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#### Abstract

Earlier study on pondering xx-xy aberrations established role of natural development of acidity on various ailments and reduction in feel good. This study is dealing with on how the acidity implicates baldness developments due to night time stomach acidity. Cases of such baldness and their confirmation with different life styles and food intakes were studied, which brought further confirmatory results. The study no cases of baldness in male night time watchmen, which again confirmed efficacy of ameliorative mini snack proving as a rational control for hair losses. This study provides scientific backing for dinner time for healthy life contrary to wild belief and advocacy by earlier ideal though provokers. Baldness of head in women causes setback in personality of women more than those of men. Thus, this research brought new simple affordable and adaptable therapy for overcoming xx-xy male female system aberrations, which goes beyond the XX-XY genetic theory. Now it is possible to build a better world free of aberrations. This is a wow research in bio sciences overcoming worries for ailments, medical care and sufficiency of resources as possible by prismatic natural resources on existing geographical area of globe.

Keywords: Acidity; Alimentary Canal; Ameliorations; Food and Nutrition; Hair Loss and Baldness

#### Introduction

Sex chromosomes were first discovered by Mc Lung in 1902 in grass hoppers. Later on by Wilson and Steven in 1905 in proptener [1]. The XX-XY system is well accepted and understood by bio-scientists, medical doctors and practitioners [1]. There occurred plentiful aberrations in resulting genders as expected as per cited XX--XY gender systems of male female systems. Here people accept the development of offspring as Gods' grace which is staked on Theology i.e. belief that things develop by grace of God which carves and refines it, which was a subject matter in American Philosophical Society, which could be resolved by Darwin's theory of natural selection. Leopold (2004) famous natural course adaptations of river cause promoting [2] cited that Theology-philosophical theory that everything in nature and its processes tend to a pre determined purpose and goal as world was driven by intrinsic force directed by hands of God, which would lead to greater perfection, rendered people not thinking on any possible amelioration In this domain pondering situations kept coming and going and world over gentry grew with the situation. The study [3] comprising no of cases enable deriving some inferences on the XX-XY male female system aberrations. The wide spread problem of head baldness cases have appeared as aberrations and bringing some noticeable personal appearances in both male and females as visible personality traits. Numbers of such aberrant cases occurrence in the earlier

study [3] revealed that such cases are low in numbers. Nevertheless, such situations are taken up equally well for both male and female genders. Figure 1 shows different scenarios of bald head cases, but as such no studies could cast any light implicating XX-XY male female aberrations. There will be curiosity to know such relevances opening new knowledge on personality traits.

## **Objective of the Study**

Objective of the present study was to take appraisal of such aberrations, think and analyze with developments and come up with possible ameliorations applicable in different areas of development for peoples' welfare.

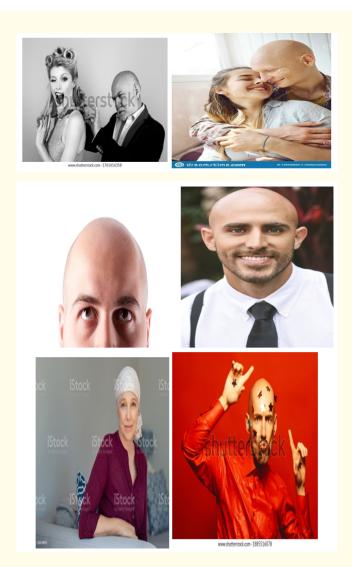


Figure 1: Different scenarios of bald head male and females.

*Citation:* RC Yadav. "XX-XY (Male Female System) Aberrations on Male Head Hair Fall Leading Confirmatory Impact of Severe Night Time Stomach Acidity". *EC Clinical and Medical Case Reports* 6.4 (2023): 124-133.

#### **Materials and Methods**

#### XX-XY aberrations inferences

The study [3] on pondering on aberrations in xx-xy male female system is a recent development, coming at fag end of year 2021, which might not have reached to the readers. Therefore, the implicated results are presented here as a lesson for appraisal of readers.

