# Economic Evaluation of Primary CVD Prevention. A Clear Message for Low-Middle Income Countries

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## Abstract

**Introduction:** CVD disease represents one of the major economic burdens on health systems at Low- Middle income countries that burden lead to pressure on health care resources and Quality of life for the patients. Previous challenges created a need for reforming health policies for Management for CVD disease prevention policies representing corner stone for that reforming plans.

**Objectives:** The objective of that study is evaluate prevention policies at Low-Middle income countries form 2 prospective one of them is economic and the other related to quality of life.

**Methods:** Integration analysis between systematic literature review of journal articles published until 2020 local survives with local physicians, health authorities at previous countries plus quality of life questionnaires for the patients were conducted. Cost Analysis from health systems for all health care expenditures.

One way sensitivity analysis was conducted for all parameters affecting on practice adaptation to ensure validity and accuracy.

**Results:** Results as follows conclusion eight essential elements for strong public health policy:

1. Transform into a policy, not a program.

2. Make it legally feasible.

3. Notice that it is data and context driven.

4. Make Its implementation is clear and accountable.

5. Notice that it accounts for disparities.

6. It is financially sustainable.

7. Try to changes the conversation.

8. Make it part of a bigger plan.

**Discussion:** Developing efficient prevention policies for CVD Diseases one of the major challenges facing health systems at Low-Middle income countries for developing and reach that efficiency the eight elements for enhancement public health polices might have major influence on that policies.

***Keywords:*** *CVD Disease; Low-Middle Income Countries; Reforming Health Policies; Policy Analysis*

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## Introduction

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## Objective of the Study

The objective of that study is evaluate prevention policies at low-middle income countries form 2 prospective one of them is economic and the other related to quality of life.
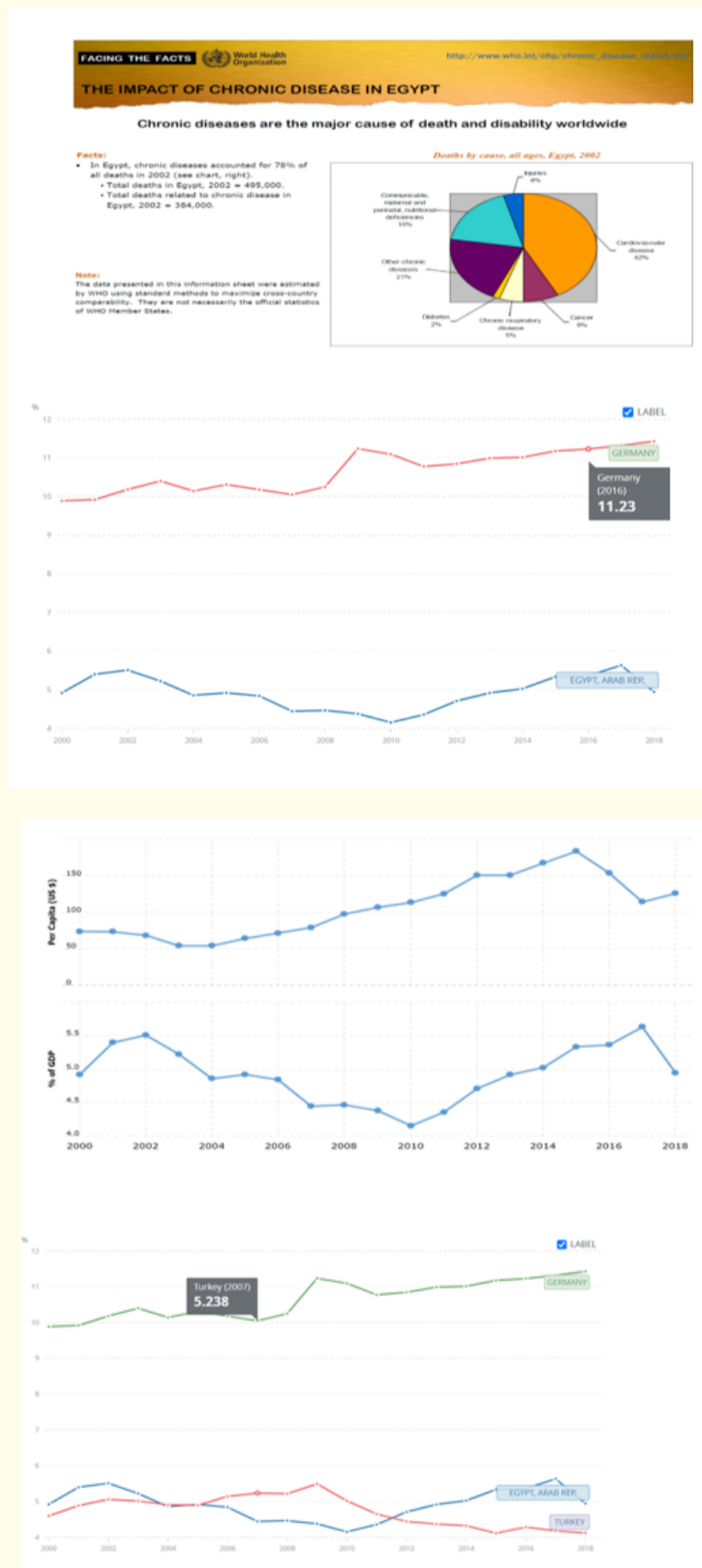


