-c research nuclear reactor was used to determine Ca, Cl, K, Mg, Mn, Na, P, and Sr mass fractions by instrumental neutron activation analysis with high resolution spectrometry of short-lived radionuclides (INAA-SLR). To determine contents of the elements by comparison with a known standard, biological synthetic standards (BSS) prepared from phenol-formaldehyde resins were used [69]. In addition to BSS, aliquots of commercial, chemically pure compounds were also used as standards. Ten standard reference material SRM NIST 1486 (Bone Meal) and certified reference material CRM IAEA H-5 (Animal Bone) sub-samples weighing about 100 mg were treated and analyzed in the same conditions that the teeth samples to estimate the precision and accuracy of results.

The basement of INAA is the irradiation of stable atoms in the sample by neutrons, the transmutation of atoms in radionuclides, and the spectrometry of their self-radiations. Details of nuclear reactions, radionuclides, gamma-energies, methods of analysis and the results of quality control were presented in our previous publications concerning the chemical elements of human bones and teeth [42-55].

**Computer programs and statistic**

A dedicated computer program of INAA mode optimization was used [70]. Using the Microsoft Office Excel programs, the summary of statistics, arithmetic mean, standard deviation, standard error of mean, minimum and maximum values, median, percentiles with 0.025 and 0.975 levels was calculated for chemical element mass fractions. The difference in the results between two age groups was evaluated by parametric Student’s t-test and non-parametric Wilcoxon-Mann-Whitney U-test. For the construction of “age – chemical element mass fraction” diagrams and the estimation of the Pearson correlation coefficient between age and chemical element contents as well as between different chemical elements the Microsoft Office Excel programs were also used.

**Results**

Table 1 indicates our data for Ca, Cl, K, Mg, Mn, Na, P, and Sr mass fractions in ten sub-samples of CRM IAEA H-5 (Animal Bone) and SRM NIST 1486 (Bone Meal) and the certified values of this material.

Element	IAEA H5 Animal Bone	This work results	SRM NIST 1486 Bone Meal	This work results
	M ± SD	M ± SD	M ± SD	M ± SD
Ca	212 ± 24 <sup>a</sup>	208 ± 4	266 ± 2 <sup>a</sup>	267 ± 9
Cl	0.553 ± 193 <sup>a</sup>	0.556 ± 0.050	-	-
K	0.637 ± 139 <sup>a</sup>	0.620 ± 0.060	0.412 ± 0.004 <sup>a</sup>	0.427 ± 0.031
Mg	3.53 ± 0.25 <sup>a</sup>	3.62 ± 0.10	4.66 ± 0.17	4.59 ± 0.40
Mn	0.00076 ± 0.00024 <sup>b</sup>	0.00085 ± 0.00010	0.00100 <sup>b</sup>	0.00102 ± 0.00024
Na	4.77 ± 0.97 <sup>a</sup>	4.82 ± 0.13	5.0 <sup>b</sup>	5.48 ± 0.17
P	96 ± 44 <sup>a</sup>	94.3 ± 2.5	123 ± 2 <sup>a</sup>	123 ± 6
Sr	0.104 ± 0.018 <sup>a</sup>	0.098 ± 0.008	0.264 ± 7 <sup>a</sup>	0.251 ± 7

**Table 1:** INAA-SLR data of trace element contents in certified reference material IAEA H-5 (Animal Bone) and SRM NIST 1486 (Bone Meal) compared to certified values (g/kg, dry mass basis).

*M: Arithmetical mean; SD: Standard deviation, a: Certified values; b: Information values*

Figure 1 shows individual data sets for the Ca, Cl, K, Mg, Mn, Na, P, and Sr mass fraction in the roots of male permanent teeth between ages 16 - 58 years and their trend lines.