#### Perception of new cases for the study fulfilling objective set in the study

As the study [3] is new development, it needed a novel samples for the case study on development of baldness in male and females (Figure 1). The stomach acidity directly implicate the development of acidity in small intestine after around 3.5 - 4h after taking breakfast, lunch and dinners. The food intake timing make a daily day time life styles and set pattern of acidity. Therefore, it needed a different life style, build a set pattern of routine day activity. [Therefore del,] In order to have study on such acidity development a different life style was explored. Life style of night watchmen was selected for gauging personality development with respect to such baldness. The night watch men remain awake i.e. do not sleep and keep taking some snacks, which moderates intensity and duration of high acidity in small intestines. Hence, it should reveal a different pattern of development of bald heads, which will provide a specific objective centred study.

#### Study procedure details

The night watchmen residential colonies are employed for maintain security during day and night different security providing agencies supply such watchmen in day and night services. The security watchmen which were allotted night duty were inquired to find any of their colleague with bald head. The study ran for the month of December covering duration with long night hours. The watch men were asked to find any one of their colleagues with bald head. Usual reply was that no one could be found. The month long data collection on no of cases with bald heads of night watchmen was zero. This [this del] study confirmed that the night watch men moderated acidity in stomach that enabled them not suffer from the bald heads ailments.

#### Implications of the results of the study

The confirmatory study on development of bald heads study produced implications of such baldness in development of personality. The research enabled derivation of guiding lessons to produce recommendations for chartering food and timings of the meals and mini snacks to reduce peaks of acidity and reduction in duration of continuous loading to overcome xx-xy male female system aberrations. These innovative development on food and drink in vogue forms to new advancement in food and drinks. These results will be presented in the result part of the study.

#### Results

#### Lessons of immense values

Recent study [4] produced several lesson creating results, which has not come to notice of readers, in general. In order to facilitate readers give some appraisal a brief summary is presented in Table 1. Six different aspects and case studies produced informant of implications of aberrations and different ailments' indicators of offsprings and creating unpleasant developments of personality of male and female, which were not clear in any scientific studies.

The case studies revealed unique lessons on pondering aberrations of XX-XY male female systems. These lessons needed a study of varying interest.

Case at S.No 15 presents entirely a different scenario. The male in case 15. one of twin children; other being female and revealing a different kind of aberration. This case displays a genetic aberrations in next generation. [Which del] need another study on this aspect.

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127

S. No	Major area	Cas- es	Details of lessons learnt	Remark		
Ι	Same male and changed females		There is aberration of pondering situation	Pondering situation		
II	Same male and changed females	2	There occur aberrations	Pondering situation		
III	One male and one female	3,4	No ameliorations	All offsprings female		
IV	One male and one female with some amelioration	5,6,7	Some amelioration	It implicates possibility of some maneu- verability		
v	One male and one female	8-9	All offspring were females	There occurs some disorders in uterus due to high acidity.		
VI	One male and one female	10, 14	All offsprings were male	There occurred unexpected relevance and inferences on health of females		
	Insight in six different Directions	14	Study covered six areas with 14 cases	This study produced unimaginable relevance of esteem values		

 Table 1: Important lesions drawn from previous study [3] having implicating concern of Gynecology.

## Results case study on bald head development as influenced by life style

The case study selected new perception and selecting cases of samples of unique styles. The month long survey results.

S. No	Case Designation	Gender	Spouse	Children	Bald heads	Remark
120*	Watchmen with bald head	All males	Not known	Not studied as their family details were not available.	None	Nighttime working watchmen keep taking some mini snacks which overtakes development of acidity for baldness cases.

**Table 2:** Cases of XX-XY aberrations case study samples on bald head cases.

#### Watchmen on rotating duty

The study revealed no occurrence of baldness in night watchmen. This result was theoretically discernable, which further got confirmed by observations on the night watchmen.

#### Implication of personality of male and female bald head in society

There are various implications of baldness, which are depicted to occur due to aberrations in xx-xy male female systems study [4] and table 1. The developing personality scenarios are enumerated in the following:

- There are large no of cases of bald males and females available from the Google search (Figure 1).
- Baldness occurs in both male and female genders.
- Both male and female genders suffer embarrassments from the baldness and always endeavor to make up by any means to overcome the embarrassment.

- Non bald females get attached and adopt bald males for their marriages.
- Bald females are not found attaching the bald or nonbald males, implicating a setback in female personality for the life time.
- Both male and female genders with bald heads always attempt to makeup the set back in personality and go to any extent to overcome it.
- Baldness deemed to be a genetic disorder can be now cured by affordable therapy of food is medicines.
- In order to rehabilitate bald female all possible means should be taken to overcome, may be even on some subsidy for females.

