

Sterilization and Cleanness: Editorial

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A humble reminder to my colleagues.

Sterilization is a process of killing or destroying microbes. It is very important and sensitive matter to deal with. Normally Dentist is not performing all these kinds of work, but as a Dentist I must say that this is wholly Dentist's responsibility to check the standard of sterilization, method, expiry date of solutions, packing, sterilization date and accurate sterilization cycle, the story cannot end up on this point, but randomly the instruments drawer and its arrangement plus cleanness of the place where you kept all dental instruments also included the dentists responsibility.

Normally Dentist try 2 or 3 trays inside the mouth, if it doesn't fit, they will keep back in the sterilized tray, this is totally unintentional act but need to be address because during tray trial you are providing contaminated environment to unused trays. So please keep a side tray once and make sure to re sterilize those trays.

Secondly your assistant constantly use to touched almost all surfaces and drawer handles even inside sterilized mouths all the time during procedures, please organize and trained your assistance to make pre procedure trays separately, say about if you need filling, just you ask him and he will provide you with all necessary and about to use instrument in one go in one tray, In this practice you will be able to save your and patients time, looks more organized and clean too.

Always clean all handles of the doors where possibly patients used to touch.

To ensure that your sterilizer is working properly please do check efficacy, after 2 to 3 months test your sterilizer, there are multiple procedure through which you can check, most of them are very simple and economic test, no need of technician, it is necessary because patients' life is very important.

This step is very important for the patients and dentists' safety, this will also build a trust of your patients on your practice. That means more patients growth and more popularity, more important you will get inner satisfaction that you are not doing any wrong thing, you respect your patients.

Furthermore, your dental office setup and furniture and all environments should be very clean and give healthy vibes.

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