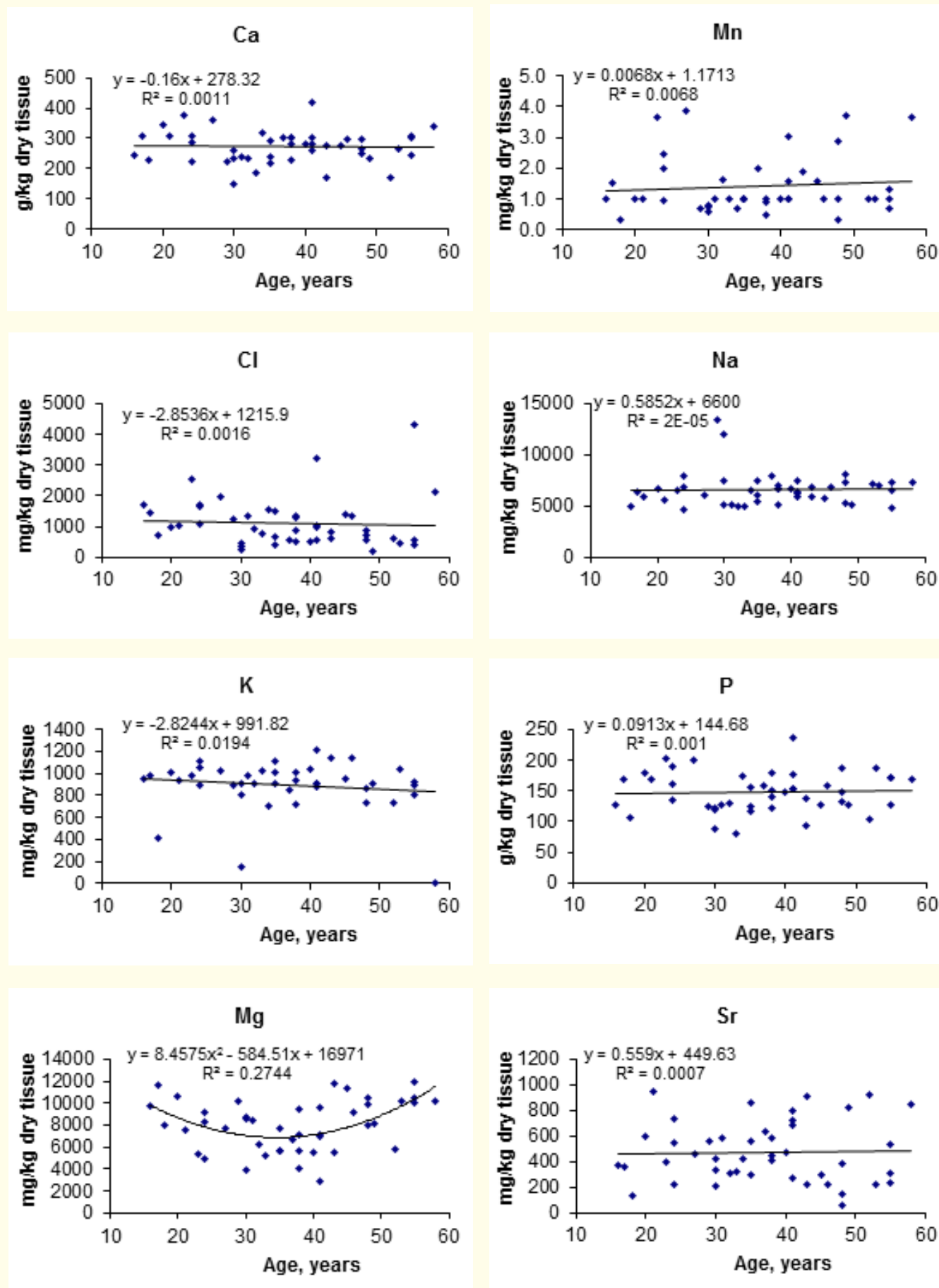


Figure 1: Individual data sets for the Ca, Cl, K, Mg, Mn, Na, P, and Sr mass fraction in the roots of male permanent teeth between ages 16 - 58 years and their trend lines.