#### Therapeutics cure of baldness

Earlier study [3] prescribed a mini snack as instant moderator of acidity, which causes all kind of aberrations in XX-XY male female systems. The mini snack (Table 3) consists of fruits and nuts, which contain high pH or are alkaline in chemical characteristics, bringing instant relief from any ailments, caused by acidity [5,6]. The ailments caused by acidity are diabetic, arthritis, blood pressure, sugar and almost parallel body systems performing different function including reproduction [4,5]. These features were known to Ayurvedic doctors and practitioners. The study [3] reported aberrations reaching non curable disorders of baldness, neurology and gynecology, as new advancement in biological sciences. In this domain, the mini snacks acquire much broader domain beyond knowledge in Ayurveda, Such innovation will have ability to change daily life of people and enable individual adaptations to take care of their personality and family developments. This is advancement in medical science of immense values. Thus, this research advances the short coming developing in aberrations in famous innovations of early years in 1902- 1905 of Sex chromosomes first discovered by Mc Lung in 1902 in grass hoppers and later on by Wilson and Steven in 1905 [1], on human. While the gene theory requires high level academic ability, this mini snack comes as simple means within the reach of each individuals for taking care by themselves for any aberrations in the gene theory. Thus, this is a clear scientific advancement in XX-XY male- female system and beyond, which is a wow advancement in human biology and maneuverable by small mini snacks.

In order to meet such high global demand of fruits and nuts a new transformations of Forestry-Horticulture provoked to enhance feel good and wellness, without causing any dependence whether people will adopt the practice or not, was built [7,8]. This development charters new policy issue for governance in Global countries [4,7,9]. Further, the scientific advancement brought a prismatic natural resources [10], with same geographical areas with countries. Thus, this study has paved a new road for speedy development of health and wellness and bringing developing countries to acquire status of developed counties by their own endeavors, local resources and academic advanced gentries in the countries.

#### The acidity control therapy

From these facts it is becoming clear that alimentary canal have supplementing support of other body organs, which enable the digestion of food. The pH in stomach remains in pH nearing 3 and with time the pH get increased, but even at those levels it causes discomfort and development of some types of disorders that lead to xx-xy aberrations. To overcome this situation variation in urine pH at different time of after meal is presented in figure 2, which shows that it is possible to regulate urine pH to have all body functions going well [5,6] (Figure 2). Diurnal variation of planned food intake based maneuver of acidity for facilitating parallel bio system working for health prosperity as affected by food intake pattern. [Note graph from bottom up 1. Rectangular meal, 2. Square meal, 3. Meal with food of pH 6 and 4. Food maneuvered for pH 8]. These exemplary elaborations make it clear that all body functional comfort can be regulated under theme, "Food is medicine". Many medical doctors do not accept this situation and always rely on dialysis and kidney transplant [5]. In all such treatments the patients who had under gone such treatments have severe agony of health and expenditure. Their lives remain all time under constrains of fluctuations requiring adequate specific precautions. The mini snack brought out in previous section is a one solution.

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129

S. No	Day of week		BF	Mini snack	Lunch	Mini snack	Dinner	Post dinner	Remark
1	Monday	6.0	8.30	11	13.30	17.0	20.0	22.0	
	Monday	**		Sprouts		Cucumber			
2	Tuesday			Sesame and linseed		Crawn beri		Sanjeevni/	
2				sweet ball		juice		alternative	
	Wednesday					Sesame and			
3				Any fruit		linseed sweet		Do	
						ball			
4	Thurs day			Rooh Afza drink		Coconut water		Do	
	Friday			Any fruit viz apple		Water melon/		Frits nuts and	
5				Any fruit, viz apple, guava and pears.	ice cream		Saffron ice		
				guava anu pears.				cream	
6	Saturday			Coconut containing		Sprouts		Chyavanprash	
				sweets		oprouts			
	Sunday					Frits nuts and			
7				Cucumber		Saffron ice		do	
						cream			

*Table 3:* Daily meal and mini snack chart refer study [3,5,6].

Sanjeevni (a name given to preparation) and alternative one spoon sugar free Chyavanprash.

\*\*A well tried acidity remover morning Ayurvedic powder to be taken tea spoonful with a glass of normal drinking water.

Note all medicine be continued as per ongoing treatment:

• Lunch and dinner can be as per liking.

Mini snacks may be changed which can be one of cited or any.