*Figure 1*

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## Methods

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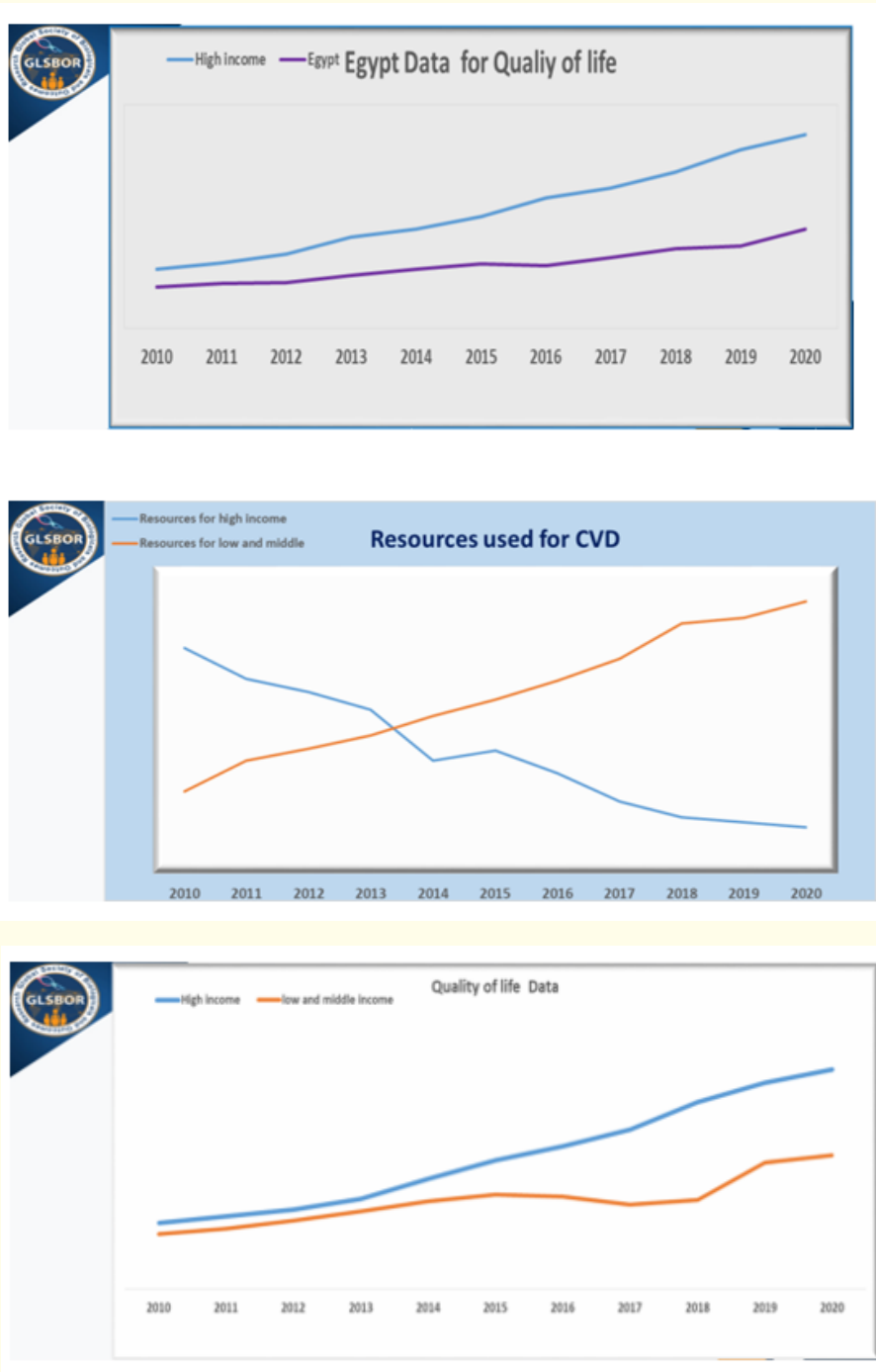
## Results



*Figure 2*

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## Discussion

Developing efficient prevention policies for CVD Diseases one of the major challenges facing health systems at Low-Middle income countries for developing and reach that efficiency the eight elements for enhancement public health polices might have major influence on that policies [1-23].

## Conclusion

Eight essential elements for strong public health policy:

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## Conflict of Interest

No conflict of interest.

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