Table 2 depicts our data for basic statistical parameters (arithmetic mean, standard deviation, standard error of mean, minimal and maximal values, median, percentiles with 0.025 and 0.975 levels) of the Ca, Cl, K, Mg, Mn, Na, P, and Sr mass fractions (g/kg, dry mass basis) in the intact roots of male permanent teeth.

Element	Mean	SD	SEM	Min	Max	Med.	P0.025	P0.975
Ca	272	54	8.0	150	418	277	170	374
Cl	1.11	0.79	0.12	0.207	4.32	0.903	0.262	3.14
K	0.911	0.187	0.029	0.154	1.21	0.921	0.408	1.14
Mg	7.99	2.32	0.35	2.89	12.0	8.09	3.87	11.8
Mn	0.00142	0.00094	0.00015	0.00034	0.00389	0.00100	0.00035	0.00372
Na	6.62	1.62	0.24	4.73	13.4	6.51	4.79	11.6
P	148	32.9	4.9	79.0	237	149	88.7	202
Sr	0.470	0.236	0.036	0.062	0.946	0.418	0.135	0.920

**Table 2:** Basic statistical parameters of Ca, Cl, K, Mg, Mn, Na, P, and Sr mass fraction (g/kg, dry mass basis) in the intact roots of male permanent teeth.

M: Arithmetic Mean; SD: Standard Deviation; SEM: Standard Error of Mean; Min: Minimum Value; Max: Maximum Value; Med: Median; P0.025: Percentile with 0.025 Level; P0.975: Percentile with 0.975 Level

In order to estimate the effect of age on the investigated parameters we used two groups: one with young males, 16 - 35 years, and one with older females, 36 - 58 years. Results are shown in Table 3. In addition, the Pearson correlation coefficient between age and chemical element mass fraction was calculated (Table 4).

Element	Intact roots of male permanent teeth				Ratio
	AG1 6-35 years n = 22	AG2 36-58 years n = 24	t-test p ≤	U-test p	AG2 to AG1
Ca	266 ± 13	278 ± 10	0.491	> 0.05	1.05
Cl	1.15 ± 0.13	1.08 ± 0.19	0.761	> 0.05	0.94
K	0.892 ± 0.050	0.929 ± 0.030	0.536	> 0.05	1.04
Mg	7.67 ± 0.47	8.25 ± 0.51	0.405	> 0.05	1.08
Mn	0.00133 ± 0.00021	0.00150 ± 0.00021	0.565	> 0.05	1.13
Na	6.69 ± 0.48	6.56 ± 0.18	0.815	> 0.05	0.98
P	143 ± 8	152 ± 6	0.355	> 0.05	1.06
Sr	0.457 ± 0.046	0.482 ± 0.055	0.726	> 0.05	1.05

**Table 3:** Differences between mean values (M±SEM) of chemical element mass fractions (g/kg, dry mass basis) in the intact roots of male permanent teeth of two age groups and ratio of means.

M: Arithmetic Mean; SEM: Standard Error of Mean; t-test: Student's t-Test; U-test: Wilcoxon-Mann-Whitney U-Test

Element	Ca	Cl	K	Mg	Mn	Na	P	Sr
Age	-0.034	-0.040	0.054	0.179	0.082	0.004	0.031	0.027

**Table 4:** Correlations between age and chemical element mass fractions in the intact roots of male permanent teeth (*r* – coefficient of correlation).

The data of inter-correlation calculations (values of *r* – coefficient of correlation) including all chemical elements identified by us are presented in Table 5.