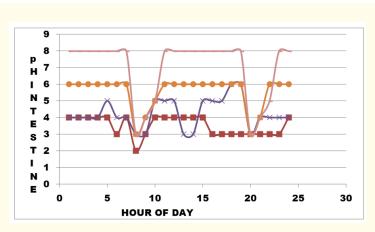
Sanjeevni (a name given to preparation) and alternative one spoon sugar free Chyavanprash.

\*\*A well tried acidity remover morning Ayurvedic powder to be taken tea spoonful with a glass of normal drinking water.

Note all medicine be continued as per ongoing treatments:

- Lunch and dinner can be as per liking, without any restrictions.
- Mini snacks may be changed which can be one of the cited or any one with high pH fruit or nut.
  - Days of the week.

In regulating the fluctuating urine acidity (Figure 2) an innovative mini snack [5-7] was constituted. Now it needs to be taken in one or other form regularly at specified time as revealed in table 2. This mini snack will regulate the acidity/alkalinity and keep human body functions normal under feel good and wellness condition. The referred study also brought important consideration where in it was considered as an ecosystem, which involves process of production and consumption and wastes of different types go out of body. In these sub ecosystems the body wastes are removed as fecal, urinary, cough cold and sneezes and perspirations which work as parallel ecosystems [4]. That means body being an ecosystems performing different functions acquire their nutrient and energy supplementation from ali-



**Figure 2:** Diurnal variation of planned food intake based maneuver of acidity for facilitating parallel bio system working for prosperity as affected by food intake pattern. [Note graph from bottom up 1. rectangular meal, 2- Square meal, 3 Meal with food of pH 6 and 4, food maneuvered for pH 8].

mentary canal. This means many aspects related to gynaecology can get ameliorated by intake of food as medicine [7,8], not in quantity and quality but also for regulating urine pH as providing instant chemical reactions as catalysts.

#### New catalyst food basket for wellness and overcoming XX-XY male female system aberrations

Although mini snack is highly effective, the figure 3 depicts a food basket which can be occasionally taken by those with normal health and as regular in li lunch and dinner to overcome persistent acidity for long time in xx-xy male female system disorders [3]. Figure 3 catalyst food basket containing horticultural produce having high pH usable in regulating acidity is human body, which will become commodity for lunch and dinner cited earlier. This food basket will provide objective oriented nursing for developing designer quality offsprings.



**Figure 3:** Basket containing horticultural produce having high pH usable in regulating acidity is human body, which will become commodity for lunch and dinner cited earlier. This food basket will provide objective oriented nursing for developing designer quality offsprings.

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131

These are largely food commodity of high pH. These food commodities are vegetable and horticultural crop produce. So far all developing countries talk of livelihood and put their all endeavors to produce cereals and pulses. The present study has reached to realization that once livelihood sufficiency gets established, it will compel countries to go for vegetables. Thus, horticulture vegetables and fruit crops will acquire first priority of development for improving healthy gentry free of any ailments due to XX-XY male female system aberrations. This research is providing guidance for policy issue in agriculture [10].

#### New scientifically backed ideal timing for lunch and dinner

Human and some other biological species have alimentary canal which acts as ecosystem nursing organ involving production, consumption and development of some wastes. The urinary tract is a good example and function of kidney acts as overcoming disposal of wastes. The function of acidity in stomach is auto controlled having responsibility of completing digestion. Such digested food, largely in liquified forms moves to small intestines for a filtration and absorption by various postal of parallel ecosystem catering parallel bio-organs in human body. Now if acidity remains loaded in stomach for log duration it will cause XX-XY aberrations. This study on no head hair fall in night watchmen supports that long time high acidity will lead to hair fall which will bring many implications in XX-XY aberrations. Therefore, if one is taking early dinner, he has to take some mini snack to dampen intensity, and cut down loading time for high acidity and peak of acidity. This scientific fact is a discovery on food and beverages, which creates lot of disorders and adverse impacts. Therefore, food quality and time, especially dinner time viz taking early will render one go bald, which impairs personality. This needs taking care for eliminating such trouble by taking dinner at 20 - 21h and taking mini snack before sleeping time i.e. going to bed. This style of dinner and mini snack will save human get free of all kinds of xx-xy male female system aberrations. Further, any one suffered with such aberrations will be able to build feel good and wellness and have comfortable pleasant living.