Element	Ca	Cl	K	Mg	Mn	Na	P	Sr
Ca	1.00	0.594 <sup>c</sup>	0.126	0.205	0.393 <sup>b</sup>	-0.049	0.903 <sup>c</sup>	0.137
Cl	0.594 <sup>c</sup>	1.00	0.279 <sup>a</sup>	0.022	0.260 <sup>a</sup>	0.091	0.516 <sup>c</sup>	0.058
K	0.126	0.279 <sup>a</sup>	1.00	-0.175	0.240	-0.088	0.205	0.209
Mg	0.205	0.022	-0.175	1.00	0.002	-0.018	0.138	-0.142
Mn	0.393 <sup>b</sup>	0.260 <sup>a</sup>	0.240	0.002	1.00	-0.112	0.368 <sup>a</sup>	0.223
Na	-0.049	0.091	-0.088	-0.018	-0.112	1.00	-0.018	-0.032
P	0.903 <sup>c</sup>	0.516 <sup>c</sup>	0.205	0.138	0.368 <sup>a</sup>	-0.018	1.00	0.111
Sr	0.137	0.058	0.209	-0.142	0.223	-0.032	0.111	1.00

**Table 5:** Intercorrelations of the chemical element mass fractions in intact roots of male permanent teeth (*r* – coefficient of correlation).

Statistically significant values: <sup>a</sup>*p* ≤ 0.05; <sup>b</sup>*p* ≤ 0.01; <sup>c</sup>*p* ≤ 0.001

The comparison of our results with published data for Ca, Cl, K, Mg, Mn, Na, P, and Sr mass fractions in the dentin and roots of intact permanent teeth is shown in Table 6.

Element	Published data [Reference]			This work
	Median of means (n)*	Minimum of means M or M±SD, (n)**	Maximum of means M or M±SD, (n)**	M±SD n=46
Ca	275 (43)	57.7±18.3 (3) [32]	418 (1) [23]	272 ± 54
Cl	0.82 (16)	0.078 (30) [30]	26.7 (1) [28]	1.11 ± 0.79
K	0.333 (8)	0.170 (175) [1]	0.744 (-) [34]	0.911 ± 0.187
Mg	8.50 (35)	0.211 (1) [28]	14.222 (-) [31]	7.99 ± 2.32
Mn	2.85 (24)	0.00019±0.00006 (15) [24]	111 (2) [26]	0.00142 ± 0.00094
Na	5.2(19)	0.54 (25) [29]	58 (1) [27]	6.62 ± 1.62
P	135 (39)	48.9 ± 1.1 (3) [32]	211 (1) [28]	148 ± 33
Sr	0.157(19)	0.064 (10) [25]	1.11 (2) [26]	0.470 ± 0.236

**Table 6:** Median, minimum and maximum value of means of chemical element mass fractions (g/kg, dry mass basis) in the intact dentin and roots of human permanent teeth according to data from the literature in comparison with this work results (intact roots of female permanent teeth).

M: Arithmetic Mean; SD: Standard Deviation; (n)\*: Number of all References; (n)\*\*: Number of Samples

## Discussion

A good agreement of the Ca, Cl, K, Mg, Mn, Na, P, and Sr contents analyzed by INAA-SLR with the certified data of CRM IAEA H-5 (Animal Bone) and SRM NIST 1486 (Bone Meal) (Table 1) demonstrates an acceptable accuracy of the results obtained in the study of chemical element contents in the intact roots of male permanent teeth. presented in Tables 2-6.

The mean values and all selected statistical parameters were calculated for 8 (Ca, Cl, K, Mg, Mn, Na, P, and Sr) chemical elements (Table 2). Our data for 8 chemical element mass fractions in intact roots of permanent male teeth may serve as indicative normal values for non-carious teeth roots of an urban male population of the Russian Central European region, since all subjects were Obninsk citizens and none, who suffered sudden death, had systematic or chronic disorders.

In the intact roots of two age groups, we have not observed a change in mass fraction of Ca, Cl, K, Mg, Mn, Na, P, and Sr with age (Table 3). Moreover, the Pearson correlation coefficient between age and chemical element mass fraction did not show any statistically significant dependence (Table 4). Thus, it was found that the mass fractions of Ca, Cl, K, Mg, Mn, Na, P, and Sr in the intact roots of male permanent teeth remain stable in age from 15 to 55 years.

In the roots of male permanent teeth a statistically significant direct correlation was found, for example, between the mass fraction of Ca and P ( $r = 0.903$ ,  $p \leq 0.001$ ), the mass fraction Ca and Cl ( $r = 0.594$ ,  $p \leq 0.001$ ), the mass fraction Ca and Mn ( $r = 0.393$ ,  $p \leq 0.01$ ), the mass fraction Cl and K ( $r = 0.279$ ,  $p \leq 0.05$ ), the mass fraction Cl and Mn ( $r = 0.260$ ,  $p \leq 0.05$ ), the mass fraction Cl and P ( $r = 0.516$ ,  $p \leq 0.001$ ), and the mass fraction Mn and P ( $r = 0.368$ ,  $p \leq 0.05$ ) (Table 5). If some positive correlations between the elements were predictable (e.g., Ca-P), the interpretation of other observed relationships requires further study for a more complete understanding.

For almost lack of reported data of chemical element contents in tooth root we compared our results with published data on tooth dentin and roots [1,5,23-38]. It was acceptable because a tooth root mainly consists of dentin. A number of values for chemical element mass fractions were not expressed on a dry mass basis by the authors of the cited references. However, we calculated these values using published data for water - 10% and ash - 72% contents (on wet mass basis) in dentin of intact permanent teeth [71]. The mean values measured for mass fraction of Ca, Cl, Mg, Na, and P, as shown in Table 6, agree well with medians of the mean values cited by other researchers for tooth dentin. The means of this work for K and Sr mass fraction are about 3-fold higher and for Mn mass fraction three orders of magnitude lower than the median value of means obtained by some other researchers, though they are within the reported range of these mean values. It is known that Sr content in the dentin depends greatly on biogeochemical peculiarities of the residence area [72,73], and this may be the cause for the high Sr content in teeth of citizens living in the Russian Central European region.

The standard deviation and standard error of the mean obtained for all elements including Ca and P is respectively large (Tables 2 and 3). This is due to the very wide individual variation of element mass fractions in the intact roots. In particular individual contents of Mn and Sr appear to vary widely between 0.00034 and 0.00389 and between 0.062 and 0.946 g/kg on dry mass basis, respectively. The very wide individual variation of element mass fractions in the intact roots confirms reported data [1,5, 23-38].

## Conclusion

INAA-SLR is a satisfactory analytical tool for the non-destructive precise determination of mass fraction of 8 chemical elements (Ca, Cl, K, Mg, Mn, Na, P, and Sr) in the root samples of permanent teeth.

Mean values ( $M \pm SEM$ ) for mass fraction (g/kg, dry mass basis) of chemical elements in the roots of male permanent teeth were: Ca  $272 \pm 8$ , Cl  $1.11 \pm 0.12$ , K  $0.911 \pm 0.029$ , Mg  $7.99 \pm 0.35$ , Mn  $0.00142 \pm 0.00015$ , Na  $6.62 \pm 0.24$ , P  $148 \pm 5$ , and Sr  $0.470 \pm 0.036$ . Two ways of statistical data manipulation; (1) the comparison data for different age groups of 16 - 35 and 36 - 58 years and (2) the Pearson correlation coefficient between age and chemical element mass, showed that mass fractions of Ca, Cl, K, Mg, Mn, Na, P, and Sr remain stable in the age range 16 - 58 years.

This study has several limitations. Firstly, analytical techniques employed in this study measure only 8 chemical elements (Ca, Cl, K, Mg, Mn, Na, P, and Sr) mass fractions. Future studies should be directed toward using other analytical methods which allow extend the list of chemical elements investigated in in the root samples of permanent teeth. Secondly, generalization of our results may be limited to teeth of Russian men. In spite of these limitations, this is the first study that elucidate the relationship between age and chemical elements levels in the intact root of male permanent teeth.

### **Conflict of Interest**

There is no any financial interest or any conflict of interest.

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