#### Discussions

This study carried out case by case study of well known cases of aberrations in XX-XY male female system case by case on pondering situations of aberrations in study [3]. The article reviewer's comments were highly encouraging and applauded for novelty of research approach. The study opened many unknown scientific facts of gynaecological concerns. The results of the study enabled fixing the main crucial biological factors responsible for such xx-xy male female system aberrations. The study could set new scientific discovery and formed new umbrella for the genetics science under the head, "xx-xy theory and beyond. The following section is devoted on ratification of results presented in the manuscript.

#### A new venture on XX-XY genetic theory after nearly one and a quarter century

There had been a scenario of theology - on strong belief that all things happen by forms, designs bringing perfections decided by God, which was published in American J of Philosophical society Leopold (2004) [2], who yelled on theology and getting aware of Darwin's theory of natural selection. Development came on sex chromosome theory discovered by Mc Lung in 1902 in grass hoppers and later on by Wilson and Steven in 1905 in proptener [1]. The XX-XY male female theory served as a scientific basis for developments in academy of genetics since then for about one and quarter century. With developments and prevalence of information technology the aberrations in the science based basis, but many aberrations appeared in results of the theory came to awareness large group of human gentry, which again tended to have strong belief on the theology [2]. Many innovation inspiring examples infused the researcher to conduct study on pondering situations which brought a crucial bio-factor in such aberrations. The emerging scientific belief on scene produced lot of pondering situation reducing on such belief and returning on the same theology and belief earlier days prior to discovery of gene theory. While present study was taken as pondering situations on aberrations of XX-XY theory, well known cases revealed various circumstances indicator of such aberrations. The most crucial bio factor was development of severity and long duration loading of high acidity digested and hydrolysed food and nutrition as a main important factor responsible for such aberrations. Many hidden and exposing indicators appeared making a convincing ground for theology- belief.

#### 132

# Confirmatory study on acidity of small intestine as crucial bio factor on development of bald head occurrences in both males and females

This study wisely selected the gentry under the present study which maintains a different life style i.e. in night watchmen duty, where his small intestine is not loaded with intensity of high acidity and duration of long hours, as happens in usual life style of diurnal activities, taking food. rest and sleep. No existence of any case in the night watchmen with bald head is a sure confirmation that the acidity is a crucial bio factor responsible for plentiful aberration and building unavoidable sad world. This study enables building a prismatic better world than the existing one, which can be named as RAMWORLD, on synergy of Indian God Ram.

## Socio-personality embarrassment due to baldness in both genders

Baldness is the first appearance which impairs personality of any individual; more crucial in women than in men. Many curative measures such as hair transplant, growing by hair care and keeping wig etc. cannot improve the habitual personality of Individuals. Inspite of any treatment it cannot restore personality to level of enabling natural growth of hairs on both male and females. Therefore, this research over shadows any endeavor on bringing hairs on head of both male and female genders.

## New innovative rehabilitation of bald head females

Section implication of personality of male and female bald head in society of the present manuscript categorically brought out that it is most severe setback of baldness in female as neither bald or with growing hairs on head prefer marrying them. This is the worst scenario and hardship in life for such females. This research has created a feasible and affordable therapy to treat such patients. It becomes social responsibility of Governments to provide subsidy to such patients to take treatment and needed care to get rid of such worst situations.

## New guidelines for food and meal times and mini snacks

The study brought guide line to overcome crucial bio factor high acidity and long duration loading in small intestine as monitor able by pH levels of urine samples, cause mainly ailments and unforeseen xx-xy male female systems of gynecological concern. The sets a suitable selected meals and dinner time followed by small mini snacks. This life style will foster development of better world.

#### Conclusion

The xx-xy aberration cases had remained as challenges for which there had been lot of wandering thinking and perceptions leading to adoption as their proclaimed justifications for medications and exercising life styles. This study results confirmed that for development of baldness in males stomach acidity is the main controllers, which are resulting developments similar to that in case of parallel ecosystems in human bodies. The baldness can be overcome by innovative mini snacks in human males. The study revealed further strong potential on overcoming such baldness in females as well, which are usually rare. This wow research brought plentiful solutions to any aberration in XX-XY gender theory.

## **Declaration of Conflict of Interest**

The author declared that there exists no conflict of any interest on authorship.

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Author duly acknowledged sources of reference which were made use of to support statements made in preparation of the manuscript of this article.

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